

# Rappahannock ASC Minutes for September 2<sup>nd</sup>, 2012

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Helpline Number: (800) 777-1515 24-hours

Welcome new and returning ASC members:

Randall D.  
Greg F.



## I. Serenity Prayer

**Motion 09/02-01:** To record.

Maker: Jonathan C. 2<sup>nd</sup> by: Rudolph C.

**VOTE: For-11, Against-0, Abstaining-0 Motion – PASSED**

**II. Readings:** A. Service Prayer, B. Purpose of Area Service, C. 12 Concepts, D. 12 Traditions (7<sup>th</sup> Tradition passed around). E. Decorum Statement

**17 home groups** that are members of the Rappahannock Area Service Committee of Narcotics Anonymous.

**30 meetings** in the Rappahannock Area every week.

## III. Group Roll Call

Legend: P = Present A = Absent \* = Rep in 2<sup>nd</sup> Quorum

GROUP NAME	J	A	S	NAME	POSTION
1. Set It Off	P	P	P	Jonathan C.	GSR
2. Who Wants to Live	A*	A*	P	Michelle G.	GSR
3. In It to Win It	P	P	P	Stephanie B.	Rep
4. Hope Fiends	P	P	A*	Tony S.	GSR
5. Standing By Recovery	P	P	P	Steve S.	GSR
6. Clean Works	P	P	P	Dot	GSR
7. The Lie Is Dead	A	A	A	-	-
8. Start Living Group	A*	P	A*	John C.	GSR
9. Freedom from Bondage	P	P	P	Michael M.	GSR
10. Man Up to the Flatbook	P	P	A*	Cleo J.	GSR
11. New Beginnings	P	A*	P	Tee Tee	GSR
12. Primary Purpose	P	A*	P	Tommy G.	GSR
13. Experience, Strength & Hope	P	A	P	Randall D.	Rep
14. Clean and Serene	A	P	P	Greg F.	Rep
15. Final Surrender	P	P	P	Mike D.	GSR
16. Noon Beginnings	A	A	A	-	-
17. Colonial Beach Survivors Group	P	P	P	Bill C.	GSR

## RANA Trusted Servants & Subcommittee Chairs

Legend: P = Present A = Absent O = OPEN Position \* = Arrived Late

POSTION	NAME	J	A	S	Report	Comment
Chair	Mark T.	A	P	P	None	Quarterly
Vice Chair	Lachlan P.	P	P	P	Written/Oral	Posted to DB
Secretary I	Teresa C.	P*	P*	P	Oral	Taken from recorder
Secretary II	Christopher K.	P	P*	P*	None	-
Treasurer I	Antoinette B.	P*	P*	P*	Written/Oral	Emailed
Treasurer II	OPEN	-	O	O	-	OPEN
RCM	Greg G.	A	P	P	Oral	Taken from recorder
RCM II	Rudolph C.	P	A	P	Written/Oral	Emailed
VCCR Dir.	Gary T.	A	P	A	None	-
Activities	OPEN	P	O	O	-	OPEN
H&I	Brandon H.	P	P	P	Written/Oral	Emailed
H&I Vice	Corey C.	A	A		-	-
PR	Kemper B.	P	P	P	Written/Oral	Emailed
Literature	OPEN	A/O	O		Written/ Oral	Given by Treasurer I
Lit. Vice Chair	Margret	P	P	P	Oral	Taken from recorder
Outreach	Stephanie B.	A	P	P	Written/Oral	Taken from recorder

## New Groups :

(\*Must attend 3 consecutive ASC meetings to be recognized and added to RANA Meeting List – 1<sup>st</sup> attendance)

\*Beautiful Butterflies of Recovery

Dawn R. – Alt GSR

Thurman-Brisbane Center

Sundays 10am-11am (Women's Meeting)

2<sup>nd</sup> ASC Meeting of 3 required consecutive meetings

## IV. 1<sup>st</sup> Quorum Call

### 1<sup>st</sup> QUORUM CALL -Must 4 per Bylaws

Group Represented	13
Procedural Votes	12

## V. Adoption/Approval of Agenda:

**Motion 09/01-02:** To approve September agenda.

No Discussion

Maker: Tommy 2<sup>nd</sup> by: Mike D.

**VOTE: For-12, Against-0, Abstaining-0**

**Motion – PASSED**

**Discussion:** (Mark T./Dot/Teresa C./Rudolph) Clean Works and RCM II need files in the Secretary II (Christopher K.) file box.

## VI. Approval of Minutes:

**Motion 07/01-03:** To approve August minutes.

Maker: Mike D. 2<sup>nd</sup> by: Tommy

**VOTE: For-4, Against-0, Abstaining-1**

**Motion – PASSED**

No Discussion

## VII.-X. Administrative Reports

### VII. Secretary Report I: Given by Secretary I, Teresa C.

My name is Teresa and I am an addict. I don't really have much to report this month. In the minutes I updated "Unfinished" to "Old" as well as updated in the Bylaws. I also moved "Open Sharing" before "Election of New Officers" in the Bylaws and saved in the Drop Box as 2012 Bylaws\_August 2012. In regards to last month's discussion on quorum, I did find the formula used by the Bay Area in St. Petersburg, FL where I moved from. They have approximately 60 groups and calculate quorum at each ASC with an average voting member's attendance of the previous 3 months + 1. For example given our past 3 months it would be  $12+14+14 = 40/3=13+1 = 14$ . So for today we currently have 12 voting members we would not make quorum. We also discussed the number of home groups in RANA and for some reason I did not chime in as I do keep track of this and print it on the top right front page of the minutes, we currently have 17 home groups and 18 if you included Beautiful Butterflies which will be a voting member next month. Therefore when we vote on Region, Area business or for the adopting the Minutes and only 3 or 4 vote, we do have 18 groups that have a voice.

Our budget remains unchanged as we did not spend any money this past month and I believe is about \$80, I will get the correct amount to Antoinette for next month's meeting and our annual budget. I don't believe Christopher has any expenses this month, if not I am sure he will let us know when he gets here.

Tee Tee had some issues getting the Minutes but is now getting them. Dot, were you able to get the Minutes?

**Discussion:** (Dot) *Yes.* (Teresa) *Anyone else have any issues getting the minutes?*

**VII. Secretary Report II:** None given. **Discussion:** (Mark T.) *Christopher had to work until 4pm so we have to skip over this for now.*

**VII.V Chair Report:** None given. **No Discussion.**

### VIII. Vice Chair Report: Given by Vice Chair, Lauchlan P.

This month I have little information to report. From general conversation I have had with the H&I Panel Coordinator, Brandon H., he has expressed that they are making the commitment in Bowling Green but need more support. Margret, our dedicated Vice Literature Chair, had expressed her interest in filling the Literature Chair position.

I would like to remind the area that I am still willing to meet with any GSR's that want to, or need help with, placing their own orders to Free State for literature. The literature committee is still under staffed so any attempt at easing their workload is greatly appreciated.

Thank you for allowing me to serve.

Love and Respect, Lauchlan P.

**No Discussion**

### IX. Treasurer I Report: Given by Treasure I, Antoinette B.

Treasurer's Report

September 03, 2012

Greetings,

I am grateful for the opportunity to serve. I took over the responsibilities of Treasure as of August 05, 2012 I was given the brief case, Treasure's work-book and the last deposit receipt. I was asked to give a report and I had no information at that time before I go any further, I would like to thank Lili for her selfless service of this position the last transaction that she made was a deposit of \$513.00. I received receipts from the RCM (Greg) of \$21.00, the Secretary paid for folders out-of-pocket she provided a receipt of \$16.05. In which the Area reimbursed her with a check of \$16.05. We received \$372.72 from the sale of literature. The groups gave \$139.00. The Seventh tradition was \$112.00 which made my total deposit \$623.72. The PR Chair also received a reimbursement of \$97.20 for meeting list. We gave literature \$491.60 paid for p.o box in the amount of \$24.00. The total monies we have is follows:  $\$4,627.63 + \$513.00 = \$5140.63 + 623.72 = \$5764.35 - \$628.85$  (total expenses) brings the total to \$5135.00 this is an estimated total based on the figures I have from the last Area and a bank print out which only includes the transaction of the previous Treasurer due impart to the fact that I cannot access any information on the account. I need the Chair or Vice-chair to add me to the account so that I can better serve this body hopefully we will work –out a time and a day to take care of this matter. I pray that I have been informative and accurate in this report the time draws near I believe to review the budget with the help of a subcommittee. I will try to do this soon and would like for anyone that may have an interest to Please get with me after Area service so that I can have your name and number to contact you with the date and meeting place.

In Loving Service, Antoinette B.

**Discussion:** (Teresa) *The \$16.05 mentioned was spent and reimbursed in July. In fact, once you receive all the documents you will find this check was never cashed as I lost it. Once you find that we can then make a motion to have those monies put back into the bank account.* (Antionette) *Thank you, I will note that.* (Lauchlan) *In respect to the bank statement please be sure to black out personal information before distubuting.* (Antionette) *I will be sure to do that moving forward.* (Teresa) *Once you gain access to the bank will you be using this format of the worksheet format that Lily had used or are you not sure yet?* (Antionette) *I would love to use that format; however I was not given that format. So I will need to make my own excel format as that is the best I can do at this time. I have no contact information with Lily and I don't*

**IX. Treasurer I Report (continued):** Given by Treasure I, Antoinette B.

**Discussion (continued):** *know if this body would like to have the report in her format. If so I will try to contact her to see if she is willing to offer that to this body.* (Teresa) *Okay, I just thought Lily said she was willing to assist you during the transition, but perhaps she is not. I just was asking about the format.* (Antionette) *As I said all I received was the brief case and I think I would have know if she gave the format. She has not be available.* (Steve S.) *We have our previous minutes with the format if you want to refer to that to keep that format.* (Teresa) *Those are in pdf. I will check the Dropbox to see if we have her reports in excel, we probably do.* (Kemper) *The most recent are in excel.* (Teresa) *So she added a scan of the deposit slip via text box into the report.* (Antionette) *So they are in the DropBox, then that is what I will use.* (Greg G.) *It says \$112.00 for the 7<sup>th</sup> Tradition, is that correct?* (Antionette B.) *Yes, that was the collection from personal donations. So that is kudos to this GSR body.*

**IX. Treasurer II Report:** Open Position. None given. Discussion: (Teresa) *Clean Works and RCM II would like folders in the box.*

**X. RCM II Report:** Given by RCM II, Rudolph C.

Good Afternoon ASC,

Myself and Greg G. would like to thank you all for allowing us to serve as your Regional representatives. Speaking for myself this is my first time serving in this capacity and it has been a jarring experience. This also my first report to be read at my Area as being your RCM II. So, with that being said I would to say that the The 157<sup>th</sup> RSC had Open Forum at 11:05am with Serenity Prayer and the Topics of discussion were as followed:

1. Celebration for World Unity Day in Southside, 2.Serenity on Shore web link, 3.RSC Calendar, 4.Agenda for 2 day in October, 5.Motion form, 6.Phone line updates, 7.Topics for GSR Assembly in April, 8.Clarity statement, 9.Room availability, 10.World Service Topics, 11.Literature Study Meetings, 12.Info on October 2 day

Open Forum closed at 12:05pm, RSC opened with the Serenity Prayer at 12:20pm, Roll Call/1st Quorum - (all members below were present); Chair – Jeff H, Vice Chair - Jim H, Secretary - Cynthia W, Treasurer -Absent, Regional Delegate – Etta F, Regional Delegate Alt - Donna P, Regional Delegate Alt 2 – Eddie W, VRCC Chair – Jimmy B, Policy Chair - Bill M, Hospitals and Institutions Chair - Lawrence E, Public Relations Chair – Nancy S, Speaker Jam Chair Pro Tem – Absent, Almost Heaven – Sherry V, Appalachian – Greg H, BRANA – Peter P, BANA – Lance G, Gateway to Freedom – Rhonda P, New Dominion – Brad M, New River Valley – Stephen W, Outer Limits – Absent, Peninsula – Absent, Piedmont – Tee T, Rappahannock – Greg G, Richmond – Absent, Roanoke Valley – Absent, Shenandoah Valley - Melissa E, Southside – Kim A, Tidewater – Mark W, Tri-Cities – Absent

There are a few position that are opened Speaker Jam Chair, Regional Delegate, and Regional Delegate Alternate position is open. In lieu of RD and RDM, Alt, positions there was dire concern because just like I am in training for RCM and would in most cases supersede him when he steps down so most of us thought that would have been the case in this scenario. So in essence there was great discussion on this so we will know who will be in those positions at the 2-day event in October. There was some Old Business:

**Motion 156-3** Mover: Policy Subcommittee 2<sup>nd</sup>: Jimmy W Peninsula

**Description/Background:** The CARNA Guidelines and Rules of Order are ambiguous regarding room accommodations for those attending the attending GSR Assembly and October Sunday Workshops on the weekends of the RSC overnight events in April and October.

**Intent:** To clarify the hotel accommodation policy in CARNA Guidelines and Rules of Order regarding the RSC overnight events in April and October.

**Motion:** To change the CARNA Guidelines and Rules of Order, Section VIII: ADDITIONAL GUIDELINES, #8

**From:** The RSC will meet as a single-day event without overnight accommodations in the months of February, June, August, and December. The RSC will meet as overnight events with accommodations and meals provided for RSC Officers, Committee Members, and Alternates in the months of April and October.

**To:** The RSC will meet as a single-day event in the months of February, June, August, and December. The RSC will meet as an overnight event in April and October with hotel rooms provided, as needed, following the RSC for those required to attend or report at the GSR Assembly or October Sunday Workshops. The RSC may utilize any remaining funds, budgeted for hotel expenses, to furnish hotel rooms following the RSC for others interested in attending GSR Assembly or October Sunday Workshops, based on need.

**Motion sent back to Policy for complete clarity to bring back at RSC 157<sup>th</sup>**

**X. RCM II Report (continued):** Given by RCM II, Rudolph C.

**Motion 157-2** Mover: Policy Subcommittee 2<sup>nd</sup>: Mark W Tidewater

**Description/Background:** The CARNA Guidelines and Rules of Order are ambiguous regarding room accommodations for those attending GSR Assembly and October Sunday Workshops on the weekends of the RSC overnight events in April and October. Clarification of this policy became necessary following a controversy centered on which nights, Friday or Saturday, and who is entitled to room accommodations prior to the 155<sup>th</sup> RSC.

**Intent:** To clarify the hotel accommodation policy in CARNA Guidelines and Rules of Order regarding the RSC overnight events in April and October.

**Motion:** To change the CARNA Guidelines and Rules of Order, Section VIII: ADDITIONAL GUIDELINES, #8 (p.10)

**From:** 8. The RSC will meet as a single-day event without overnight accommodations in the months of February, June, August, and December. The RSC will meet as overnight events with accommodations and meals provided for RSC Officers, Committee Members, and Alternates in the months of April and October.

**To:** 8. The RSC will meet as a single-day event in the months of February, June, August, and December.

**Add:** 9. The RSC will meet as an overnight event in April and October.

A. CARNA will provide lodging following the RSC for those required to attend or report at the GSR Assembly or October Sunday Workshops.

B. The RSC may utilize any remaining funds budgeted for lodging expenses to furnish rooms following the RSC for other CARNA members interested in attending GSR Assembly or October Sunday Workshops.

C. Preference is given to those who are traveling approximately 200 miles or more.

D. Lodging requests must be submitted thirty days in advance.

Renumber the remaining items of Section VIII as necessary.

**Straw poll done, suggestions made and motion sent back to Policy to come back at 158<sup>th</sup>.**

**Motion 156-4** Mover: Bill M Policy Chair 2<sup>nd</sup>: Jimmy W Peninsula

To change CARNA G&RO Section V: Reports #1:

**From:** Only reports e-filed, typed, handwrote or emailed no later than one day following RSC will be included in the minutes.

**To:** Only reports read on the floor and e-filed, typed, handwritten or emailed no later than one day following the RSC will be included in the minutes.

**Intent:** To ensure that the RSC has the opportunity to hear, discuss and questing the report.

**Pros:** 1. It is essential that a report be read on the floor to be included in minutes. 2. If reports are not read on the floor at the business meeting, they are not part of the meeting. They can change whatever they want to say at any time up to midnight after RSC.

**Cons:** 1. That Area RCM needs to be present when the report is given because without them being present there cannot be any discussion.

Motion to be taken back to areas for group conscience to come back at 157<sup>th</sup> RSC

Roll Call Vote taken: AHA yes, Appalachian yes, Beach yes, BRANA no, Gateway yes, NDANA yes, NRV abstain, Piedmont yes, RANA yes, SHEVANA no, South side yes, and Tidewater yes.

**Motion passed 9-2-1**

**Motion 157-5:** Mover: Bill M 2<sup>nd</sup>: Lance G Beach

To replace the current "approved" motion form with one with a format that begins with an optional description/background section followed by the intent and then the motion.

Intent: To clearly communicate to the areas and home groups the history and need for the motion.

**Motion passed 10-0-1**

**Motion 157-6:** Mover: Lawrence E 2<sup>nd</sup>: Greg H Appalachian

To investigate the cost and technical needs of procuring carna.org (no hyphen) and migrating away from car-na.org (hyphen) over a two year period.

This should include identifying references to car-na.org (hyphen) in our own literature and links to our present website from other websites such as na.org and others.

An inexpensive domain registration site such as godaddy.com should be used.

**Intent:** To make our website name easier to distribute, remember and use. To comply with the 8<sup>th</sup> **Concept:** Our service structure depends on the integrity and effectiveness of our communications. Clear and easy if effective.

**Motion was referred to PR and report to come back at 158<sup>th</sup> RSC**

Intent: To reimburse trusted servants for regional business travel without requiring a nuisance procedure.

**Motion was referred to Policy and report to come back at 158<sup>th</sup> RSC**



**X. RCM II Report (continued):** Given by RCM II, Rudolph C.

**Motion 157-7:** Mover: Lawrence E 2<sup>nd</sup>: Greg H Appalachian

To amend the CARNA RSC Guidelines and Rules of Order, Section VIII: Additional Guidelines, #7:

**From:** Receipts are required for all reimbursements by RSC.

**To:** To reimburse RSC Trusted Servants for gasoline based on actual gasoline purchases and receipts before and after regional business travel or at \$0.20 per mile based on mileage from a web based map/driving system (such as Mapquest, Google Maps or other). Funds based on this cost per mile procedure can be requested before travel in order to allow the travel.

**Motion 157-8:** Mover: Lawrence E 2<sup>nd</sup>: Greg H Appalachian

To amend the CARNA RSC Guidelines and Rules of Order, Section VIII: Additional Guidelines:

Add 7a: To reimburse RSC Trusted Servants for copying based on an actual receipt or based on a flat rate of \$0.09 per copy.

Intent: To reimburse trusted servants for copying for regional business even if receipts are forgotten or lost.

**Motion was referred to Policy and report to come back at 158<sup>th</sup> RSC**

Planning for Next RSC

158<sup>th</sup> RSC will be held on Saturday, October 20, 2012 at Valley Mission, 1513 West Beverley St., Staunton, VA 24401 beginning at 10am with open forum and 11:15am with RSC meeting.

157<sup>th</sup> RSC closed at 4:35pm with Serenity Prayer.

In closing there are some events going on in our region that I did not include in my minutes yet I am providing to our Area and also Greg G. will inform you on some motions that need to be voted on and brought back to our next RSC.

In Loving Service, Rudolph C.

**Discussion:** (Rudolph C.) *Flyers for events given at Region are on the table for GSRs to take back to their groups and announce. It was a long, so please get with me if you have any questions. I was following the orientation packet, which was very detailed.*

(Mark T.) *I just received some mail that the Little Apple Area of NA will be having their 31<sup>st</sup> Convention. They have sent us some flyers and would like for us to place it on our website. Sept. 27-29 in Allentown, PA.*

*There are also printed copies of the Minutes if anyone needs a copy.*

*If you have group donations please pass them up for Antoinette so she can start to write receipts count the monies.*

**X. RCM I Report:** Given by RCM I, Greg G.

**\*A report was not submitted and there was a lot of information, I did my best to capture it here –**

*The reason we switched up this month is because Rudy expressed an interest in writing the report and I had no problem with that! We work very well as a team, so thanks for the report Rudy – that was an awesome, awesome job! I want to go over a couple things – the handout I gave to you is what you need to take back to your home groups and we will go over the open positions. Our own Antoinette has been nominated for Speaker Jam Chair. She has accepted, however the nominations are still opened. So if there any other nominations those will be taken in October. Etta was our Regional Delegate and has been on that team for 6 years now and her term is up in October. So basically how the whole thing works is we have a Regional Delegate and a Alternate and an Alternate II. So there is 3 Delegates and they work as a team, they go to all these functions in PA, MA, TX,, etc. and the World RSC collecting information and bringing it back to us so we can bring it back to you so can take it back to your groups. Every 2 years a Regional Delegates term is up, so typically, historically you go in as Regional Delegate Alternate II and move up so you are really committing to a 6 year position. So by the time you go from Alternate II to Alternate to Delegate and representing the CARNA at WSC you are prepared to carry the message of our Region. However, it doesn't have to work that way based on the way the Policy is written – so if the Alternate II did a not so great job they can be voted out. So right now technically the Regional Alternate and Delegate positions are open. Was is going to happen more than likely is that Donna Lee will be nominated to the Regional Delegate and Eddie will move up to Alternate and next month the Alternate II position will become available. So if anyone is interested in the Regional Delegate Alternative II position here are the qualifications, so please write this down to take back to your groups: 4 years clean, 2 years Area and/or Regional Service experience, willingness to serve, solid foundation in 12 Steps, Traditions, Concepts, etc.. Again, it is a 2 year term, but a 6 year commitment.*

**Discussion # 1:** (Steve S.) *Was Donna Lee the Regional Alternate?* (Greg G.) *Yes and she has served for 3 ½ years and has done a marvelous job serving with Etta on the last WSC. Eddie has also done a great job.* (Steve S.) *We don't vote for them at our groups do we?* (Greg G.) *No you do not, we vote for them at the Regional level as RCMs.*

**RCM I Report (continued):** Given by RCM I, Greg G.

See New Business for details of this motion on page 10 & 11.

*We have one motion we would like you guys to take back to your groups and that is Motion 157-4.*

*This is going to take a couple of minutes to explain. In Regional Policy there is a guideline that states Regional will establish and maintain a prudent reserve. A prudent reserve is monies set aside if there are no donations so we can continue to do business and pay bills such as the 800 Helpline, the same number that is on the front of our meeting lists and we pay a few thousand dollars a month to maintain that Helpline. So the prudent reserve allows us to operate for a certain amount of time if we go in the red. We have a prudent reserve here at the Area; I don't know what it is. The Regional Policy does not stipulate how that amount is calculated, it just says we should have one and maintain one, it also doesn't say who should establish it and how much it should be. So the concern is we should determine an amount so any monies over that can be donated to World Service. So this motion is a way to establish, calculate a prudent reserve.*

Greg's explanation of the below – Line 6. After the budget is approved, the Treasurer will establish a prudent reserve equal to 25% of the combined total of the newly approved budget and the previous year's budget.

*This means taking the current years budget + last years budget = combined budget x 25% = resulting prudent reserve.*

*Here are some actual numbers if you want to write these down as I have calculated this.*

*Last year's (2011) = \$22,983 This year's (2012) = \$32,187*

*Total = \$55,161 x25% = \$13,790.25 would be the prudent reserve*

*So after an RSC is over and all bills are paid, all monies over \$13,790.25 would be donated to NAWS – this would refer to Line 7. Our Region typically does not have a balance over this amount. However, this is a starting point in calculating a prudent reserve.*

**Discussion #2:** (Teresa) *To your knowledge how often do we given a donation to NAWS and how much is usually? (Greg) Not very often and we did it was very small. (Teresa) What I am asking is do they ever once in a while determine they need to give a donation to NAWS and people get excited because a donation hasn't been made it a while and they decided to one without having any standards? Which can get us into trouble. (Greg G.) Typically someone will say how long has it been since we donated to NAWS. Treasurer will say 8 months and then a motion is written up, voted on and a donation is made to NAWS. So basically, yes. So this would be an ongoing way to determine where we stand every 2 months.*

(Steve S.) *Do you recommend we vote yes on this? (Greg G.) I don't believe my position is to recommend, I can answer questions to provide clarity.*

(Teresa C.) *In case anyone wants to know our Area's prudent reserve established for this year's budget -3 month reserve is \$1,353.75.*

(Mark T.) *GSRs please note the Treasure II position is OPEN, please announce this at your home groups.*

## **XI. Subcommittee Reports**

**A. Activities Report:** OPEN POSITION. Julie C. – Pro Temp. No Report.

**Discussion:** (Mark T.) *This is an Open Position so please be sure to announce this. (Julie C.) If we come up with something for the Holidays and no one has stepped up as the Chair can we go ahead with organizing? (Mark T.) Yes. It is in the minutes that you are serving as Pro Temp so please and thank you for serving.*

**B. Hospitals & Institutions (H&I) Report:** Written by Chair, Lavita D., read by H&I Panel Coordinator, Brandon H. Hey All, Brandon is going to read my report as I am out-of-town.

Greetings,

H&I held its regular combination meeting on August 12, 2012. and our attendance is growing.

The Bowling Green meeting is going well the meeting attendance seems to be holding at 15 members.

I delivered 7 applications to the Men's Diversion Center and waiting for background checks to be completed. If you are interested in serving on this commitment please have a year or more clean and transportation. Group agreed to give an H&I presentation the third Monday of each month and hold an H&I meeting every Tuesday at 7:00pm to 8:00pm.

Folks around the region are still moving forward on the WSR (writing Steps for Recovery) this subcommittee will meet on Sept 15, 2012 from 1:00pm to 3:00pm. This subcommittee is in the development process to create a program to guide inmates in writing the 12 steps of NA. If you are interested please contact me and I will get you connected.

RANA H&I combo subcommittee meeting on Sept 9, 2012 Eskimo Hill Sept 17, 2012 1:00pm

Need a Secretary, Co-Panel Coordinator and a Vice Chair.

Balance is still \$350.00

**Discussion:** (Brandon H.) *I have applications and GSRs please go back to your groups and let folks know we are looking for experience members. H&I is a great way to get out of yourself. (Rudolph C.) You guys may want to attend the Chesapeake event on Sat, Sept. 15 at 10am – H&I Writing Steps Behind the Walls as Region is organizing this as well.*

## XI. Subcommittee Reports (continued)

### C. Literature Chair Report: OPEN POSITION. Given by Vice Chair, Margret

*I haven't been able to talk to Anoinette to find out how much literature we sold at last Area, but an order was placed for September for \$489.10 and today I have sold \$264.00.*

No Discussion

### D. Outreach Report: Given by Chair, Stephanie B.

**\*A report was not submitted and the recording was difficult to make out, this is the best I could make out - Outreach was unable to meet last month as I was in the hospital. We are in need of support and have people willing to serve however we are going to change up our meeting so we can accomindate as we really need support. The Tappahannock meeting is still taking place, is in need of support and the address has changed. John C. attended and the address has been given to the PR Chair, thus it will be on the RANA website and updated on the next printing of the meeting lists. ILS Stephanie B.**

**Discussion:** (Kemper) *You said you were looking for a new meeting place or time?* (Stephaine) *We have 3 people that are willing to serve however they cannot meet on Sunday.* (Kemper) *Just let me know and I will change it on the website and meeting schedule.* (Teresa) *So the Lie is Dead meets?* (Stephaine) *They do.* (Teresa) *I apologize I could not hear all of your report but did they indicate why they are not coming to ASC?* (John C.) *There were only 3 people that attend the meeting I was at, myself a man named John with 20 years, add one other. John said that Nelson, their GSR, who was not there the night I was there, intended on coming to Area. They need support.*

### E. Public Relations (PR) Report: Given by Chair, Kemper B.

PR Subcommittee Chairperson Report

9-2-12

Kemper B.

Good afternoon,

I would like to thank you all for allowing me to serve. PR Met on Sunday, August 12<sup>th</sup> at the normally scheduled time. We went over the meeting lists. We noticed a few mistakes on the current lists and will correct the template for the next quarter printing in October. Also, we discussed the web site and tossed around ideas for a possible dedicated page for the H&I Subcommittee. Finally, we attempted to appropriate the expenses and find the remaining budget for PR for this year. We went back through the Treasurers reports and our own receipts and emails, and think we have come up with the following.

[Read attached spreadsheet page].

Our next meeting will be held at the regularly scheduled time on September 9<sup>th</sup>.

Meeting List changes –

Noon Beginnings Group – Add to Sunday.

In It to Win It – Monday should end 8:30p

Just For Today – Address should be Primary Purpose

Experience, Strength & Hope – Address must be added

New Beginnings – was printed as A New Beginning

The Lie is Dead – change address

Front Page –H&I and PR meet on 2<sup>nd</sup>, not 2<sup>th</sup>

In Loving Service, Kemper B. (RANA PR Chairperson)

	ANNUAL	Jan	Feb	Mar	Apr	May	Jun	July	Aug
PR	\$ 900.00	\$ 900.00	\$ 791.20	\$ 597.56	\$ 374.54	\$ 374.54	\$ 374.54	\$ 374.54	\$ 277.34
Expense 1		\$ 108.80 Lit.	\$ 109.45 Website	\$ 109.45 Meetings List				\$ 97.20 Meeting Lists	
Expense 2			\$ 84.19 Mailing	\$ 97.12 Supplies					
Expense 3				\$ 16.45 Supplies					
Total	\$ 900.00	\$ 791.20	\$ 597.56	\$ 374.54	\$ 374.54	\$ 374.54	\$ 374.54	\$ 277.34	\$ 277.34

**Discussion:** (Mark T.) *PR is on track to meet the budget it is just that the amounts in the Bylaw under PR Budget is not correct.* (Kemper) *I did the best I could so I will have to go over it again better during the development of next year's*

### F. VRCC Director Report: ABSENT None given.

**Discussion:** (Rudolph C.) *It was mentioned at Region that they have a representative at VCRR as there has not been any.* (Greg G.) *There was a discussion about representation and the VRCC Chaired did show up an hour late gave his report and then left early.* (Rudolph C.) *So we will want to relate this information to Gary.*

## XII. Group Service Representative (GSR) Reports

HOME GROUP	GSR/ALT	DAYS AND TIMES OF MEETINGS	# GROUP MEMBERS	# AVG. WKLY ATTENDANCE/NEWCOMERS	GROUP DONATION	LIT. ORDER
<b>1. Set it Off</b>	Jonathan C. - GSR	Sun. 7 - 8:15pm	5	35/5-10	\$10.00	\$0.00
Need home group members, there are only 3 of us. Group Anniversaries: None						
<b>2. Who Wants to Live</b>	Michelle G – GSR Teresa N.– Alt. GSR	Mon. – Fri.12 - 1:00pm	15	80/3-5 per wk	\$1.96	\$124.30
Our Noon meeting on Monday Sept. 2, has been changed to the dumpster meeting site, same time noon-1pm. The group is doing good, with nothing else to report at this time. Group Anniversaries: John T. - 20 yrs. on Sat, Sept 1 <sup>st</sup> @ Bragg Hill, Louis W. – 9 yrs. on Wed. Sept. 5 <sup>th</sup> @ TBA, Theresa N. – 2 yrs. Wed Sept 5 <sup>th</sup> @ TBA, Dickey E. – 4 yrs. on Sept. 21 <sup>st</sup> @ New Beginnings, Tyler – 1 yr. @ Bragg Hill						
<b>3. In It to Win it</b>	Stephanie B. – Rep Kimberly K. – GSR Matt J – Alt. GSR	Mon. 7:00 - 8:30pm	20	60/3	\$10.00	\$0.00
All service positions filled. Speakers scheduled till the end of the year. Meeting going strong! Unity Picnic Sept. 23 <sup>rd</sup> at Kinmore Park 12pm-8pm suggested \$5 donation for food. Speakers, Fellowship & Fun! No lit order this month. Group Anniversaries: None						
<b>4. Hope Fiends</b>	Tony S. – GSR Chris – Alt. GSR	Tue. 7 - 8:15pm	5	18-21/4	\$0.00	\$0.00
Group is currently stable in average attendance of 16 members per meeting. Group Anniversaries: None						
<b>5. Standing by Recovery</b>	Steve S.- GSR	Tue. 7:30 – 8:30pm	5	9-10/1-2	\$20.00	\$10.20
Please forgive me for missing 2 home group meetings during the month of Aug. No excuses but I fell asleep after work exhausted. I was there for home group meeting and have donation and literature order. Group is strong but not growing. We would like to attract more new people. No group anniversaries. Group Anniversaries: <i>None reported.</i>						
<b>6. Clean Works</b>	Dot – GSR N/A – Alt. GSR	Wed. 7 - 8:00pm	8	45-50/1-2	\$30.00	\$9.00
We need a tab in the Secretary Box for our paperwork (Clean Works). Group Anniversaries: None						
<b>7. The Lie Is Dead</b>	Nelson- GSR	Wed. 7 - 8:15pm	-	-	\$0.00	\$0.00
<b>**Absent at Area 3 or more consecutive months**</b>						
<b>8. Start Living Group</b>	John C. – GSR Robert – Alt. GSR	Thu. 7 - 8:00pm	8	9/1 per mo.	\$10.00	\$0.00
<i>None</i> Group Anniversaries: <i>None reported</i>						
<b>9. Freedom from Bondage</b>	Michael M. - GSR	Thur. 8 - 9:00pm	6	10-20/1-2	\$10.00	\$23.00
Group is doing well; we continue to have a good attendance of at least 10-20 people with at least 1 newcomer per week. Has grown very much in the past few months. Group Anniversaries: Do not know at this time.						
<b>10. Man Up to the Flatbook</b>	Cleo J. - GSR	Thur. 7 - 8:30pm	7	10-20/1-2	\$20.00	\$52.00
All is well, (thank-you). Group Anniversaries: None.						
<b>11. New Beginnings</b>	Tee Tee. - GSR	Fri. 7 – 8:15pm	-	35/10	\$50.00	UNK
Group is doing well. Here lately there has been more newcomers attending the meeting. Group Anniversaries: Rudy C. will be celebrating 5 years on Sept. 21 <sup>st</sup> .						
<b>12. Primary Purpose</b>	Tommy G - GSR	Sat. & Sun. 12 – 1:30pm	6	10/-	\$0.00	\$0.00
The group is doing well. We are in need of home group members. We are also in need of trusted servants. We have no donations for Area at this time. Group Anniversaries: <i>None reported.</i>						
<b>13. Experience, Strength &amp; Hope</b>	Randall D. – Rep	Sat. 7 - 8:30pm	6-12	40-20/4-5	\$22.47	\$3.00
<i>No report. ILS Randall</i> Group Anniversaries: Tyler – 1 yr. on 9/29/12						
<b>14. Clean and Serene</b>	Greg F. - Rep Brandon K.- GSR	Fri. 10- 11pm	6	8/1	\$5.00	\$8.00
<i>No report.</i> Group Anniversaries: <i>None reported</i>						



HOME GROUP	GSR/ALT	DAYS AND TIMES OF MEETINGS	# GROUP MEMBERS	# AVG. WKLY ATTENDANCE/ NEWCOMERS	GROUP DONATION	LIT. ORDER
<b>15. Final Surrender</b>	Michael D. – GSR	Mon., Tue., Fri. & Sat. 7- 8:30pm	UNK	UNK/UNK	\$0.00	\$21.40
Group is doing well. Had about 5 new people regularly attending. Need some support to help share the message & how NA works. Group Anniversaries: <i>None reported.</i>						
<b>16. Noon Beginnings</b>	-	Sat.-Sun. 12 -1pm	UNK	UNK	UNK	UNK
<i>ABSENT</i> Group Anniversaries: <i>None reported.</i>						
<b>17. Colonial Beach Survivors Group</b>	Bill C. - GSR	Fridays 7-8pm	6	37/mo/5/mo	\$50.00	UNK
Colonial Beach Survivor Group held a group conscience meeting August 31 <sup>st</sup> , 2012 and determined to give \$50.00 to RANA Service. Our home group consists of 6 people and we determined to pay our rent and donations on a semi0annual schedule. There are no anniversaries this during the month of September. Bill C. authorized to vote on items sent back to groups without calling a group conscience meeting. Thanks for letting me serve. Group Anniversaries: <i>None reported.</i>						

<b>*Beautiful Butterflies of Recovery</b>	Dawn – Alt. GSR Terry Q.- GSR	Saturday 10-11am	3	4-6/1	\$0.00	\$0.00
BBOR is suffering with lack of support and meeting attendance and trusted servants. There have been a few times that no trusted servants were there to open the meeting due to miscommunication. There was a trusted servant there this past Saturday. The group is reforming, regrouping and getting back on track. Group Anniversaries: None.						

### XIII. 2<sup>nd</sup> Quorum

Legend: P = Present A = Absent

HOME GROUP NAME	P/A	NAME	POSTION
1. Set It Off	P	Jonathan C.	GSR
2. Who Wants to Live	P	Michelle G.	GSR
3. In It to Win It	P	Stephanie B.	Rep
4. Hope Fiends	P	Tony S.	GSR
5. Standing By Recovery	P	Steve S.	GSR
6. Clean Works	P	Dot	GSR
7. The Lie Is Dead	A	-	-
8. Start Living Group	P	John C.	GSR
9. Freedom from Bondage	P	Michael M.	GSR
10.Man Up to the Flatbook	P	Cleo J.	GSR
11. A New Beginning Group	P	Tee Tee	GSR
12.Primary Purpose	P	Tommy G.	GSR
13. Experience, Strength & Hope	P	Randall D.	Rep
14. Clean and Serene	P	Greg F.	Rep
15.Final Surrender	A	Mike D.	GSR
16. Noon Beginnings	A	-	-
17. Colonial Beach Survivors Group	P	Bill C.	GSR

Beautiful Butterflies	P	Dawn R.	GSR
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2 <sup>st</sup> QUORUM CALL -Must 4 per Bylaws	
Group Represented	14
Procedural Votes	15

### XIV. Old Business

*None*

### XV. Open Sharing

(Steve S.) *I don't know how the whole process works for the new format for the meeting schedule, but I have been coming here for a year now and I don't remember us discussing this format. My group had wanted to know why the format had changed because the group did not like it. (Mark T.) You can write a motion and get it 2<sup>nd</sup>, send it back to groups to have it changed. (Kemper B.) In PR reports we had let people know they could attend the PR meeting to be a part of the design process for the new format or any other info they would want to present to PR. The biggest reason for the change was we had additionally meetings added, so the format did not fit and we had to adjust to make space. In fact, we had to remove one of the readings at the beginning of the schedule. This was just one of the ways it could have been done and it great to discuss at Area, but the better meeting to bring these ideas to would be the PR subcommittee meeting so we have time to have a more detailed discussion. 2<sup>nd</sup> Sunday of every month from 5-7pm at Thurman-Brisbane Center.*

## XVI. Elections for Open Positions

\*Treasurer II

\*Literature Chair

\*Activities Chair

\*See your copy of the Bylaws for qualifications

### Literature Chair:

**Motion 09/02-04:** Margret D. nominated by Tommy, 2<sup>nd</sup> by Jonathan C.

Intent: Serve Area with willing and experienced servant.

Qualification read from Bylaws: 3 years clean time, 2 year term, 2 years ASC experience/

Margret's Qualifications: 20 months clean time, 9 months ASC experience as Literature Vice Chair.

Qualification not satisfied, new motion entered to waive requirements.

Discussion: (Mark T.) *This body can vote to waive the clean time and ASC experience for Margret to be our Literature Chair.* (Kemper) *Bylaws are on the website.*

**Motion 09/02-05:** Maker: Michael M. 2<sup>nd</sup> by: Tommy G.

To waive the clean time and ASC experience required to become Literature Chair for Margret.

Intent: To make Margret the Literature Chair and have the position filled.

Discussion: (Steve S.) *Pros – She is willing and has been doing a great job so far.* (Greg G.) *Cons – Principles over personality, this is not personal nor about an individual. Here we go again, once again we are going to waive clean time requirements to fill a positions. More often than not it is a disaster. Home groups have voted on what the requirements and when we waive them than we are telling the members of RANA they are wrong. Shouldn't we give the members of RANA by putting it out to the fellowship to let them know we are going to waive the requirements to fill a position?*

(Mark T.) *We are waiving the clean time on this motion for Margret, not across the board.* (Lauchlan P.) *Pro - I spoke to Margret last month to ask her if she needed help with Literature and she expressed that she was taking the orders, placing the order, doing the inventory since December, basically doing everything except writing the monthly report. The only she expressed to me as she was unsure on how to write her report.* (Brandon) *Pro – She has experience. In regards to waiving clean time we are an Area that geographically we are small struggles and need support at almost every level. We are powerless over the amount of clean time in our Area due to our size. In regards to going back to the groups we have been announcing the Literature needs help and not announcing the clean time requirements.* (Teresa C.) *Pro - My home group has been announcing it since Lindsay stepped down. The report is not difficult and I am willing to give her old minutes with previous reports written by Lindsay. In regards to groups in our Area having an opportunity, if someone wanted to serve they would show up.*

VOTE: For=11, Against= 1, Abstain= 1

**Motion –PASSED**

**Motion 09/02-04 (contined):** Margret D. nominated by Tommy, 2<sup>nd</sup> by Jonathan C.

VOTE: For=10, Against= 1, Abstain= 0

**Motion –PASSED**

**Congratulations Margret D. – New RANA Literature Chair!**

**\*\*Vice Literature Chair is now an Open position. Please announce to groups along with Treasurer II and Activities Chair**

## XVII. New Business

**Regional New Business Motion:** See explanation of this motion in RCM I Reports on pages 5 & 6.

This motion was copied from <http://www.car-na.org/minutes/rsc157.pdf>

**Motion 157-4:** Mover: Policy Subcommittee 2nd: Mark W Tidewater

**\*Required Home Groups to VOTE**

### Description/Background (Optional):

Although the CARNA G & RO requires the region to establish a prudent reserve, it specifies neither a formula nor a single point of accountability for establishing its amount.

### Intent:

To enable the Treasurer of the Central Atlantic Region of Narcotics Anonymous to manage our funds responsibly, per our 11th Concept, and establish a single point of accountability for establishing the prudent reserve, per our 5th Concept.

Motion to go back to areas for group conscience vote to come back at the 158th RSC

## XVII. New Business (continued)

### Regional New Business Motion (continued):

#### **Motion:**

Change: CARNA Guidelines & Rules of Order

Remove from Section VIII: Additional Guidelines (p. 10)

1. RSC will maintain a prudent reserve. After expenses are paid, 50% all remaining money will be donated to NAWS. (149th)

Renumber remaining items of Section VIII: Additional Guidelines accordingly

Insert lines 6 and 7 below following line 5, in Section IX: Officers Duties/Qualifications, 4A. Treasurer Duties (p. 13).

6. After the budget is approved, the Treasurer will establish a prudent reserve equal to 25% of the combined total of the newly approved budget and the previous year's budget.

7. After expenses are paid and prudent reserve is met, all remaining money will be donated to NAWS.

Renumber remaining items of Section IX: Officers Duties/Qualifications, 4A. Treasurer Duties accordingly

Pros: 1. That we can support NAWS by way of a donation as they survive from the sale of literature and donations from Region. 2. The Guide to Local Services suggests that groups and areas maintain a prudent reserve to ensure we maintain ourselves as fully self-supporting. This motion as written follows the spirit of this, without holding too much money.

Cons: 1. The original motion that was presented by the policy subcommittee had, among other components...50% of all remaining money be forwarded... this motion was recently sent back to policy for clarifications of this motion as a result of a typo in the minutes. Now having been returned to this body 50% 0 has been changed to "all". The motion should not have been changed by only clarified.

### Area New Business Motions:

**Motion 09/02-06:** Maker: Greg G. (RCM) 2<sup>nd</sup> by: Bill C.

**\*Required Home Groups to VOTE**

Add under Article 3, Section 4 Quorum. A minimum of 8 Yes or No votes are required for a true RANA conscience when tallying regional motions.

**Intent:** To obtain a more inclusive conscience of RANA Home Groups.

**Discussion:** (Mark T.) *This is just for Regional motions.*

**Motion 09/02-07:** Maker: Greg G. (RCM) 2<sup>nd</sup> by: Bill C.

**\*Required Home Groups to VOTE**

Donate \$1,000 to the Central Atlantic Region.

**Intent:** To stop hoarding money

**Discussion:** (Teresa C.) *We currently make 2 donations to CARNA for totaling \$288. (Mark T.) That was based off the numbers for 2010. (Greg G.) When we meet at the end of 2012 we will use our numbers from 2012. The reason I wrote this motions is that we have grown and we are not passing the money along. We have a Region that we say we support that is struggling and we are sitting on money because we are afraid to go broke and we have never been broke. (Mark T.) You are correct we changed the timeline for the next budget. (Greg G.) We do the budget in October; groups vote in November and bring it back in December so we are ready to go in January. (Teresa C.) Based on the numbers Antoinette reported today – we have \$5,185, subtract the prudent reserve that is for 3 months that gives us \$3,981 before income and outgoing for this month. If we go off the \$400 Lit order from last month that puts us somewhere around \$3,500. (Greg G.) I figured around \$2,500 in addition to the prudent reserve after all expenses are paid. (Mark T.) The point is with this donation we are still well above our prudent reserve.*

## XVIII. Review of Group Status and Business

(Dawn R.) *Next month Beauty Butterflies of Recovery will be accepted at next area so do I bring all these motions back and have a vote ready next month?* (Mark T.) *Yes, the Bylaws state you are recognized at the 3<sup>rd</sup> ASC.*

(Greg G.) *I want all the subcommittees to be aware in October, next month to have their budget ready for next month. So all subcommittee chairs be ready as we will be meeting every week in October*

(Bill C.) *During our elections it sounds like changing the clean time requirements is something that happens often. How do we/I change it, what are the requirements to for a GSR, where did 3 years come from?* (Mark T.) *I won't go through the whole history of this Area, but all these clean times have been voted by the groups. For GSRs each group is autonomous so they set those and it doesn't have anything to do with Area. As far as Bylaws you can be part of the Bylaws Adhoc Committee and effect a change or get some discussion going. Initially we borrowed the Bylaws from the Bull Run Area around 8 years ago as a place to start.* (Bill C.) *If we are waiving it then perhaps we should change the direction if we are not following it.* (Teresa C.) *The Bylaws do say we can waive the requirements so we have some flexibility. The 3 years for Literature Chair is because that position is reasonable for a couple thousand dollars of literature, keeping it safe at their home. So that is the reason it is multiple years.* (Greg G.) *On page 9, you can find where it states about the waiving of requirements. However, this was when we had more interest in Policy then we do today. Currently it we don't have one and so we do it through member motions.* (Mark T.) *We had a need to update the Bylaws as there were several gaps so an Adhoc Committee was appointed and went to work. Section by section was sent back to groups for review and vote.* (Bill C.) *So it allows us the freedom to waive based on the experience and personality of the person nominated.* (Greg G.) *During the writing of this section it was ultimately determined that to get business done the body was deemed responsible as trusted servants.*

## XIX. Adjournment & Serenity Prayer

**Motion 08/05-05:** Maker: Jonathan C. 2<sup>nd</sup> By: Kemper B.

\*Procedural Vote

Motion to Close

VOTE: For=11, Against= 0, Abstain= 0

**Motion – PASSED**