

# Rappahannock ASC Minutes for December 2<sup>nd</sup>, 2012

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Helpline Number: (800) 777-1515 24-hours

Welcome new and returning ASC members:



## I. Serenity Prayer

**Motion 12/02-08:** To record.

Maker: Michael D. 2<sup>nd</sup> by: Kim

**VOTE:** Abstaining-0 For-9, Against-0, **Motion – PASSED**

**18 home groups** that are members of the Rappahannock Area Service Committee of Narcotics Anonymous.

**29 meetings** in the Rappahannock Area every week.

## II. Readings:

A. Service Prayer, B. Purpose of Area Service,  
C. 12 Concepts, D. 12 Traditions (7<sup>th</sup> Tradition passed around).

E. Decorum Statement

## III. Group Roll Call

Legend: P = Present A = Absent \* = Rep in 2<sup>nd</sup> Quorum

GROUP NAME	O	N	D	NAME	POSTION
1. Set It Off	P	A	A	Jonathan	Rep
2. Who Wants to Live	A*	P	P	Michelle G.	GSR
3. In It to Win It	P	P	P	Kim K.	Rep
4. Hope Fiends	A*	A	P	Tony S.	GSR
5. Standing By Recovery	P	P	P	Steve S.	GSR
6. Clean Works	P	P	P	Julie C.	Rep
7. The Lie Is Dead	A	A	A	-	-
8. Start Living Group	P	A*	P	John C.	GSR
9. Freedom from Bondage	P	A*	P	Michael M.	GSR
10. Man Up to the Flatbook	P	P	P	Cleo J.	GSR
11. New Beginnings	A	A*	P	Tee Tee	GSR
12. Primary Purpose	P	P	P	Tommy G.	GSR
13. Experience, Strength & Hope	P	P	P	Etta F.	Rep
14. Clean and Serene	P	P	P	Dominic E.	GSR
15. Final Surrender	P	A*		Brandon H.	Rep
16. Noon Beginnings	A	A	A	-	-
17. Colonial Beach Survivors Group	P	P	P	Bill C.	GSR
18. Beautiful Butterflies of Recovery	P	A	P	Terry Q.	GSR

## RANA Trusted Servants & Subcommittee Chairs

Legend: P = Present A = Absent O = OPEN Position \* = Arrived Late

POSTION	NAME	O	N	D	Report	Comment
Chair	Mark T.	P	P	P	Written/ Oral	Posted to DB Quarterly
Vice Chair	Lachlan P.	P	P	P	Written/ Oral	Posted to DB
Secretary I	Teresa C.	P	P	P	Written/ Oral	Posted to DB
Secretary II	Christopher K.	P*	P	A	-	-
Treasurer I	Antoinette B.	P	P	P	Written/ Oral	Emailed
Treasurer II	Randall D.	O	P	P	-	None Required
RCM	Greg G.	P	P	P	Written/ Oral	Handed in
RCM II	Rudolph C.	P	A	P	-	None Required
VCCR Dir.	Gary T.	P			Written/ Oral	Emailed
Activities	Julie C.	P	A	P	Written/ Oral	Emailed
H&I	Lavita D.	A	P	P	Written/ Oral	Emailed
H&I Vice	Corey C.	A	A	A	-	-
PR	Kemper B.	P	A	P	Written/ Oral	Emailed
Literature	Margret D.	P	P	P	Oral	Emailed
Lit. Vice Chair	OPEN	O	O	O	-	-
Outreach	Stephanie B.	P	A	P	Written/ Oral	Emailed

## IV. 1<sup>st</sup> Quorum Call

1 <sup>st</sup> QUORUM CALL -Must 4 per Bylaws	
Group Represented	15
Procedural Votes	15

## V. Adoption/Approval of Agenda:

**Motion 12/02-09:** To approve December agenda.

Maker: Michael D. 2<sup>nd</sup> by: Tee Tee

**VOTE:** Abstaining-0, For-15, Against-0

**Motion – PASSED**

**No Discussion**

## VI. Approval of Minutes:

**Motion 11/04-03 (2<sup>nd</sup> Vote):** To approve October minutes.

Maker: UNK 2<sup>nd</sup> by: UKN

VOTE: *Abstaining-0, For-11, Against-0*

**Motion – PASSED**

**Discussion:** This motion went back to groups to be voted on again as November Vote was *Abstaining-1, For-0, Against-0*.

**Motion 12/02-10:** To approve November minutes.

Maker: UNK 2<sup>nd</sup> by: UKN

VOTE: *Abstaining-0, For-12, Against-0*

**Motion – PASSED**

**Discussion:** (Teresa C.) I would like to amend the minutes to add the Treasurer's November report to December's minutes. (Mark T.) That is not amending November's minutes. (Teresa C.) Correct. Disregard this amendment then.

## VII.-XI. Administrative Reports

**VII. Secretary Report I:** Given by Secretary I, Teresa C.

It has been a busy month! The proposed 2013 budget, which was the same as the approved 2012 budget was sent out to groups to be voted on Nov 11<sup>th</sup> along with an invitation to the budget meeting we had at Wegman's on Nov. 14<sup>th</sup>. On Nov 13<sup>th</sup> an email was sent out to the ASC body on behalf of the RCM inviting folks to give our RCM team a call as they would be happy to come to each home group to discuss the Regional motions or any other RANA area business they might have questions on. As well as a reminder for Groups to fill out the RCM survey regarding the GSR Orientation workshop. A follow up email reminder was sent out again on Nov. 28<sup>th</sup>.

I handed out copies of the Treasurer report for November and as I was not informed that there would be copies here for the December Treasurer report I also made copies of those so there are more than enough December reports. If you did not get either of these reports please take one from the back table. The Treasurers report for November was not included in the November minutes and will be included in the December minutes for the record.

Today we say goodbye to Christopher K. as our Secretary I – he has a big future ahead of him with his education and career! He has been a pleasure to partner as he has a terrific sense of humor, dedication and fabulous joy that surrounds him! I will truly miss Christopher and wish him all the best!

So that means I am going to be taking on the Secretary II responsibilities as well as my Secretary I duties until we fill this important position. Having said that – **Please, please, please be sure to get your reports handed in, emailed or uploaded to the Dropbox by the weekend after ASC. That would next weekend. If you have printing needs – which you would like handed out at ASC or for your subcommittee – you MUST get them to me within 4 days before you needing them AND if you need to get them before ASC you must make arrangements to pick them up from me.** I have a very full life with employment, family and my own recovery – we are ALL busy and have full lives so please work with me on these deadlines so I can get your guys what you need. I will be putting a motion in today for reimbursement for print the Treasurer reports. Given the checks paid to Christopher K last month (Motion 11/04-04 for \$6.29) and this month for \$16.24 our budget for 2012 ends with a positive balance of \$48.42.

I wanted to call attention to the keys to the PO Box – per our bylaws the Chair, PR Chair and Secretary are the ONLY key holders. Kemper and I will be bringing the mail to each ASC and distributing to the intended recipients.

Thanks again for allowing me to serve. Have a wonderful holiday season! Teresa C.

**Discussion:** (Lavita D.) *Were you handed over the printer?* (Teresa C.) *Yes, it is sitting in the chair next to the PR Chairperson.* (Lavita D.) *Will I be able to help you?* (Teresa C.) *I don't know, will you be able to help me?* (Kemper B.) *I can comment on this. We have the printer, no USB cable or paper.* (Teresa C.) *I did communicate with Christopher earlier today to bring all of the equipment and supplies as I believe he is leaving town. I will contact him to make sure we got everything he had to turn over. Without the USB cable we will not be able to use the printer.*

(Mark T.) *GSRs please write down the Secretary II position is vacant. The position term is up this month, however he had said he would continue to fill the position until it was filled. That is obviously not the case anymore the position is vacant.*

(Teresa C.) *I also handed out a sheet of Open ASC Positions, so you guys can see that Margret needs help for Literature Vice Chair as well as Secretary II. I also copied the qualifications and duties from the Bylaws so you would have them readily available when you are at your groups.*

**VII. Secretary Report II:** None as Secretary II, Christopher K dropped off RANA supplies and had to leave.

**Discussion:** *See Secretary Report I Discussion above.*

**VIII. Chair Report:** Given by Chair, Mark T. (Quarterly):

Hello family,

Thank you for showing up for Narcotics Anonymous, our Area , and the Newcomer today.

I truly appreciate the opportunity to serve and I am exceedingly grateful for this body's continued support.

I had the great pleasure of attending the first budget meeting this year and found it engaging and productive.

I am also grateful for the continued and growing participation in our Area at all levels.

Please change my e-mail to jmark1212@gmail.com. I encourage any recovering addict to contact me with any questions, requests, requests or pertinent ideas.

Happy Holidays!

In loving service, Mark T.

**No Discussion**

## VII.-XI. Administrative Reports (continued)

### IX. Vice Chair Report: Given by Vice Chair, Lauchlan P.

Again, this month I was tasked with getting our Treasurer put on the Area bank account. I am pleased to report that this task was completed!

The ASC also held its annual budget meetings this past month at Wegman's. I would like to thank everyone who showed up to the first meeting, the turnout was fantastic. Another big thanks to all 3 members that showed up to the second and final budget meeting.

Thank you for allowing me to serve.

Love and Respect, Lauchlan P.

### No Discussion

### X. Treasurer I Report: Given by Treasure I, Antoinette B.

(\*See Appendix A on pg. 16 for Treasurer I November Report that was not included in November's Minutes)

(\*See Appendix B on pg. 17 for Purposed 2013 Budget.)

**(\*\*To be voted on at January ASC-No Motion Form submitted, no number given.)**

Good Afternoon Family,

I am pleased to report that the Treasurer is finally making some progress to uphold her position in a more professional manner. First, The Treasurer has been added to the RANA account this will give me the ability in the future to provide accurate accounting of our groups deposits, checks and accurate balances.

The first thing I want to report is the collection and deposit of monies from last ASC.

#### Groups Contributions:

Clean & Serene \$10.00

Clean Works \$17.00

Who Wants To Live \$ 79.24

Start Living \$ 10.00

New Beginnings \$ 20.00

Experience Strength & Hope \$100.00

Man Up To The Flat Book \$20.00

Start Living \$10.00 \*added was not included last ASC

Standing By Recovery \$ 40.00

Primary Purpose \$ 26.50

Literature \$ 183.90

ASC \$19.00 7th Tradition

Total : \$535.64

Checks Reimbursement : Secretary II \$ 6.29, Literature \$71.00

**I will be submitting a bank statement for the total monies Jan ASC from the bank , unfortunately in my haste I failed to do so this time . I will also be implementing new contributions records form to make to enhance the level of accountable service by your Treasurer.....**

Budget meetings were held at Wegman's November 14th & 21st 2012. The first meeting I would like to thank this Area for its out pouring of support we were able to execute the 4th and 6th concept. The only committee present was Outreach and it was due to circumstance beyond the members control.

The changes that will go back to groups for approval are as follows: **The Secretary I & II Budgets have been combined the amount has not changed the total will be \$240.00. P.O Box will increase to \$248.00 due to increase in cost it will cover a year service. PR increased to include the additional cost of the phone line \$80.00. Activities increased from \$500.00 to \$1000.00 to give the monetary support increased activities for the Area. Outreach which does a lot of traveling was increased from \$100.00 to \$300.00 to help with travel due to increase in gas prices.**

The second Budget meeting was held so that any GSR's or any member could get to be made aware of the changes and to answer any questions in regards to the changes, and for me to be able to work on structuring the proposed new Budget. The participation was very low it included Activities, Treasurer, and Vice-Chair. I want to just encourage the GSR's that you carry the voice of the groups anytime you can help your group to be more informed is your responsibility. All supported information will be present at ASC.

In Loving Service, Antoinette B. Treasurer I

**Discussion:** (Antoinette B.) *Attached I gave you the proposed budget for January 2012 with all changes were included.*

*The total is \$6,607.00. The prudent reserve is \$567.92, for 3 months it is \$1,703.75. Your new budget total is \$6,615 which averages to overall increase of \$8. The prudent reserve is \$575 and 3 month prudent reserve is \$1,725 which we can afford. In loving service your Treasurer.*

(Mark T.) *I just want the GSRs to understand this is a proposed budget, it needs to go back to the groups to get voted upon. Currently in Old Business we are going to vote to adopt the 2012 Budget in the interim. Are there any questions for the Treasurer?*

## VII.-XI. Administrative Reports *(continued)*

**X. Treasurer I Report *(continued)*:** Given by Treasure I, Antoinette B.

(\*See Appendix A on pg. 16 for Treasurer I November Report that was not included in November's Minutes)

(\*See Appendix B on pg. 17 for Purposed 2013 Budget.)

**(\*\*To be voted on at January ASC-No Motion Form submitted, no number given.)**

**Discussion *(continued)*:** (Antoinette B.) *With the new form that we will be implementing it is coming directly from the Treasurer's Handbook, it is called The Group Area Contribution Record Form. What I would like you to do is pass all your contributions up to the Treasurer II so he can actually put these on the form. What is going to happen is, instead of me having to do this line by line, we will copying it and sending it along as it makes it easier and more efficient and helps me keep more accountable records. I thank you for allowing me to serve.*

**X. Treasurer II Report:** Randall D. None given.

(Gary T.) *The box is now open.* (Teresa C.) *Thank you.* (Mark T.) *Is it broke?* (Gary T.) *Maybe.*

**XI. Regional Committee Member I Report:** Given by RCM I, Greg. G.

Dear ASC,

This is an off month for your RCM team. We will attend the RSC on Dec. 15<sup>th</sup>. We will be collecting the surveys from GSR's today in hopes of gathering direction for the GSR Orientation. More to come next month...

*If you have not filled those out yet, please do so and handed them in to Rudy or myself.*

I attended multiple home group meetings this month and I am blown away by the dedication of this current class of GSR's!

You guys are amazing! Keep up the fantastic work!

I attended the budget meeting and suggested RSCM budget to remain the same. I will be requesting gas month for both RCM's in the form of a motion, to attend the RSC in Charlottesville:

66 miles X 2 = 132 miles

132 miles /15 miles/gallon = 8.8 gallons

\$3.00/gallon X 8.8 gallons = \$26.40

\$26.40 X 2(RCMs) = \$52.80

ILS, Greg G.

**Discussion:** (Lavida D.) *I am Lavita and I am an addict. Just out of curiosity, I was looking on the Regional minutes and we did not have our report there.* (Greg G.) *Yea, we did not because I did not email it to her. I read my report and I was there. I thought I had emailed her my report and by the time I realized I didn't she had already closed the minutes. I will submit my report and ask that it be revised and posted on the internet. Those minutes are not yet approved they are just posted.*

(Mark T.) *Any other questions for Greg?*

**XI. Regional Committee Member II Report:** None given by RCM II, Rudolph C. No Discussion.

(Teresa C.) *If you guys did not get the Contact List that is going around, it is here. If you do not need to change anything then just pass it on, if you do then please make your updates and hand it back up to me.*

## XII. Subcommittee Reports

**A. Activities Report:** Given by Chair, Julie C.

First of all, I would like to thank the ASC for allowing me to serve.

In November we met after the Friday night meeting to discuss and vote on our flyer, T-shirts(in which there is a submitted invoice), and the location of our Speaker Jam. We agreed that it will be on March 9, 2013 at Falmouth Baptist Church beginning at 11 and ending at 8. The theme is 'Restoring Fractured Personalities.'

As the Activities Chair I am requesting the remaining balance of our budget to purchase our T-shirts (make check payable to High Peak Sportswear) and have them ready for sale on December 17, 2012 at \$15.00. We are also submitting a motion to take back to groups requesting \$50.00 to print as many colored flyers that will be distributed at our Area Home groups, RSC, and neighboring Areas that we may travel out too. In Loving Service, Julie C. (Activities Chair)

**Discussion:** (Rudolph C.) *That is the invoice for the T-shirts that Activities is trying to get printed.* (Teresa C.) *Trying to get printed?* (Rudolph C.) *Yes, they have to ask for the money.* (Teresa C.) *So this is an estimate, not an invoice?*

(Rudolph C.) *No that is the price.* (Mark T.) *That is a sales order.* (Teresa C.) *So it has already been ordered?* (Rudolph C.) *No. Once the check is cut the sales order will be implemented.* (Teresa C.) *So you are writing a motion for this?*

(Rudolph C.) *No, it does not need a motion.* (Mark T.) *My understanding according to Julie's report it is budgeted, it is inside the budget. The other motion is outside the budget. Does that clarify it for everybody?* (Teresa C.) *Not really because I write motions for money for supplies that are within my budget.* (Mark T.) *You have to write a motion anyway.*

(Teresa C.) *I was just looking for the written motion to number that went with the sales order attached to the report.*

## XII. Subcommittee Reports *(continued)*

### **B. Hospitals & Institutions (H&I) Report:** Given by Chair, Lavita D.

Our H&I meeting was held on Nov 12, 2012. I attended the ASC budget meeting on Nov 14, 2012 requesting 350.00 for 2013. The Nov 19, 2012 Men's Diversion Commitment was cancelled. We are scheduled to go in on Dec 17, 2013 at 12:30pm. Background checks are slowing down this process. I attended Regional H&I on Nov 17, 2012 in Colonial Heights – We are not the only area suffering from the lack of support from the fellowship. There is a growing interest in the Writing Steps for Recovery (WSR) Program in our region. This is a process that is designed to assist inmates in working the steps. This group will meet again on Dec 15. Our Next meeting is on Dec 9 at the Shelter at 5:00pm our primary purpose is to continue to recruit panel leaders and members. Budget remains at \$350.00

In Loving Service, Lavita D

**Discussion:** (Brandon H.) *Can we start announcing the orientation?* Inaudible

(Lavida D.) *I also too have a flyer for H&I members to submit stories, we are all story tellers, they need people to write to people, Reaching Out magazine. I have these flyers here, so if you are good writers please take this and contribute.*

(Mark T.) *Lavida just a point of clarification this thing you just handed out for the magazine, I am not familiar.* (Lavida D.) *It is a part of H&I.* (Mark T.) *It's WSC approved.* (Lavida D.) *Yes.*

(Mark T.) *Anybody else?*

### **C. Literature Chair Report:** Given by Chair, Margret D.

Last Area we sold \$183.90 and this literature order I just received was for \$370.47 and I did get the new Living Clean books at they are \$8.75. I am still looking for help as an Assistant Chair.

**Discussion:** (Mark T.) *Any questions for Margret?* (Gary T.) *I thought I heard someone say they were ordering 2 of the new books but I understood we only order 1 for each group this month to see how they sold.* (Mark T.) *That is accurate.* (Margret D.) *I actually ordered 22. I felt others may want more than one so I ordered 22.* (Etta F.) *Question, this is the second time we have come for a large number medallion and you just said to me a moment ago that we don't really carry anything over 25. We happened to have several people throughout the year that have 25+ numbers, I was wondering if we can extend our order for and start getting some higher number medallions.* (Margret D.) *I can. I will order up to 35.* (Etta F.) *Okay.*

(Margret D.) *If you could give me a call, I think we can order 2 of each year up to 35.* (Mark T.) *Any other questions for Margret?*

### **D. Outreach Report:** Given by Chair, Stephanie B.

Dear Fellow Trusted Servants,

I apologize for my recent absence and lack of commitment, due to health issues. I have recently discussed with some addicts interested in supporting Outreach, different ideas to coordinate the needed meeting support in this area. I plan to attend next Sunday's subcommittee meeting with PR and H&I. At that time we will hopefully form a plan of action to build the much needed support for the Outreach Subcommittee efforts. GSR's please continue to announce the need for Outreach Subcommittee support at your homegroup meetings. Thank you for allowing me to serve.

In Loving Service, Stephanie B.

**Discussion:** (Mark T.) *Any questions? If you have a question please raise your hands and wait to be recognized by the Chair.*

(Lavida D.) *Point of clarification?* (Mark T.) *Yes.* (Lavida D.) *I was just wondering is Outreach now going to join back with H&I and PR?* (Stephanie B.) *Inaudible - I haven't made the last couple of meetings however I will be at the next meeting.*

(Lavida D.) *Good.* (Mark T.) *Any other questions?*

### **E. Public Relations (PR) Report:** Given by Chair, Kemper B

*Quite a long report this month so please bear with me.*

Good afternoon. I would like to thank you all for allowing me to serve. PR Met on Sunday, November 11<sup>th</sup> at the normally scheduled time. We discussed the future of the PR Subcommittee as far as next year. During the first budget meeting, I announced on behalf of PR that we would be making our website move next year. We have since made a decision to try to make the move much earlier. The wait for next year was part budgetary, but mostly manpower to convert all of the data to a new website. I will expand more on the website later in my report. We also discussed meeting lists, and the fact that 2 very important meetings are still struggling to find a home, leaving us to vote on waiting until at least next January to print new ones. *Which will be the 1<sup>st</sup> quarter of 2013.* In addition to the printing, we are still figuring out a new format on the meeting lists, to improve design, functionality and effectiveness. This will also be explained more in detail in this report. PR's budget is still at \$240.34.

Our current website is hosted by Web.com. They have a billing cycle of every 28 days at \$9.95 per bill, amounting to \$129.35 for the entire year. Furthermore, we pay Register.com \$37.00 a year for our domain name, totaling the amount yearly for our website to \$166.35. After shopping other similar vendors, I contacted a company call 1and1.com and they gave me a 30 day trial of the product "my website". They offer the first 6 months at half price, and the prices are similar. The billing cycle is quarterly, so for the first 2 bills the price is \$14.97 (\$4.99/month) and the other 2 bills would be full price of (\$9.99/month), each quarterly bill being \$29.97.

## XII. Subcommittee Reports *(continued)*

### E. Public Relations (PR) Report *(continued)*: Given by Chair, Kemper B.

Included in this price would be 1 free domain name, which negates the cost of \$37.00 per year that we currently pay for rappahannockareaofna.com. The full amount for the first year would be \$89.88, saving us \$76.47. The next year at full price would be \$119.88, still saving us \$46.47. Since this is paid for in quarterly installments, we would only be using \$14.97 from our 2012 budget, and come in under budget (if passed) from the proposed 2013 expenses for the website. We will be discussing this move and voting on it at the next PR subcommittee meeting. I worked over the course of the last month moving, updating, and improving the content of what our current website has and porting it over to this trial. It currently is online but has an obscure web address of s441967993.initial-website.com. I have sent this out to some folks on the RANA ASC email list and have been trying to spread the word. I implore anyone that would like to be a part of the discussion of the website transfer to attend the PR meeting this month.

In our discussion about meeting lists we decided to leave off printing due to the meetings that are still looking for homes. We would rather give another month for a chance to be a part of the meeting list printing then to print something incorrect or temporary, or take them off so early in their processes. However, we believed that if these meetings do not have a home by the 1<sup>st</sup> Quarter printing for 2013, they will only be available in their temporary states on the website until the following printing. *Just a clarification on this as I have been trying my best to keep up with the changes weekly for the Saturday night meeting and the other meeting I have not heard anything from.* However, concerning the new design, we have not had much input. I have a possible entry for a new design that I have brought a sample of to area today if anyone wants to look at it, I will pass it around. PLEASE NOTE that this is just a sample, and incorrect information is on there, mainly for design purposes. However, there are a few things that I have to ask certain GSR's to ensure that much of this information will be correct on the design so that we can have the most accurate meeting list as possible.

*I am going skip the part of my report asking specific GSRs until the end of my report, so I am going to continue on with my report. \*Continued reading from \*.*

Primary Purpose: What times are each meeting (beginning-end)? (Tommy G.)12-1:30pm. Inaudible – Sunday format is not Open.

(Kemper B.) *That was something else I want to ask about, the formats are not complete up to date as I have been trying to piece together changes. Perhaps we can pass around a blank piece of paper and GSRs can write down the formats for their meetings.*

Does anyone know if the “Who wants to Live” meeting is handicap accessible?

The Lie is dead address, is it 23592 or 23954?

Double check the dates/times for Noon Beginnings and Final Surrender

Is the Friday dumpster meeting called “New beginnings” or “A New Beginning”, or neither?

Finally, everyone please ensure your meeting formats based on the information in the sample.

\*I attended the 1<sup>st</sup> budget meeting and was unable to make it out to the second one due to work obligation. We discussed PR budget and a vote was passed to propose an increase in the PR budget.

Finally, I will be making a motion today to release \$80.00 of our PR budget to a donation to our region for the phone line as per our commitment in our budgeted expenses from our 2012 budget. I would need to know from someone with experience as to whom I would need to have the Treasurer make the check-out to, and whom I need to deliver said check to for CARNA, and how to contact them.

Our next meeting will be held at the regularly scheduled time on December 9th . Again we urge all GSR's to please take the message back to their home groups that we are voting on the website and meeting list design on this date, and the more folks we can have, the more we can promote God's conscience and unity with this decision. The greater the base, the higher the point of freedom.

In Loving Service, Kemper B. (RANA PR Chairperson)

**Discussion:** (Kemper B.) *That was my report, so before I answer any question I would like to ask certain GSRs questions for the meeting list information.*

Primary Purpose: What times are each meeting (beginning-end)? (Tommy G.)12-1:30pm. Inaudible – Sunday format is not Open.

(Kemper B.) *That was something else I want to ask about, the formats are not complete up to date as I have been trying to piece together changes. Perhaps we can pass around a blank piece of paper and GSRs can write down the formats for their meetings.*

(Mark T.) *A couple of things – Can we mark up the sheet you pasted around? (Kemper B.) There isn't much room on the sheet but it can be marked up. (Mark T.) 2 – back to this website, other than the fact that it is less money is it more user friendly as well? In our opinion. (Kemper B.) Yes, it is better on the eyes. The way that it is designed you can change things easily and change a lot of things at once which makes it cleaner. (Mark T.) Okay. Also I have PR listed on the Agenda as meeting on the 3<sup>rd</sup> Friday which is incorrect. (Kemper B.) It is the 2<sup>nd</sup> Sunday every month. December 9<sup>th</sup> same as H&I from 5-7pm.*

## XII. Subcommittee Reports (continued)

**E. Public Relations (PR) Report (continued):** Given by Chair, Kemper B.

**Discussion (continued):** (Lauchlan P.) *If anyone is interested the new website is mobile friendly and easy to navigate on a phone. If you used your phone on the current website you have to move all around to find what you need. The new site fits very well in a cell phone screen, you can see the whole page. So we send the check we really need to think about who we are supposed to send it to. Nancy is PR Chair. (Kemper B.) It is a Regional Phone line, I know that. (Greg G.) That is what I do. We can write the check to Central Atlantic Region and write in the memo it is for the phone line. I will include it in my report and turn the check over to the Regional Treasurer as the phone line is paid through the Region. There is no separate bank account for the phone line, PR, etc. If we are making a specific donation it is made the same way as our donation to Region. You can mail it to the PO Box if you want or you can give it to me to give at Region.*

(Lavida D.) *When I was down in Columbia Height a few weeks ago I asked Nancy where to send the money for the Phone line and she said what phone line and who are you going to send the check to.*

(Etta F.) *Is there advertisements on the new website? I know we had problems with other website with treatment centers advertising on our sites. The question is are we going to problems with unauthorized advertisers? (Kemper B.) No, you actually have to pay to have advertisers a small fee. I did ask that question when I signed up for the trial. The weird address is actually the live site it just have the permanent address assigned until we sign up. It is considered a private website and I told them we are non-profit so no advertisements.*

*Marc, I do have some other questions for GSRs.*

Does anyone know if the “Who wants to Live” meeting is handicap accessible? (Michelle G.) *Yes.*

The Lie is dead address, is it 23592 or 23954? (Kemper B.) *The address that I was given for the update comes up in Google Maps as a mobile home and the other address comes up as a church, so I need to confirm. 239592 Tidewater Trail is the address that I was given. (John C.) The number I gave Stephanie is actually on the mail box in the drive way.*

(Kemper B.) *What type of building is it? (John C.) Church. (Kemper B.) Was that the 23952 or you can't remember?*

(John C.) *ahhhh... (Kemper B.) I understand if you can't remember, I am pretty sure what I have is what I will use. (Etta F.) Tappahannock proper may use PO Boxes Inaudible – What I am trying to say is that you may have issues with Google Maps given how Tappahannock does there addresses.*

Double check the dates/times for Noon Beginnings and Final Surrender. (Kemper B.) *I don't think Mike is here but I know they had a meeting on Wednesday and then they didn't so I just wanted clarify. (Mark T.) Do we have an email address for Mike? (Teresa C.) Yes. (Mark T.) Let's try to reach him to clarify. (Teresa C.) Lavida, did you stay you are still doing the H&I meeting where Final Surrender meets? (Lavida D.) Yes, just on Wednesday nights 7-8pm.*

Is the Friday dumpster meeting called “New beginnings” or “A New Beginning”, or neither? (Randall D.) *New Beginnings.*

(Kemper B.) *That is it, just be sure to check your meeting formats and the list going around is not fitting so we will be going to legal size paper on the next printing to fit all the changes.*

(Mark T.) *Any other questions for Kemper?*

**F. VRCC Director Report:** Given by Chair, Gary T.

Hello Everybody, The 31<sup>st</sup> AVCNA is only 5 weeks away; it seems that the Roanoke area is ready for the convention. I haven't received the minutes from the last VRCC meeting so I will try and wing it. The ADHOC committee responsible for the Prudent Reserve investigation found that the formula was sufficient for the Corporation. The Prudent Reserve for the VRCC is \$52,968.00. This left a surplus of approximately \$12,000.00. The Policy for surplus funds is 60% is for new comer packages 40% is donated to the Region. This is for the 32<sup>nd</sup> AVCNA there will be approximately 360 new comer pkgs. A New Comer is defined as a person with 90days or less. The remaining \$4400.00 is supposed to be donated to the Dec. Regional meeting. *The last donation was somewhere around \$15,000-16,000.*

There was an issue with a product for the welcome package for the 31<sup>st</sup> AVCNA where US Customs seized the product. PayPal decided against the VRCC for a refund. The loss was \$2100.00. In May I voted against giving so much money for products bought out of China. But I did vote for one product to be purchased as a test for the foreign suppliers. This was around \$350.00 and this product came in without a problem. In July I voted for the remainder of the items asked for by the 31<sup>st</sup>. I am not real happy about this happening and will not vote for anything of these sorts again. I feel like I failed as a Director not protecting the VRCC assets better and will try to do better in the future.

Thank You for letting me serve, Gary T

**Discussion:** (Mark T.) *So we lost \$2,100 and there is no recourse. (Gary T.) We could hire a lawyer but it would cost more than we lost. So they are going to write it off as a loss. The Chair said he will only buy from a local vendor the reason they went to China was the product was a third of the price. (Mark T.) You say that you failed, but you ordered a test product right? And it came in. There is nothing else you could have done. Any other questions? (Etta F.) I just wanted to say you can't take personal responsibility that isn't yours to take. Inaudible. (Gary T.) It was thumb drives by the way, US Customs said they were fakes so PayPal failed us because they ruled in favor of China since they were shipped. (Mark T.) So even we got them we would still be out the money.*

### XIII. Group Service Representative (GSR) Reports

GSR reports called by Secretary to be read to body.

HOME GROUP	GSR/ALT	DAYS AND TIMES OF MEETINGS	# GROUP MEMBERS	# AVG. WKLY ATTENDANCE/ NEWCOMERS	GROUP DONATION	LIT. ORDER
<b>1. Set it Off</b>	Tracey W. – GSR <i>Jonathan - Rep</i>	Sun. 7 - 8:15pm	3	-	\$8.00	\$13.75
It's hard for our home group members to make our meeting. So we need home group members. <span style="float: right;"><i>*Needs help &amp; support.</i></span> Group Anniversaries: Jonathan C.-2 years clean on Dec. 30 <sup>th</sup> . Tracey W. -3years clean on December 22 <sup>nd</sup> (she is a HG member but is celebrating Saturday).						
<b>2. Who Wants to Live</b>	Michelle G – GSR Alt. GSR – <i>none</i>	Mon. – Fri.12 - 1:00pm	54	90/8	\$71.80 <i>*\$72.54</i>	\$67.00
Matt R was voted into Secretary position, 11 voted “yes”. Our last home group meeting we changed our meeting format – Thursdays will now be alternating between traditions <i>and steps</i> 1-2-3. The group is doing well, and looking to better serve the new comer’s. Group Anniversaries: Margret – 2years on Dec. 20 <sup>th</sup> @ Noon meeting. Matt – 9 years on Dec. 28 <sup>th</sup> . <b>Discussion:</b> (Randall D. – Treasurer II) <i>Correct amount was \$72.54,that is the amount you all turned in, not \$71.80.</i>						
<b>3. In It to Win it</b>	Kimberly K. – GSR	Mon. 7:00 - 8:30pm	12	35/9	\$33.33	\$0.00
Good Day Family! Our home group is running smoothly. We passed all motions that we had to vote on. We discussed ideas of having an Area Convention and most of us support that idea. And would be willing to help with it. Steelers are going to kick ravens butt! Thanks for letting me share, have a good evening! Group Anniversaries: Stephanie – 2 years & Shana – 1 year both will celebrate on Jan. 7 <sup>th</sup> .						
<b>4. Hope Fiends</b>	Tony S.	Tue. 7 - 8:15pm	4	21/3	\$10.00	\$47.00
Slow home group member attendance. <span style="float: right;"><i>*Needs help &amp; support.</i></span> Group Anniversaries: <i>None reported.</i>						
<b>5. Standing by Recovery</b>	Steve S.- GSR Alt. GSR – <i>none</i>	Tue. 7:30 – 8:30pm	14	13.5/1	\$20.00	\$39.40
Our group is strong. We had a great B-day celebration for Gary who earned 20 years of clean time on 11/8/12. The cake was awesome. He brought a great lead of people with time and our small meeting was packed. Group Anniversaries: Pam C. – 19 years on 2/3/13. Steve S. – 2 years 1/24/13.						
<b>6. Clean Works</b>	Julie C.– Rep.	Wed. 7 - 8:00pm	7	45-55/3-4	\$40.00	\$25.00
Meeting running smoothly. Newcomer attendance is up but regular attendance is down. Trying to get that attraction rather than promotion. Group Anniversaries: <i>None reported.</i>						
<b>7. The Lie Is Dead</b>	Nelson- GSR	Wed. 7 - 8:15pm	-	-	\$0.00	\$0.00
<i>**Absent at Area 3 or more consecutive months**</i>						
<b>8. Start Living Group</b>	John C. – GSR Robert – Alt. GSR	Thu. 7 - 8:00pm	10	12/2	\$20.00	\$0.00
<i>None</i> Group Anniversaries: <i>None reported</i>						
<b>9. Freedom from Bondage</b>	Michael M. - GSR	Thur. 8 - 9:00pm	7	15/1	\$0.00	\$0.00
Round is in need of dedicated home group members. We are not donating to area or have a literature order due to group unorganization. Still looking for a new meeting space. <span style="float: right;"><i>*Needs help &amp; support.</i></span> Group Anniversaries: <i>None reported</i> <b>Discussion:</b> (Greg G.) <i>How is looking for a new meeting space goingI mean it has been 3 or 4 months. (Michael M.) I guess we never heard back from the place Margret was talking to. Me and Kelly are supposed to go out next week and talk to Churches. I was supposed to that with Casey a couple times he flaked out on me. If I could get a couple dedicated people. (Greg G.) You guys need help with that? (Michael M.) Actually I do. (Greg G.) GSRs take note of that. It is all of our collective responsibilities to not let a meeting close not just 3 home group members.</i>						
<b>10. Man Up to the Flatbook</b>	Cleo J. - GSR	Thur. 7 - 8:30pm	12-14	15-20/1	\$0.00	\$26.00
All is well. <i>We will having a Speaker Jam, we have not secured a date yet, theme – Our House Rules, the Ties that Bind Us. We will have flyers and more information coming but we wanted to let you all know it is coming. Our groups is doing well and we have taken the incentive to do the Bylaws. We are in the processes of making our group stronger and encourage any input.</i> Group Anniversaries: Joseph F. – 1 year on Dec. 6 <sup>th</sup> . Kenny F. – 4 years on Jan. 10 <sup>th</sup> both at Man Up to the Flatbook. <i>Cleo J. – 21 years on Jan 17th.</i>						
<b>11. New Beginnings</b>	Tee Tee – GSR Brandon H. – Alt.GSR	Fri. 7 – 8:15pm	4	15-20/4	\$60.00	\$28.00
Our group is doing well but we are struggling with home group members. We are now down to 4 active home group members. <span style="float: right;"><i>*Needs help &amp; support.</i></span> Group Anniversaries: <i>None reported.</i>						
<b>12. Primary Purpose</b>	Tommy G - GSR	Sat. & Sun. 12 – 1:30pm	5	10+/1	\$0.00	\$0.00
Need home group members!! Good shape otherwise. <span style="float: right;"><i>*Needs help &amp; support.</i></span> Group Anniversaries: <i>None reported.</i>						

### XIII. Group Service Representative (GSR) Reports *(continued)*

HOME GROUP	GSR/ALT	DAYS AND TIMES OF MEETINGS	# GROUP MEMBERS	# AVG. WKLY ATTENDANCE/NEWCOMERS	GROUP DONATION	LIT. ORDER
<b>13. Experience, Strength &amp; Hope</b>	Etta F. – Rep <i>OPEN- GSR</i>	Sat. 7 - 8:30pm	25-30+	30/	\$20.00	UNK
The Experience Strength and Hope group is still meeting Saturday evenings at 7p however we have not found a stable home yet. We have been meeting at Falmouth Baptist Church. Membership is slightly down from the usually 50-60 to about 30. We are hopeful in finding a new place and rebuilding this group very soon as it is the 2 <sup>nd</sup> oldest group in the area. If anyone has a suggestion please let us know. Home group members have researched many sights but our meeting size and church programming have made this a tough obstacle for us. Despite all that is happening we are donating \$20 to area today and we have several upcoming anniversaries that will be celebrated. Antoinette B will celebrate 31 years on Jan 26 <sup>th</sup> , Randall will celebrate 8 yrs on January 5 <sup>th</sup> and Traci W. will celebrate 3 yrs on December 22 <sup>nd</sup> . In Loving Service, Etta F. ( filling in until we get a GSR) <span style="float: right;"><i>*Needs help &amp; support.</i></span> Group Anniversaries: Traci W. will celebrate 3 years on December 22 <sup>nd</sup> , Randall D. will celebrate 8 years on Jan 5 <sup>th</sup> and Antoinette B. will celebrate 31 years on Jan 26 <sup>th</sup> .						
<b>14. Clean and Serene</b>	Dominic E. – GSR Alt. GSR - <i>none</i>	Fri. 10- 11pm	3	10-15/2-3	\$10.00	\$41.50
All is well though we can always use more home group members as well as experienced members. <span style="float: right;"><i>*Needs help &amp; support.</i></span> Group Anniversaries: <i>None reported.</i>						
<b>15. Final Surrender</b>	Brandon H. – Rep.	Mon., Tue., Fri. & Sat. 7- 8:30pm	?	??/	\$?	\$3.00
The Final Surrender group is still running however there are needs for trusted servants especially a GSR and experienced members. <i>I am picking up a back order today and do not have any knowledge of attendance as I have not been attending this meeting, I have only attended the H&amp;I meeting that meets there.</i> Group Anniversaries: <i>None reported.</i> <span style="float: right;"><i>*Needs help &amp; support.</i></span>						
<b>16. Noon Beginnings</b>	-	Sat.-Sun. 12 -1pm	UNK	UNK	UNK	UNK
ABSENT Group Anniversaries: <i>None reported.</i>						
<b>17. Colonial Beach Survivors Group</b>	Bill C. - GSR	Fridays 7-8pm	UNK	25/2	UNK	UNK
All is well in Colonial Beach. We hope everyone has a couple of nice holidays and I'll see you next year!! Group Anniversaries: <i>None in December.</i>						
<b>18. Beautiful Butterflies of Recovery</b>	Terri Q - GSR	Saturday 10-11am	5	12/2-3	\$30.00	UNK
Meetings going well. Growing weekly averaging 2 newcomers per meeting. Added 2 new home group members. Strong spirited group! Group Anniversaries: <i>None reported.</i>						

### XIV. 2<sup>nd</sup> Quorum

Legend: P = Present A = Absent

HOME GROUP NAME	P/A	NAME	POSTION
1. Set It Off	P	Jonathan	Rep
2. Who Wants to Live	P	Michelle G.	GSR
3. In It to Win It	P	Kim K.	GSR
4. Hope Fiends	A	Tony S.	GSR
5. Stand By Recovery	P	Steve S.	GSR
6. Clean Works	P	Julie C.	Rep
7. The Lie Is Dead	A	-	-
8. Start Living Group	P	John C.	GSR
9. Freedom from Bondage	P	Michael M.	GSR
10. Man Up to the Flatbook	P	Cleo J.	GSR
11. New Beginnings	P	Tee Tee	GSR
12. Primary Purpose	P	Tommy G.	GSR
13. Experience, Strength & Hope	P	Etta F.	Rep
14. Clean and Serene	P	Dominic E.	GSR
15. Final Surrender	P	Brandon H.	Rep
16. Noon Beginnings	A	-	-
17. Colonial Beach Survivors Group	P	Bill C.	GSR
18. Beautiful Butterflies of Recovery	P	Terri Q.	GSR

### XV. Old Business

#### Area Motion:

- A. **Motion 10/07-08:** Maker: Greg G. 2<sup>nd</sup> by: Kim K  
*\*2<sup>nd</sup> Vote*  
 Add under Article 8, Section 1 – All GSR's or designated representative must be present to carry their groups vote. No Proxy  
**Intent:** To hold our leaders trusted servants responsible to those they serve. Concept 4.  
*\*See October Minutes New Business (XVII) for more details.*  
**November VOTE:** Abstain= 6, For=3, Against= 0  
*\*Goes back to Groups for 2<sup>nd</sup> time to be voted on at December ASC.*  
**December VOTE:** Abstain= 0, For=9, Against= 1  
**Motion – PASSED**

#### No Discussion

2 <sup>st</sup> QUORUM CALL -Must 4 per Bylaws	
Group Represented	15
Procedural Votes	15

## XV. Old Business (continued)

### Regional Motion:

- B. **No # given (158):** Passing of CARNA 2013 Proposed Budget. GSRs were given hard copies of budget to take back to groups for vote at November ASC.  
*\*Please see November Minutes - RCM Report (XI) on page 3, paragraph 2 for more details.*  
*VOTE: Abstaining=0, For=13, Against=0* **Motion – PASSED**  
**No Discussion.**
- C. **Motion 10/07-05:** Maker: Rudolph C. 2<sup>nd</sup> by: Dot G.  
To host an Area Convention.  
*\*Removed in October. Groups were instead to discuss at home groups and bring back a STRAW POLL Vote at November ASC.*  
*\*\*Groups to discuss again and bring back STRAW POLL Vote at December ASC.*  
**Intent:** To help promote Unity for our Area and fun in blessed fellowship  
*\*See October Minutes New Business (XVII) for more details.*  
**November STRAW POLL VOTE:** Abstain= 0, For=0, Against= 0  
*\*Motion went back to groups again for a new straw poll vote.*  
**December STRAW POLL VOTE:** Abstain= 2, For=9, Against= 2 **Straw Poll Motion – PASSED**  
**No Discussion.**
- D. **Motion 11/04-05:** Maker: Greg G. (RCM I) 2<sup>nd</sup> by: Dominic E.  
To submit a motion to the Central Atlantic Region to write a letter of support for Etta F. to interview for the position of co-facilitator at WSC.  
**Intent:** To support Etta. F. in her endeavor to be involved with World Service.  
*VOTE: Abstain=0, For=12, Against=0* **Motion - PASSED**  
**Discussion:** (Teresa C.) *Greg, you said you were going to write the letter, correct? (Greg G.) No, if you want me to I will. (Teresa C.) I could have sworn that you did otherwise I would not have asked across the floor. We can deal with it in Open Sharing. (Greg G.) I don't even know what it is supposed to say.*
- E. **Motion 11/04-06:** Maker: Michael M. 2<sup>nd</sup> by: Bill C.  
To send the 2012 Budget back to groups to be approved for 2013 until budget meetings can be held to establish a new budget.  
**Intent:** To go into 2013 with a working budget and not to have to send every expense over \$30 back to groups to be voted on. Also to keep business moving.  
*VOTE: Abstain=0, For=12, Against=0* **Motion – PASSED**  
**No Discussion.**
- F. **Motion 11/04-08:** Maker: Greg G. (RCM I) 2<sup>nd</sup> by: Dot G.  
To create a standing Policy Subcommittee.  
**Intent:** To have updated Bylaws.  
*VOTE: Abstain=1, For=9, Against=0* **Motion – PASSED**  
**Discussion:** (Teresa C.) *The correct motion number is 11/04-08. \*Was read as 11/04-06 as there was typo on the approved December Agenda.*

## XVI. Open Sharing

(Etta F.) *We had a lot of displacement of meetings here and we combed through something like 30 churches. Our home group has a unique problem because we meet on Saturday as it is a very large home group with about 50 people attending on a regular basis and anniversaries can be up to 100. We need a large structure, like a fellowship hall, but because it is a Saturday in Fredericksburg, churches do a really good job of programming on weekends which means they have to bump us to another space and all the other space is a Sunday school room which is not going to work, you can't cram 50 people into a small room. A lot times we find that the Pastors say "yes" but the Trustees say "no". That pushes us to a place that we can't afford, people has said Community Centers but we don't have \$150 every time we sit down for a meeting. The question that was brought to me was from someone new to the Area, but older in recovery – Has Narcotics Anonymous burnt bridges in this town that makes it so hard to find a place? Do we have a bad reputation? As long as I can remember I can't remember us getting kicked out of anywhere except this one place. So I don't think we necessarily have a bad reputation, but that...My share today is on, I see that PR is doing a lot of work on the website but we need some work on PR creating a face of recovery. They are not saying "no" to AA in this town those guys have plenty of meeting spaces and a lot of those meetings are large. Which means that once an addict, always an addict may be a problem here that they are not seeing us as a viable means of recovery.*

## XVI. Open Sharing (continued)

The other thing is that we are seeing that law enforcement and the judicial system is beginning to engage in sending peoples treatment plans for recovery. I won't go into that in fully, but we should never be dictated of which mode of recovery we should be able to choose as a result of our treatment plans. So what that says is that we need a lot more PR presences and I don't know what is going on in terms of that on the PR Subcommittee. I see they are doing work, but not necessarily work on being in front of people. Last night at our home group we were told that someone went to look for a meeting space and the joke was made, we are addicts, we need a place and we steal. You know that is a good joke for those of us that are in recovery – ha, ha, ha, but when we are out in front of people we need to be wearing the right clothes, not piercing all over the place although we like to piercings, tattoos covered, we need to go in looking like respectable members of society and speaking the right language and putting the right kind of face on Narcotics Anonymous when we are presenting ourselves to the community. There is another conversation I had late last night with someone that they were concerned about addicts being at a church on a night that there are children programming in another part of the church because they were afraid of addicts being near children in the bathroom. That means they are not seeing us in a favorable way. This share today is about supporting PR and getting some people that are willing to go and start doing what PR does which is to sit down in front of drug court in front of the judges, getting in front of churches and putting on presentations so that we can recreate a fonder attitude in this town so that we might be able to pave the way because we are not supposed to stop at 20 something meetings, we have an opportunity as a growing fellowship to stretch out and grow more meetings. But we are not going to get those meeting places in they don't like us. Thanks, that's all I have.

(Lauchlan P.) Etta, I just wanted to ask – so you say to show up to PR meetings and have people that are willing to go talk to the drug courts and the judges...that is that what you are saying? (Etta F.) PR subcommittee would be the once responsible for putting together panels of people who would do presentations. People were doing that at one point in time here, very well actually and formulated a relationship with RASPAD awhile back. But people turn over and it is no fault of anybody and it's not that PR is not doing anything; this is just bringing attention to that this is something that is needed. We need to go to the PR handbooks so that we go about this in the right way so we are not just walking in blindly. There are wonderful slide shows and presentations, train the trainer, so we know what to say when we go in there. That way we aren't going in saying "Hi, we are some addicts and we want to use your place and we are okay." that is not going to cut it. (Steve S.) I was sentenced through the Probation Dept. for my treatment plan, so I think our focus may be more on the Probation Dept. vs. judges. (Etta F.) There are other treatment modalities other than AA and NA. The judicial system is now infringing on sentencing people to other modes of treatment all together. Okay, so what we need to do is put together a face that says – First of all they should not be making a decision on where we recover. Give them a face that says when it time for them to determine what might be helpful to a person's recovery they will move them to a place where they can choose AA or NA, instead of writing down, go to your doctor and get some medications.

(Mark T.) That's altruistic, I wish that could happen and I agree PR is a place to start. With that said, Kemper?

(Kemper B.) I do have our mail by the way, I forgot to mention that earlier. It is assorted and I would like to say that we get mail from other mail boxes and we get mail that says Box 30 but it is definitely not. So I have had to return mail before. As far as what Etta said, I do want to comment to say that we do need to make a push to get in front of people so that they know what we are doing is something of love and care rather than the stigma that haunts us. With that being said I definitely implore everybody to take this message to the groups and please let them know we definitely would like some support.

Unfortunately the career switch that I had during my time in PR in my past job I would have been able to be one of the faces however now I am in a local government job so I really do need to help others so we can form a better subcommittee so we can get members to duties kinda like what H&I has been doing. We have discussed that at a lot of our meetings however there is not a lot on the PR side of the table and it has been just keeping up with the things that have been running and need to be running like meeting lists. So I definitely encourage everybody to try to make it out to PR. I do want to also say that I do encourage everybody to come out, back when I was just in PR and not the Chair we had a good group of people and I am sure we can get more involved. We have the PR Handbook and information, I have all that stuff and I cart it around in my car all day in case I show up at a PR meeting and there are 20 people there that we will have some things to work on. We did have a large push and it only lasted a few months and the next thing you know and we back to the whole drawing board sitting there and we weren't sure what went wrong. So I am kinda in that position lately where I show and I am cheering the meeting and it has more business as usual because we don't have new folks coming to be able to represent PR. We already have some H&I commitments which is good, but more or less we have been sitting on lack of participation for a while now. So I would encourage you to take the message that Etta gave back to your groups and consider it as for the fate of our area.

(Gary T.) I am going to change the subject since it is Open Sharing. I just wanted to put out there that the Straw Poll was in favor of the possibility of a convention in our area and I just wanted to point out that the AVCNA costs between \$28K-\$30K to put on a 2 ½ day event and we have meetings that can barely make their rent. So if you do decide to do this there is going to have to be a lot of fund raising and if it is down to a 1 day event it is still going to cost a boat load of money, take \$27K-\$28K divided by 3 and that is probably about an average of a day for a convention. That is just my opinion on that.

(Etta F.) When we had the AVCNA I was like "NO! Don't do it we don't have enough people!" But we pulled it off and we did a very, very good job. I am looking at all those people that helped us with that convention, all those newcomers they

## XVI. Open Sharing (continued)

are not with us anymore or they are just resurfacing when we talk about people who have convention experience. This is the story of Narcotics Anonymous, this happens a lot. I was thinking about this whole thing and I thought "Oh my God what in the world are we thinking?" When you think about a convention, but you know the point is I like to see pros and cons on everything and there is an interest. We need to think about this is a World Convention year and by the way registration opens December 5<sup>th</sup>, this coming Wednesday for the World Convention in Philadelphia. This would not be the year to do a convention, we are looking at 2014, possible 2015 and we have time if we are going to do it that doesn't mean it has to be done right now. We can say in a year or 2 years which gives you time for fund raising. The second thing is that when I have been out there looking for places for the home group, I found some wonderful places for conventions! Like Liberty Lanes has this huge hall that will hold like 1,500 people there are places here, right here in Fredericksburg, not the convention centers that has those high prices that would actually keep this thing affordable. I found 3 places to note that would actually hold a mini convention because INAUDIBLE is trying to do their first mini convention right now and they are doing like the day and half thing instead of a full 2 ½ days. As much as I like to kick and scream that there is more work than can be done, I hate to say it but it is really possible that we could do this.

(Rudolph C.) I just want to speak to Kemper, there was a lot of doors that was opened when I was the PR Chair when we had another H&I Chair and a lot of stuff the ball got dropped. We had opportunities to present Narcotics Anonymous as a whole to the Probation and Parole Office which is at District 21 in Massaponax, which there is still is 1000% participation with these people and they still ask me every time they see me where is our IP information so they can store it and have it in the lobby so these people can have this information. There is so much opportunity. I think we just kinda got lost in the sauce with other things and changing in command. Due to this process I have had a couple time an opportunity to speak and celebrate recovery which gave me a formal opportunity to meet the judges Fredericksburg, the judges in Stafford, the judges in Spotsylvania who came out. I shook hands with judges. And I also shook hands with the head dept. of drug court, forgot what her name is and she calls me at least once a month on my job just to see what we are doing, so I know the opportunity is there it just needs to be passed around. I don't have a problem with doing that because I do want Narcotics Anonymous to be known as we are here to help. With that being said I think I just put out there to both the PR Chair and the H&I Chair that we do have possibilities. There is the possibility that we could use the room at Probation and Parole that they have their drug classes in which is a whole separate room and it could possible fit 50-75 people with no strings attached. Just sitting at a table and dialoguing with those folks that have those keys and explaining to them what is going on. I am hoping that Ms. Brown will get back to me, maybe because of the holidays there is a lot going on and I just can't get in contact with her. As soon as she does, I don't have a problem saying "Hey, can you call so and so because this is a home group that is struggling. We will take the opportunity to have this. There is plenty of parking spaces, we can use the DMV we can use their parking lot. I just have a great opportunity at my job to meet a lot of people, influential people in this area. I have another lady that works at DSS and she will be getting back in contact with me on Thursday in reference to her church which is in Spotsylvania, they have a huge banquet room and all these new empty rooms so I will let you know because I don't want that meeting to die. That was my first home group that home group saved my life. So I am trying to do whatever I can because this program has offered me the life I have today.

(Jonathan) I have spoke to a Probation officer about that room to try and get it for the Thursday night 8pm meeting and I think the last time I talk to her she said a church had bought it and that it wasn't available. I could actually ask her again if you want me to because I am going to meet with her on the 5<sup>th</sup> of this month.

(Mark T.) I think it would be more appropriate if we talk about this in the PR meeting in the interest of time I have lots of new business to go through.

(Lavida D.) We meet on a regular basis, both PR and H&I, the problem is we don't have people stepping up to do serve and so we continue to trying to figure out different ways to recruit, retain and so I just encourage you all to keep announcing that H&I and PR meet every month and we need bodies. The whole social media thing, I don't understand it but people do and they keep think that is a way to recruit people. We need people to step up. We need folks to go out and meet with these people and only 2 people can't do it.

(Greg G.) I just ask to move on so we don't run out of time.

(Teresa C.) I just wanted clarify – I wasn't putting you on the spot Greg I really thought that I heard that you were going to write it. So just to be clear about the letter for Etta – either you write it, I write it and Etta can look at to make sure I got everything in it, but I just want to make sure that it gets done because we passed the motion to do so. So the 3 of us can close the loop and get it done.

(Greg G.) Antoinette, I just wanted to ask and I am sorry I did not ask when you read your report, but what is the actual balance in our bank account? (Antoinette B.) I just got the stuff and so I will put it in because I did not have access to it. I just go em, so I will be able to give you a more conciser report. (Greg G.) Will you know before I go to the Regional Meeting so I can have that for my report? (Antoinette B.) Yes I will.

(Greg G.) The other topic I had was Rudy and I got 4 of these surveys back out of 16, if you don't have one I have copies here. We really, really need that info filled out from you guys. Can't force you to do it, but it will really help us in creating a GSR Orientation which all of you said you wanted. So if you don't have one or you lost the one you had before you can

## XVI. Open Sharing (continued)

take one, fill it out maybe take a couple days and get it back to us. Does anyone need one?

(Mark T.) Understand that this is an anonymous thing that our RCM is asking for it is just a simple page. If you don't have an answer for the question then you can answer 3 of them.

(Teresa C.) Steve did you do one? (Steve S.) No. (Teresa C.) Did you want to do one?

(Gary T.) What is the policy of the Area if you send out a vote and you there is only 10 representatives and the 10 take it back and the following month there is 15 representatives that throws quorum way up there. So if you have the 5 people who weren't here the month before abstaining because they weren't here to get the motion or they don't get the emails or the minutes –What is the policy on that? Because that could really changes things around.

(Greg G.) It still has to be half or more. (Mark T.) I think that what you are getting at is that people brought a vote back that weren't here from the previous Area? We have to take people at their honor, nobody can police that but understand it is a majority and really except for a regional vote we only need 4 people for quorum. That is currently in the policy it hasn't changed. (Gary T.) I am not saying that they are voting when they should be, I am saying if they don't vote because they weren't here in the abstention rule it throws everything way off. (Mark T.) If it is more than 50% abstentions then it is supposed to go back. We are leaving the Open Sharing session and on to the Election of New Officers.

## XVII. Elections for Open Positions

**\*Vice Literature Chair**

**\*Secretary II**

*\*See your copy of the Bylaws for aualifications*

No nominations.

Please announce Vice Literature Chair, Secretary II and now the NEW position of Policy Chair are open positions.

## XVIII. New Business

### **Regional New Business Motions:**

*No new Regional Business for December.*

### **Area New Business Motions:**

**Motion 12/02-01:** Maker: Greg G. (RCM I) 2<sup>nd</sup> by: Kim K.

***\*To be voted on by groups and brought back to January ASC***

Add to agenda, Roman numeral III. Roll Call of Executive Committee Members & Subcommittee Chairs

**Intent:** To have a formal roll call of trusted servants.

**Discussion:** (Mark T.) This is to add roll to the committee members, not just the GSRs/voting members. (Etta F.) Is that a policy change or is that just housekeeping something that can be taken care of here on the floor. (Mark T.) We don't have a policy chair yet. (Etta F.) It looks like a clerical issue that something wasn't handled right. (Mark T.) That is not my understanding, there is an actual formula in the Bylaws for the agenda and that is not one of the line items.

(Mark T.) If no one objects I am just going to pass the motions around the table so you can all copy it to take them back to your groups for a vote.

**Motion 12/02-02:** Maker: Julie C. (Activities Chair) 2<sup>nd</sup> by: Bill C.

***\*To be voted on by groups and brought back to January ASC***

To get \$50 for the copying of the Area Speaker Jam flyers to distribute throughout the Region & the Area.

**Intent:** To help with participation.

**Discussion:** (Mark T.) This motion is to go back to groups as it is more than \$30.

**Motion 12/02-04 :** Maker: Julie C. (Activities Chair) 2<sup>nd</sup> by: Terri Q./BUDGETED

***\*Budgeted – no vote required.***

To have a check made out to “High Peak Sportswear” in the amount of \$245.00.

**Intent:** To raise monies for our Subcommittee which in turn raises monies for the Area.

**Discussion:** (Mark T.) This is budgeted. (Teresa C.) You did not need to have it seconded. (Antoinette B) How much did you say? (Mark T.) \$245. (Antoinette B.) It is \$249.38. (Rudolph C.) Yes, but we just needed the amount that was within the budget. (Julie C.) The group is adding to it. (Mark T.) So that is accurate? (Julie C.) Yes.

(Mark T.) Point of clarification Greg, do you know the answer to this? Do I have to call this to a vote if it is budgeted?

(Greg G.) No the motion form is just for accountability.

## XVIII. New Business (continued):

**Motion 12/02-05:** Maker: Greg G. (RCM I) 2<sup>nd</sup> by: Etta F/ BUDGETED

*\*Budgeted – no vote required.*

To provide funding to RCM team in the amount of \$52.80 for gas to attend RSC on 12/15/12.

132 miles /15 miles per gallon = 8.8 gallons

8.8 gallons x \$3.00/gallon = \$26.40 per RCM

**Intent:** Tradition 7

**Discussion:** (Mark T.) *This is budgeted, correct? It doesn't say that on here.* (Greg G.) *It is budgeted yes, but I have to account for how much it is and what it is for. So you guys know we have to drive separate this time because I am not coming back so Rudy will need money for gas.* (Mark T.) *Ever?* (Greg G.) *Never* (Body) *laughter*

**Motion 12/02-06:** Maker: Kemper B. (PR Chair) 2<sup>nd</sup> by: BUDGETED

*\*Budgeted – no vote required.*

To release \$80 in the form of a check to CARNA for a donation for the Regional phone line give annually per our budget.

**Intent:** To comply with the allotted expenses and remain accountable to the purpose of the monies budgeted for this year.

**Discussion:** (Mark T.) *We already went over this.*

**Motion 12/02-07:** Maker: Greg G. (RCM I) 2<sup>nd</sup> by: Etta F.

***\*To be voted on by groups and brought back to January ASC***

Add to Article 6. In RANA Bylaws Section 7 – Policy Subcommittee: The purpose of the Policy Subcommittee is to discuss motions and proposals that amend the RANA Bylaws Service Guidelines & Rules of Order. Advise the RANA members regarding Bylaws & Rules of Order.

Policy Subcommittee – Qualifications & Duties:

A. Two (2) years clean time

B. One (1) year term

C. One (1) year ASC experience

D. Keep updated Bylaws and distribute to RANA members

E. Hold monthly meetings to review Bylaws and discuss motions sent to committee.

**Intent:** *None given*

**Discussion:** (Mark T.) *This is to go back to groups I am going to pass it around. Keep in mind that we voted to have a Policy Subcommittee so we need to set up Qualifications and Duties.* (Rudolph C.) *So would that motion go to that Policy Committee or would it go to this body? Because they are the once that are going to be justifying the Bylaws correct?* (Mark T.) *That is correct. Currently there is no Policy Chair or anyone in that subcommittee so this is a proactive motion. I am not going to rule it out of order unless someone sees a reason it should be out of order. There is no standing member of the Policy Subcommittee so this is a proactive motion to get that in place.* (Teresa C.) *What comes first the Chair or the Qualifications & Duties....* (Greg G.) *Basically what it is, I took a part of the CARNA's policy – what the duties of what a Policy Subcommittee is and took our Bylaws and just tried to create some sort of beginning. Because now we have to take this to GSRs and as we have another Area position open and they are going to need to have something to reference so the position can be filled. So please write that down and make that announcement as next month so we have some sort of guidelines on who to elect and what kind of requirements we need. We can change it at any time. Chicken or the egg? I say the egg.* (Mark T.) *In answer to your question Rudolph that is what I am trying to get at.* (Rudolph C.) *I follow.* (Mark T.) *I don't know if it would be prudent or even responsible to elect someone to chair a subcommittee with no guidelines, but that is my take on the whole thing.* (Greg G.) *If anyone has anything they would like to add to the motion as an amendment as far as duties, qualifications, clean time, and experience?* (Etta F.) *I would like to amend it.* (Greg G.) *Accepted.* (Etta F.) *Have working knowledge of the 12 steps, 12 traditions, 12 concept, a sponsor in Narcotics Anonymous as far as INAUDIBLE.* (Mark T.) *I don't know if I have ever seen that come up, I don't know if I have seen that not be questions when somebody was asked for their qualifications. But your saying that you want to amend those qualifications and Greg you are good with that?* (Greg G.) *Actually I do not accept that amendment and the reason I don't is because at the beginning when it talks about Subcommittees it states that.* (Etta F.) *So it is already in policy.* (Mark T.) *So this whole Policy Chair is a good thing, right?* (Body) *Right.*

**Motion 12/02-03:** Maker: Teresa C. (Secretary I) 2<sup>nd</sup> by: *\*Budgeted*

*\*Budgeted – no vote required.*

Reimbursement for printing \$16.24 (receipt attached). Budget ends for 2012 at \$48.42, started with a combined Sec. I & II budget of \$240.00.

**Intent:** To be fully self-supporting.

(Mark T.) Yes Greg. (Greg G.) Can I ask a question of the GSRs? Out of the 16 GSRs here, who has a copy of the RANA Bylaws? 8. So that is 8 that don't. How can we get some more of these? Who would be responsible for that? (Kemper B.) They are online. (Greg G.) Are they updated online? (Kemper B.) When the updates are made and sent to me up load them under the Area Service link. (Mark T.) Greg when every group was started the GSRs got one to take back to their group. I would ask the GSRs to look in their boxes for it and make sure it's not there. Or try to contact the previous GSR, but it is online. Everybody did get one. (Greg G.) But there are a lot of new ones though. And the first thing the Policy Subcommittee should do is – the Bylaws say January 2012 and they should specifically change that every year for all the motions that have been passed for that year and print them out again.

(Mark T.) If there are no more motions or other business I am going to move on to XIX.

## **XIX. Review of Group Status and Business**

Includes welfare of groups not represented for 2 months.

(Mark T.) This is also the time to discuss meetings struggling for a meeting space. The GSRs need to write it on their report forms and take it back to their groups – the Saturday night meeting is still looking for a place to meet and it needs to be a large venue. The people that know about this and put it out there the better chance we got.

(Teresa C.) New Beginnings, Tee Tee's group needs home group members she said they were struggling they only have 4 home group members. (Tee Tee) 3. (Mark T.) That is Friday night. The Friday night meeting needs new members. (Teresa C.) Freedom From Bondage, Michael and Greg discussed that they need help trying to find a new location. (Lauchlan P.) That is Thursday night, candle light. (Teresa C.) Jonathan...help me out what meeting do your represent that you said needed help? (Jonathan) Set it Off, (Teresa C.) Sunday night. He said his group was struggling as far as... (Jonathan) Our group is really struggling as far as home group members. (Teresa C.) Bottom line is you need support.

(Mark T.) Any other group status anyone wants to talk about? (Teresa C.) Hope Fiends, Tony had shared that they needed support. He is not here now. They were absent last month and Tony said today during his report they have a real lack of support. (Rudolph C.) They need home group members. (Teresa C.) Same thing that most groups shared, they need support, home group members and experienced members. The Lie is Dead is still not attending ASC. Noon Beginnings was the meeting the Michael was representing. (Mark T.) In Bowling Green? (Teresa C.) Yes. (Mark T.) Lavidia are you still carrying a meeting down there for H&I on Wednesdays, right? (Teresa C.) That is Final Surrender. (Lavidia D.) On Wednesdays, yes.

(Greg G.) I wanted to bring up that there was a fight at the Tuesday night meeting, in the meeting. I am just curious as to if there were any ramifications to that and what happened? Not necessarily what happened but was there duress with the members that fought in the church? Does anyone know about this? (Mark T.) Greg is asking for, not hearsay but the real deal, right? Tee Tee do you have something? (Tee Tee) Nothing really happened from it as the church members did not find out about it. The person that was involved in it has not showed up since. I don't know if he has actually been addressed personally. (Greg G.) Okay. We can't fight in churches, that is bad. (Mark T.) We really shouldn't be fighting outside the church either, just don't do it. (Greg G.) I know Tony said their group really needs support but there are no home group members here to tell us if that is what happened. When that stuff has happened at Monday night we had a whole bunch of folks to help us take care of those situations, but we are a bigger group. Tuesday is not so I guess my question is, do they need help with that situation or is it done and over with? (Tee Tee) It's done. They handled it pretty well. (Greg G.) Okay.

(Etta F.) Several weeks ago at the Sunday night meeting there were 2 members that had an argument outside and Thank God a member that worked there shut the whole thing down. But we have Disruptive Behavior written by Narcotics Anonymous, the blue and white booklet and GSRs it is probably a good thing to go back and address with your groups. If you don't have that IP then you should get a copy of it for your meeting. You should talk to your Chair people about this because if you have a Chair person that does not know how to restore order to the meeting then we are going to have problems. So we can give support, but it probably a good idea to start doing a workshop on how to be a strong home group and disruptive behavior.

## **XX. Adjournment & Serenity Prayer**

**Motion 12/02-11:** Maker: Michael M. 2<sup>nd</sup> By: Tee Tee

Motion to Close

VOTE: Abstain= 0, For=10, Against= 1

\*Procedural Vote

**Motion – PASSED**

## Appendix A – November Treasurer’s Report

*\*Emailed to Secretary on November 21<sup>st</sup> after November Minutes were closed. Added to December’s Minutes for record keeping purposes. See Treasurer’s report on pages 3-4.*

November, 04, 2012

Good Afternoon,

*I am your Treasurer reporting how things are going with our finances there are a few things that I have to discuss with this body today the first is the break down of the monies collected and deposited. The groups donated last Area and we are grateful for their contributions the groups are listed as follows :*

*Final Surrender : \$3.00*

*Hope Fiends : \$ 20.00*

*Set It Off : \$10.00*

*Clean & Serene: \$10.00*

*Clean Works: \$50.00*

*Who Wants To Live : \$61.06*

*Total: \$ 154.06*

*7th Tradition : \$12.00*

*Literature Turn In : 530.50*

*Total deposit to the bank : \$696.56*

*I have read the By-laws and according to page 6 Section 6- Annual Budget it reads each year the Annual budget is subject to review and alteration by all member of RANA. The following procedures apply:*

*A. In September the ASC Chair allows for time in New Business to discuss the upcoming annual budget preparation.*

*B. In October, the Administrative Committee Members and the Subcommittee Chairs are required to meet weekly to review and make necessary changes to the Annual Area Budget. All members of RANA are invited and encouraged to participate.*

*C. At November’s Area, the treasurer submits the proposed budget.*

*D. The budget follows the calendar year.*

*I would like to welcome Randall D as the Treasurer 11 I pray that we will come together and share the duties and responsibilities of this position.*

*I have found that I have not properly executed this aspect of my job duties and responsibilities. I am in a learning curve having just been acclimated to this position . When I had planned to do the budget meeting we were hit with Sandy and I had to work back to back overnights at the bad weather shelter. I was not able to execute a budget meeting. I need this body to help get into the solution to be able to have a review and adjustment the budget if necessary . I first have to get this body's okay to start where we are at since I am out of order of the timeline the By-laws have implemented. I hope we can revisit this in new business . I have a location we just have to agree to a date and a time.*

*I have not received a key to the post office box and Laughlin I coordinated to meet this Saturday to put me on the account however we did not meet the time constraint of the bank so it was closed we will be at the bank the beginning of this week to take care of this week. Please have patience with this Trusted Servant I will get better with the help of you people.*

*In Loving Service, Antoinette*

**Appendix B – Proposed Budget Changes: Budget for Jan. 2013**

*See Treasurer's report on pages 3-4. Hard copy handed out to GSRs and Representatives at Area for voting.*

**To be voted on at January ASC-No Motion Form submitted, no number given**

<b>Chair</b>	<b>\$ 35.00</b>	<b>No Changes</b>
<b>Vice- Chair</b>	<b>\$ 35.00</b>	<b>No Changes</b>
<b>Secretary I</b>	<b>\$100.00</b>	<b>\$240.00 Combined</b>
<b>Secretary II</b>	<b>\$140.00</b>	
<b>Treasurer I</b>	<b>\$35.00</b>	<b>No Changes</b>
<b>Rent</b>	<b>\$120.00</b>	<b>No Changes</b>
<b>P.O Box</b>	<b>\$124.00</b>	<b>6 Months= \$240.00 1 Year</b>
<b>Literature</b>	<b>\$3,000.00</b>	<b>No Changes</b>
<b>PR</b>	<b>\$900.00</b>	<b>Increased to 1,200.00 (Phone Line Cost of Materials)</b>
<b>H&amp;I</b>	<b>\$350.00</b>	<b>No Change</b>
<b>Activities</b>	<b>\$500.00</b>	<b>Increased to 1,000.00</b>
<b>Outreach</b>	<b>\$100.00</b>	<b>Increased to 300.00</b>
<b>Reg.Donation</b>	<b>\$280.00</b>	<b>Can vote to give more</b>
<b>World Donation</b>	<b>\$120.00</b>	<b>Want to keep it formula based</b>
<b>Total :</b>	<b>\$6,607.00</b>	

**PRUDENT RESERVE MONTHLY\$ 567.92 3 MONTHS 1,703.75**

**NEW BUDGET TOTAL: 6615.00-6607 AVERAGES TO AN OVERALL INCREASE OF 8 DOLLARS.**

**PRUDENT RESERVE : \$575 MONTHLY**

**3 MONTH PRUDENT RESERVE:\$1725.00**

**WHICH WE CAN AFFORD**