

Rappahannock ASC Minutes for November 3rd, 2013

www.rappahannockareaofna.com
Helpline Number: (800) 777-1515 24-hours

Welcome new and returning ASC members:

Tricia G.



I. Serenity Prayer

Motion 11/13-01: To record. 4:02pm

Maker: Casey 2nd by: Ashley

VOTE: Abstaining-0, For-6, Against-0 **Motion: PASSED**

II. Readings: A. Service Prayer, B. Purpose of Area Service, C. 12 Concepts, D. 12 Traditions (NO COLLECTION)

19 home groups that are members of the Rappahannock Area Service Committee of Narcotics Anonymous.

29 meetings in the Rappahannock Area every week.

II A. RANA Trusted Servants & Subcommittee Chairs

Legend: P = Present A = Absent O = OPEN Position * = Arrived Late

POSTION	NAME	S	O	N	Report	Comment
Chair	Lauchlan P.	-	P	P	Written	Drop Box
Vice Chair	Kemper B.	-	O	P	None	-
Secretary I	Kevin S.	-	P	P	Written	-
Secretary II	Kelly S.	-	O	P	Written	-
Treasurer I	Greg G.	-	P	P	Written/Oral	Budget
Treasurer II	OPEN	-	O	O	-	-
RCM I	Rudolph C.	-	P	P	Written/Oral	ECCNA
RCM II	Chris R.	-	P	P	Written	-
VRCC Dir.	Kenny	-	P	P	Written	-
Activities	Julie C.	-	P	P	Written	-
H&I	John C.	-	P	P	Written	-
H&I Vice	OPEN	-	O	O	-	-
PR	Etta F.	-	O	P	Written	-
Literature	Margret D.	-	P	P	Written	-
Lit. Asst.	OPEN	-	O	O	-	-
Outreach	OPEN	-	O	O	-	-
Policy	Brandon H.	-	P	P	Written	-

III Group Roll Call

Legend: P = Present A = Absent * = Rep in 2nd Quorum

GROUP NAME	S	O	N	NAME	POSTION
1. Set It Off	-	P	P	Ashley C.	GSR
2. Who Wants to Live	-	P	P	Michelle G.	GSR
3. In It to Win It	-	P	P	Casey L.	GSR
4. Hope Fiends	-	P	P*	Teresa S.	GSR
5. Standing By Recovery	-	A	A	-	-
6. Clean Works	-	P	P*	Seth O.	GSR
7. Start Living Group	-	P	P*	John C.	Rep
8. Freedom from Bondage	-	P	P	Mollie C.	GSR
9. Man Up to the Flatbook	-	P	P	Tricia G.	GSR
10. New Beginnings	-	P	P	Ralph	Alt. GSR
11. Primary Purpose	-	A	P	Antoinette B.	GSR
12. Experience, Strength & Hope	-	P	P	Jeff W.	GSR
13. Clean and Serene	-	P	A	Dennis D.	GSR
14. Final Surrender	-	P	P	David W.	GSR
15. Noon Beginnings	-	P	P	Veronica Q.	GSR
16. Colonial Beach Survivors Group	-	P	P	Bill C.	GSR
17. Beautiful Butterflies of Recovery	-	P	P*	Jerine M.	Rep
18. New Beginnings (Colonial Beach)	P	P	P*	Joyce W.	Alt. GSR

V. Adoption/Approval of Agenda

Motion 11/13-2: To adopt November agenda.

Maker: Brandon 2nd by: Ashley

Discussion: Chairperson has 1 copy of agenda

VOTE: Abstaining-1, For-9, Against-0

Motion: PASSED

VI. Approval of Minutes:

Motion 11/13-3: To approve September minutes.

Maker: Brandon 2nd by: Veronica

VOTE: Abstaining-3, For-6, Against-0

Motion: PASSED

Motion 11/13-4: To approve October minutes.

Maker: Brandon 2nd by: Antoinette

VOTE: Abstaining-0, For-9, Against-0

Motion: PASSED

IV. 1st Quorum Call

1st QUORUM CALL

Per Bylaws MUST be 4 for Area business & 8 for Regional vote to be carried

Group Represented	11
Procedural Votes	11

VII.-XII. Administrative Reports

VII. Secretary Report I: Given by Secretary I, Kevin S.

Thank you for electing me as your Secretary and allowing me to serve this Area. Just for today I'm looking forward to serving to the best of my ability for the next 2 years. Our Chairperson dropped off all of our archives to me a few weeks ago. At last area I was given the digital recorder, post office box key, a guide to local service, and some other miscellaneous supplies. I sent out October's minutes for approval, and also the minutes scanned by Secretary II for September, 2 weeks after we last met. I underestimated when I said it would take me 3 hours to complete the minutes and it took closer to about 7 hours. I'm in the process of getting used to the formatting of the previous secretary's minutes but chose to keep that format because it looks phenomenal and provides more information in a manner that's easy to look at. If you didn't receive the minutes last month or if there have been any changes to your contact information, I'll be passing around a paper for you to provide your email address and phone number. Feel free to take down my information as well as the form goes around in case you need to contact me. I attended the last 4 of the 5 budget subcommittee meetings held in October. Our Secretary II will have more on that and our area's printer in her report. This month we won't be asking for any money from our budget or reimbursement for printing and supplies. I'm actually not aware of the remaining balance in the current Secretary's budget right now. In accordance with RANA bylaws all I have to ensure that all motions are in written form before the motion is put on the floor. I'm also asking all that all GSR's have their reports handed in before the end of area to be included in the minutes. For administrative members and subcommittee chairs it will work best if you can email me your report before or after area, if not then please give me a hardcopy before the end of area. In Loving Service, Kevin S.

No Discussion

VII. Secretary Report II: Given by Secretary II, Kelly S.

Dear ASC,

Thank you for allowing me to serve as your Secretary II. I have a lot of things to discuss with the Area this month. First, I organized all the folders in the Area Paperwork Box. Everyone officially has their own folder again with pre-sorted packets for use during our monthly ASC meetings. If anyone needs extra envelopes you will find them in the Secretary II folder. Other than that, everything is labeled accordingly in the event anyone is looking for extras of anything. If there are any worksheets in your packet that go unused, please either return them to me or put them back into your folder prior to leaving Area today. The purpose of this is to cut down on costs for unnecessary printing and copying.

Also included in the Secretary II folder there are 14 new NA Way Magazines. Anyone is welcome to take a copy with them to take back to their groups this month. Please keep in mind that there are only 14 of them so unfortunately once they are gone, they are gone.

I spoke with our Area's former Treasurer at work this week. She gave me old Area carbon copies for checks written in the past. I have them with me if our current Treasurer would like them for record keeping. She also wants to know what our Area would like to do about the Dropbox account. The account is in her name and she does not believe she can transfer it to anyone else's name. If the Area will allow me, I would be happy to put all of the files on a thumb drive and transfer them to a new Dropbox account. All I would ask is to be reimbursed for the thumb drive next month if there is still money in the Secretary II budget for this year.

The last thing to discuss this month is what to do with our printer. I also attended 4 of the 5 Area budget meetings last month and we decided the easiest and most efficient thing to do in completing the copying and printing every month was to go somewhere like the library or Kinkos. If the Area would like to have the printer on hand each month the Secretary I and I can bring it. This may be a good idea if something needs to be printed on the spot. The printer is already hooked up to my computer. The only thing we need is black ink. We decided not to bring it this month because the Secretary I and I thought it best to have a discussion with the Area first during Open Sharing as our sole purpose in being in these positions is to help serve the Area, not decide for the Area. We also were not sure of how much money was left in the current Secretary budget as we would be requesting reimbursement for the ink if this is what the Area wishes us to do.

I look forward to continuing to serve over the next year. I am learning a lot and really appreciate the opportunity to contribute to our Area as the Secretary II. In Loving Service, Kelly

Discussion: NA Way Magazine... handed out to all GSRs and Representatives who wanted 1 of the 14 that were received

VIII. Chair Report: Given by Chairperson, Lauchlan P.

Hello family,

First and foremost thank you to the area for allowing me to serve and entrusting me to the duties of chairperson.

I am extremely grateful that our area is pulling together, serving and continuing to carry the message to the newcomer.

Last month we filled 6 out of 7 open positions on the executive and subcommittee level. This was a wonderful thing to see.

For those of us who left GSR positions to come and serve on the area level, help these NEW incoming GSRs become acclimated to ASC. The only way we can continue to serve properly is to hand down the CORRECT information to our new service volunteers.

For those of you that are new to area service, welcome. Please enjoy the show and get involved. If something is unclear, ask. If you don't know, ask. We are all here to carry on business effectively and efficiently, and most of all, in a way that we can continue to carry the message to the addict who still suffers.

Today's ASC marks the end of the October month and I would like to thank our Secretary, Subcommittee members, and all other members who attended the budget meetings to give their input and assistance.

If you ever have any questions (or compliments as my predecessor would say) please feel free to contact me.

Once again thanks to you for allowing me to serve and thank you for serving.

In loving service,

Lauchlan P.

No Discussion

IX. Vice Chair Report: None given by Vice Chair, Kemper B.

No Discussion

X. Treasurer I Report: Given by Treasurer I, Greg G.

Dear RANA ASC Members,

Our beginning balance as of the start of last month's ASC was \$1,559.78. Our debits for last month totaled \$593.47. Our deposit from October's ASC was \$771.30. Our balance as of the start of today's ASC is \$1737.61. The check book is balanced through August. I have not received Septembers nor Octobers bank statements..

5 budget meetings were held every Wednesday in October and I feel we have a very realistic and responsible budget for the coming year 2014. We had excellent turn out at all meetings. Thanks to all who participated and contributed. GSR's Please print this report out when going over budget with your groups and lets try to get all groups voting on budget. See below for notes.

Antionette B has made payments through August 31st. She is currently 8 weeks behind (\$80).

ILS, Greg G.

Budget Notes:

1. The Estimated Income from group donations is \$3600 for 2014 and based on the past 3 years.
2. The additional \$1000 for the budget will come in the form of \$500 from Literature by selling out overstock in literature and the other \$565 in cash that we already have in the bank over prudent reserve.
3. Literature is self sustaining. What they sell is what they buy. There is no need to include in budget but it will be tracked on a monthly basis in the Literature Chairs report.

4. Activities will start with a yearly budget of \$1000. They can raise up to \$700 through out the year and put that \$700 back into their “account”. Once that \$1700 has been met, no more funds will be given to the Activities committee without prior approval from groups.\
5. Secretary I and II’s budget has been combined.
6. PR, H&I, and Literature budgets have been itemized.
7. Regional and world donations will be given based on the amount we have over prudent reserve and done every 3 months.
8. VRCC Director Category added to Budget.
9. Ad Hoc Bylaws was converted to Policy Subcommittee.

Discussion:

- Extensive discussion about budget
- A restitution payment had been received by the PR Chair and had it for the Treasurer

(See Appendix A for The Proposed RANA 2014 Budget)

XI. Regional Committee Member I & II Report: Given by Rudolph C & Chris R

RCM I read letter from ECCNA Advisory Board (See Appendix B)

Dear ASC,

First, Rudolph and I would like to thank this committee for allowing us to serve. We attended the 164th RSC, which was a two day event on October 19th and 20th in Roanoke Virginia. The workshops on Saturday were well attended, and I personally enjoyed it. The workshops included a lot of great discussion and round-table on “Supporting Our Vision”, how regional subcommittees can better serve the areas, and “How to be an Effective and Valued RCM”.

The Regional Service Conference was held Sunday the 20th from 11am-4pm. Open forum was from 11-12 with some discussion on a mentoring system for people coming into service, second pair of eyes looking at the treasurer’s work, procedure for requesting delegate participation in a work shop, and AVCNA. We have a time slot at the convention and Donna Lee is looking for ideas. There were suggestions of doing a shortened version of the traditions book workshop or possibly doing a PR/H&I workshop.

RSC began at 12:15pm with 9 areas in attendance: Almost Heaven, Beach, Blue Ridge, Piedmont, Rappahannock, Richmond, Roanoke Valley, Southside, and Tri-Cities. There were also 5 new attendees.

Elections & Nominations

Secretary – Brian C- (New Dominion) –Brian accepted & qualified- Vote of confidence

H&I- Chuck (Beach)- Nominated at the 163rd (currently Pro-tem) election @ 164th

Motion to close nominations made by: Jackie, 2nd by: Rudolph

Speaker Jam Chair- Rudolph nominated by Jim- asked for time to research the position- revisit @ 164th

Vice Treasurer- Nominations open

XI. Regional Committee Member I & II Report (Cont):

Our region will be hosting the next autonomy zonal forum in January 2014. We have requested world board participation at the event. We passed a motion to contribute \$300 to NAWS one time in the event of world board participation in this event.

During the 2012-2014 conference cycle the traditions book project is focused on gathering input and ideas. NAWS posted workshop materials, a discussion board and an online questionnaire on the project page at www.na.org/traditions. Also, according to the latest NAWS update, World Services is requesting participation in the 2013 membership survey. Completing the survey has an indirect tie to carrying the message to the still suffering addict. To participate, the link is: www.na.org/2013survey.

Our H&I, PR, and Policy subcommittees are working together very closely to practice our 5th tradition. There are many, many things going on that would benefit from individual member participation. H&I is requesting information about facilities within our area currently being serviced. This info will be shared with NWAs and the Zone to keep track of our efforts and see how H&I may be able to better serve the areas. H&I, PR, and Policy will be meeting November 16, 2013 from 10am-1pm @ Gainsboro Branch Library. That's 15 Patton Ave NW Roanoke, VA 24016. We can also join by conference (712) 432-1500, Access code 114976.

The ECCNA donated 84 Basic Texts to our region, including 9 Spanish versions. They were evenly distributed to the areas for the H&I subcommittees. We have flyers and a letter from the host committee of next year's ECCNA, and has been asked to read it aloud at ASC.

Motions:

Old Business

Motion 162-02 (smartphone app BMLT) Referred to PR at the 162nd.

Mover: Travis Tidewater Second: Chuck BANA

Description/Background: When addicts go from area to area it is difficult to know where the meetings are located without a GPS and meeting list.

Intent: To have a Smartphone app that will sync the areas meeting list, so while traveling one can find the closest meeting in reference to date and location.

Motion: To join the data base of a free program made by NA members and used by 17 other regions known as "BMLT" in JavaScript.

Discussion: see minutes from 162ND

Consensus from PR felt it is not a good idea... still exploring option of embedding into region's website.

Motion 163-02

Motion had been referred to Policy to gather more information and was due back at the 164th.

Mover: Bill M

2ND: Nancy H

Motion: For the Central Atlantic Region of Narcotics Anonymous to create a standing position to its Regional Service Committee. The position would be called East Coast Convention of Narcotics Anonymous Representative, (ECCNA Rep).

Intent: For CARNA to fill 1 of the 23 Regional Director positions on the ECCNA Advisory Board (AB). ECCNA Rep would attend monthly AB conference call meetings, have a vote in AB business, and report to the CARNA bi-monthly RSCs. Motion should be referred to the Policy Committee to develop requirements and duties. This is an addition to the CARNA Policy and will need to go back to Areas for approval.

Ruled Out of Order per: page 16 Section XI:

NEW:

XI. Regional Committee Member I & II Report (Cont):

MOTION 164-1

Mover: Donna Lee P, RD
2nd Sherry V RCM pro tem AHA

MOTION: to contribute \$300 to NAWs one time in the event of World Board Participation at the Autonomy Zonal Forum in January

INTENT: To be fully Self Supporting. **MOTION PASSES 6-0-2**

MOTION 164-2.

Mover: Chuck K Area: BANA
2nd Nancy H

Description/Background

ECCNA has donated 84 Basic Texts to CARNA. These Basic Texts are for donation to Correctional Facilities within the Region

INTENT: 5th Tradition

MOTION: Distribute Basic Text received from ECCNA as follows:

4 Basic Texts to each Area of CARNA for a total of 68 Basic Texts.

Donate the remainder to the CARNA H&I subcommittee for a total of 16 Basic Texts.

MOTION PASSES 7-0-1

Back to groups: MOTION 164-3 Regional Budget

Mover: Neil - Treasurer

For any questions on specific line items (see Treasurer Report) please refer to respective subcommittees

The next RSC is Saturday December 21st in Charlottesville, Va. Rudolph and I will continue to serve to the best of our ability.

In Loving Service,

RCM Team

(See Appendix C for RSC 163 Back to Areas: Regional Budget)

Discussion on CAR Report

XIII. Subcommittee Reports

A. Activities Report: Given by Chair, Julie C.

First of all I would like to thank the ASC for allowing me to serve. Activities met to discuss Holiday event, only 2 people showed up. However, we may be joining with the Flat Book Group to be able to put this event on. We will meet this Friday after the Dumpster. We could use the support, so please announce it in your home groups!! Thanks. In Loving Service, Julie C.

B. Hospitals & Institutions (H&I) Report: Given by Vice Chair, John C

Hello everyone, I'm John and I'm an addict.

H&I has gone well this months. We have accomplished most of our goals. We need more volunteers to meet our current and upcoming commitments. We have had a few more people who have stepped up to help which has enabled us to meet basic requirements for our current commitments.

Sunshine House

Jerine has done a wonderful job at Sunshine House by having three new panel leaders to take over facilitating meetings. The three panel leaders, Phil, Tricia and Chris O. share the meeting responsibilities on a rotating schedule. As a result of this organizational structure that Jerine has developed and implemented, H&I' contract with Sunshine House has been extended. Jerine will be meeting with Sunshine House administration soon to finalize this extension. The results of that meeting will be in my next report.

CCRCC Bowling Green

As panel coordinator, Jerine has kept the CCRCC meeting in Bowling Green going strong with the help of the panel leaders. Again, further participation is needed from new volunteers willing to drive to Bowling Green.

Haynsville Correctional Facility

I have made contact several times with Capt. Davis working on what night the meeting will take place. I have also been in contact with H&I volunteers and we have come up with Mondays for a meeting night for Haynsville. Greg G., our secretary Kevin, Steve W, Darrel C., And Rudolph C, are the volunteers who have stepped up to participate in carrying the message to the correctional facility. However, I have not received back any paperwork or fingerprints from anyone, it has been a slow process but I believe the people who have stepped up have a strong commitment to carrying the message.

H&I Orientation

Jerine, Chris and Angie did the H&I member orientation packet and the meeting format for Sunshine House and had it laminated as well as revisited the format for CCRCC at Bowling Green and made applicable changes. Chris O. types up the new phone list.

Chris O. has stepped up in assisting me with preparation for the ASC monthly report.

Angie and Chris O. are sharing secretarial duties for RANA H&I.

Probation

Jerine and I have found colunteers who have agreed to participate in the presentation to the Fredericksburg probation and parole board. They are waiting for our meeting with Etta to get her input and guidance from a PR perspective.

Budget

Our budget is \$350.00, currently we have \$234.00 left for the year.

Closing Statement

We are still looking for more panel members and leaders to help us fulfill our goals. Please pass this request to your members so we can continue to carry the message. There are clean requirements which are: 90 days to be a panel member and share experience, strength and hope. 6 months, have an NA sponsor and working the steps- they can be a panel leader and speak at meeting.

Clean time requirements for going into jails and prisons is 1 year clean time minimum, have an NA sponsor and worked a 4th step.

Thanks for letting me serve,

John C.

C. Literature Chair Report: Given by Chair, Margret D.

Last month I made I made 2 literature orders: 1 was for \$462.25 to replenish most of what I had sold and I also had a request for a special order for \$56.50 that used up most of our credit. We now have approximately \$10 credit which will be used for my next order. Literature sold at October Area was \$375.05.

Discussion: Sunshine House purchasing literature through area VS Free State or NA.org

D. Outreach Report: Position Open

No Discussion

E. Public Relations (PR) Report: Given by Chair, Etta F

PR did not meet last month as I had a previous work schedule on the day it would have regularly met. However we will meet this month. I'm looking for people with good presentation skills, love to be social, and love to serve this fellowship to be a part of Public Relations. We are the base of Narcotics Anonymous in this area and there's much to be done. I got some information from Kemper that Snowden is looking for some information and I will be contacting them later this week. The plans are to do a Learning Day coming up on Building Strong Home Groups since that's something that this area really needs. So for those of you all who interested in putting on a Learning Day, or for those who don't know what one is which is even better because there are no clean time requirements to serve, only willingness, so come get with me. Starting watching for flyers I'll be putting out within the coming week.

F. VRCC Director Report: Given by Kenny F

Hello Family,

This is your VRCC Director Kenny F. and I have no report today concerning the VRCC, only what was reported at the last area meeting. But there is always an opening for those who would like to volunteer their service at AVCNA in support of the Regional Convention, please let me know and I can get your information to VRCC. I am so grateful to be of service to our RANA as the VRCC Director.

Sincerely in love and care:

Kenny F.

XIII. Subcommittee Reports *(continued)*

G. Policy Report: Given by Chair, Brandon H.

Hello RANA,

The policy committee was supposed to meet the 27th of October at Wegmans at 7, I showed up at quarter of 7, tried reaching my fellow committee members to no avail, upon reaching out there were existential issues with my fellow members that prohibited them from being in attendance. I am working through a more official date that better suits everyone involved in the committee. Hopefully this will not be a reoccurring cumbrance as it inhibits the function of the committee.

XIII. Group Service Representative (GSR) Reports

GSR reports called by Secretary to be read to body.

HOME GROUP	GSR/ALT	DAYS AND TIMES OF MEETINGS	# GROUP MEMBERS	# AVG. WKLY ATTENDANCE/NEWCOMERS	GROUP DONATION	LIT. ORDER
1. Set it Off	Ashley C. - GSR	Sun. 7 - 8:30pm	6	21/3	\$25.00	\$0.00
We have 2 newcomers who recently joined as home group members. We were able to locate the groups previous by-laws and are currently updating them. All is well, thanks for letting me serve. Group Anniversaries: <i>None reported</i>						
2. Who Wants to Live	Michelle G – GSR Open – Alt. GSR	Mon. – Fri. 12 - 1:00pm	20	115/10	\$93.94	\$77.25
We have filled all our home group positions, except Alt GSR. We are in the process of changing up the weekly format: speaker meeting last Friday of the month, & Thursdays –slogans/topic in the basket, in the works. Our group is growing in home group members, all is well. Thank you for allowing me to serve. *Need Meeting Lists* Group Anniversaries: <i>None this month</i>						
3. In It to Win it	Casey L. – GSR	Mon. 7:00 - 8:30pm	12	60-80/5	\$0	\$0
Group is doing well. No changes. Group Anniversaries: <i>none ☺</i>						
4. Hope Fiends	Chris R. - GSR	Tue. 7 - 8:15pm	7	45-50/5	\$20.00	\$55.00
Our home group is currently creating by laws. No other changes. Group Anniversaries: <i>None reported</i>						
5. Standing by Recovery	James D.- GSR	Tue. 7:30 – 8:30pm	-	-/-	\$UNK	\$UNK
No report handed in for minutes. Group Anniversaries: <i>None</i>						
6. Clean Works	Seth O. – GSR None – Alt. GSR	Wed. 7 - 8:00pm	6	35-40/7-9	\$0.00	\$36.00
No report given. Group Anniversaries: <i>Maddie M. 2 years November 20th</i>						

XIII. Group Service Representative (GSR) Reports *(continued)*:

HOME GROUP	GSR/ALT	DAYS AND TIMES OF MEETINGS	# GROUP MEMBERS	# AVG. WKLY ATTENDANCE/ NEWCOMERS	GROUP DONATION	LIT. ORDER
7. Start Living Group	Tammy – GSR	Thu. 7 - 8:00pm	10	10/3	\$60.00	\$22.00
<i>No report given</i> Group Anniversaries: None Reported						
8. Freedom from Bondage	Mollie C. – GSR Rachel L. - Alt. GSR	Thur. 9 – 10 pm	11	25-30/8-10	\$10.00	\$0.00
<i>No report given</i> Group Anniversaries: none reported						
9. Man Up to the Flatbook	Kemper B.– GSR	Thur. 7 - 8:30pm	-	45/4	\$50.00	\$118.75
We will be changing our format, call pick a stick bingo style, using 12 step working guide we will read /study 1 step each week then we will draw #'s that correspond to sticks members will choose at the start of the meeting. We ask members select sticks at random without looking at the side with the subject/question from the step of the week. The members will share on the selected subject. We are considering an activity in December as well. Group Anniversaries: None reported						
10. New Beginnings	Ralph P – Alt GSR	Fridays 7 – 8:15pm	6	60/12	\$40.00	\$50.70
Draft of By laws complete- further meeting tentative to finalize. Need Secretary, GSR, and Home group members. Group Anniversaries: 8 th November Brandon H. 3 years						
11. Primary Purpose	GSR – Antoinette B. (Old School).	Sat. & Sun. 12 – 1:30pm	9-10	20-25/2	\$50.00	\$26.50
Primary Purpose is doing well. We have 9 home group members who are active. Our group attendance is 20-25 addicts. We read and discuss steps on Saturday and the “Just For Today” daily meditation on Sunday. Our home group members are wanting to plan a “Bowling Unity Day” at Liberty Bowling Alley in Fredericksburg with activities. Each game is \$3.50 a game. In loving service Group Anniversaries: No celebrants in Nov or Dec						
12. Experience, Strength & Hope	Jeff W.- GSR Ted.- Alt. GSR	Sat. 7 - 8:30pm	12	40/3	\$40.00	\$6.00
<i>No report given</i> Group Anniversaries: Tony C. Nov 16 – 15 Years / Lloyd Nov 23 – 25 years						
13. Clean and Serene	Absent	Fri. 10- 11pm	UKN	25-30/5	\$0	\$0
<i>No Report</i> Group Anniversaries: None reported						
14. Final Surrender	David W.- GSR	Every Night at 7pm	30	80/1	-	-
<i>No report handed in to be included in the minutes.</i> Group Anniversaries: Brianna K 1 year, Matt V 2 years						
15. Noon Beginnings	Veronica Q - GSR	Mon – Fri 12pm	30	80/3	-	-
On behalf of the Noon Beginnings Group, out of Bowling Green, VA, we would like to thank you for your continued support with donations and contributions. Group Anniversaries: - None reported						
16. Colonial Beach Survivors Group	Bill C. - GSR	Friday 7pm	-	-	-	-
<i>No report handed in to be included in the minutes.</i> Group Anniversaries: - None reported						
17. Beautiful Butterflies of Recovery	Jerine - Rep	Saturday 10am	2	3/2	-	-
Open meeting for men and women effective 11/9/13 Group Anniversaries: - <i>None</i>						
18. New Beginnings Colonial Beach	Joyce W. – Alt. GSR	Tues 6pm	7	8/1-2	\$0	\$0
This group is doing well. We welcome visitors an Tuesday. Group Anniversaries: None Reported						

XIV. 2nd Quorum

Legend: P = Present A = Absent

HOME GROUP NAME	P/A	NAME	POSTION
1. Set It Off	P	Ashley	GSR
2. Who Wants to Live	P	Michelle	GSR
3. In It to Win It	P	Casey	GSR
4. Hope Fiends	P	Teresa S.	GSR
5. Stand By Recovery	A	-	-
6. Clean Works	P	Seth	GSR
7. Start Living Group	A	Tammy	GSR
8. Freedom from Bondage	P	Mollie	GSR
9. Man Up to the Flatbook	P	Tricia	GSR
10. A New Beginning Group	P	Ralph	Alt. GSR
11. Primary Purpose	P	Antoinette	GSR
12. Experience, Strength & Hope	A	Jeff W.	GSR
13. Clean and Serene	A	Dennis D.	GSR
14. Final Surrender	P	David W.	GSR
15. Noon Beginnings	P	Victoria	GSR
16. Colonial Beach Survivors Group	P	Bill C.	GSR
17. Beautiful Butterflies	P	Jerine	Rep
18. New Beginnings (Colonial Beach)	P	Joyce	GSR

2 st QUORUM CALL -Must 4 per Bylaws	
Group Represented	14
Procedural Votes	1

XV. Old Business

Motion 09/04-05: Maker: Jerine M. 2nd John C.

Motion: That RANA donates a starter package to Noon Beginnings they do not have any funds or literature.

Intent: To help a struggling group carry the message of NA. This meeting is full of new comers.

Vote: Abstain - 2, For - 11, Against - 0 **PASSES**

Motion 10/13-13: Maker: Rudolph C. 2nd by: Teresa S.

To make an amendment to line G: "Email the ASC meeting minutes to all GSR's within two weeks of the ASC meeting and have a minimum of five hard copies available at the next ASC." To: Email the ASC meeting minutes within 10 days of the ASC meetings and have a minimum of....."

Intent: So that the RCM Team can effectively carry current information. Since having the minutes out 14 days after ASC will always be behind in our reports.

Vote: Abstain - 2, For - 11, Against - 1 **PASSES**

Motion 10/13-16: Maker: Policy 2nd by: Kemper B.

To add to Article 5 Section 2: That Vice Chair conducts an audit that should occur on quarterly basis of RASCNA financial and non-financial operational activities with the assistance of 2 random NA members. One of these two members should be knowledgeable of accounting and auditing procedures.

Intent: To determine whether all financial safeguards and cash flow activities are made with appropriate signature authority, supporting documentation, and administrative record management in accordance with applicable By-laws and Treasurer handbook statutes and requirements

Vote: Abstain - 1, For - 12, Against - 1 **PASSES**

Motion 10/13-17: Maker: Policy 2nd by: Kemper B.

To amend Treasurer's ledger records currently named monthly report B,C,D,F,G to reflect proper accounting terminology. Report B should be named "monthly balance sheet". Report C should be named "Receipts Ledger". Report D should be named "Check Register Ledger". Report F should be named "Deposit Ticket Ledger". Report G should be named "Bank Reconciliation Statement". These statements should be attached to the monthly Treasurer Reports as supporting documentation, not as reports. They are accounting records.

XV. Old Business (Cont.)

Intent: In accordance with our 8th concept, the policy subcommittee seeks to improve a clear and concise way of communicating our financial records in a standardized universally accepted accounting and auditing terminology. Also to align Area current financial records to match the elements to be evaluated and reviewed in the Quarterly Audit process of the Monthly Balance Sheet, Bank Reconciliation Statement, Deposit Tickets Ledger, Check Register Ledger, and Receipt Ticket Ledger.

Vote: *Abstain - 2, For - 10, Against - 1* **PASSES**

Motion 10/13-18: Maker: Seth O. 2nd by: Ashley C.

To have RANA area donate 6 “It Works: How and Why” to the Wednesday night Clean Works meeting.

Intent: to support the meeting carrying the message through the groups most referred literature.

Vote: *Abstain - 2, For - 9, Against - 3* **PASSES**

XVI. Open Sharing

- Discussion on changes to meeting format
- Discussion about having a break during ASC
- Discussion on area printer
- Discussion about area audit
- Discussion about VRCC Alternate
- Discussion about current by laws available on RANA website

XVII. Elections for Open Positions: None

XVIII. New Business

Motion 11/13-5: Maker: Antoinette B. (Old School) 2nd by: Tricia G.

Reduce 25% + 25% = 50% donation of RANA to 5% + 5% = 10% amount over prudent reserve every quarter.

Intent: to retain money in our local Area to support our area instead of giving over money away and having to do fundraising to support RANA activities and need to in order to remain completely supporting – declining ALL outside contribution – completely self-supporting as an Area

Vote: *Abstain - 0, For - 2, Against - 11* **FAILED**

Motion 11/13-6: Maker: Greg G. 2nd by: Budgeted

Reimburse Treasurer \$22.52 for copies made & receipt book.

Intent: 7th Tradition

Vote: **Budgeted**

Motion 11/13-7: Maker: John C. 2nd by: Teresa S.

\$33.60 for H&I literature:

1 – 16 pocket rack \$21.00

6 – Who, What, How, Why

6 – Recovery and Relapse

6- Am I an addict

6 – Just For Today

6 – Triangle of Self-Obsession

12 – For the Newcomer

Intent: To carry the message at Fredericksburg Probation and Parole

Vote: **Budgeted**

XVIII. New Business (Cont.)

Motion 11/13-8: Maker: Antoinette B. 2nd by: Tricia G.

Remove “replenish request” from Activities Subcommittee Budget 2014.

Intent: The “replenish requirement” is a violation of RANA’s By-laws to request the Activities Committee to replenish it’s funds & to donate extra money to fundraise & support Area’s other activities, committees, ect.

Vote: Ruled out of order

Motion 11/13-9: Maker: Jerine M. 2nd by: Antoinette B.

That there be a 10 minute break during area before the 2nd Quorum Roll Call

Intent: To provide time to stretch, make/return phone calls. To cut down on the group movement and talking.

Vote: This motion needs to be sent back to groups to be voted on at December ASC

Motion 11/13-10: Maker: Michelle 2nd by: Seth

To extend today’s ASC 15 minutes

Intent: To finish Area business

Vote: Abstain - 1, For - 9, Against – 2 **PASSES**

Motion 11/13-11: Maker: Greg. G 2nd by: Veronica Q.

To approve 2014 proposed budget

Intent: To approve budget

Vote: This motion needs to be sent back to groups to be voted on at December ASC

(See Appendix A for The Proposed RANA 2014 Budget)

XIX. Review of Group Status and Business

Review of Groups not present at ASC for 2 consecutive months

It’s reported that the Lie Is Dead group in Tappahannock is no longer meeting... and haven’t been meeting for quite some time.

XX. Adjournment & Serenity Prayer

Motion 11/13-14: Time-6:47pm

Maker: Bandon

2nd by: Ralph

*Procedural Vote

Motion to Close

VOTE: Unanimous

Motion – PASSED

Submitted to RANASC for approval: 11/17/2013 by Secretary I, Kevin S.

RANA 2013 Proposed Budget

Current Assets & Est. Income		
Literature on hand - Approx.	\$ 2,200.00	Lit sales don't contribute to income.
Est. Income from activities	\$ 700.00	Income to be dispersed back to Activities
Est. Group Donations - yearly	\$ 3,600.00	Based on donation averages over the past 3 years
Cash In Bank as of 11-3-13	\$ 1,737.00	
Expenses		
Chair	\$ 35.00	Copies and Misc. Supplies
Vice Chair	\$ 35.00	Copies and Misc. Supplies
Secretary I & II	\$ 400.00	Copies of forms and minutes/office supplies
Treasurer	\$ 75.00	Copies and Misc. Supplies
RCM Team	\$ 500.00	Travel to RSC (Gas, Lodging, Etc.)
Rent	\$ 120.00	FOR ASC Meetings
P.O. Box	\$ 250.00	POB 30 Fee
Literature	\$ 290.00	See Attached
PR	\$ 1,000.00	See Attached
H&I	\$ 450.00	See Attached
Activities	\$ 1,000.00	Can Replenish budget up to \$1700
Outreach	\$ 100.00	Travel to Meetings
Policy	\$ 160.00	Meeting Rent & Print polycys once a year
Budget Meetings in Oct.	\$ 100.00	Rent for 4 meetings
VRCC Director	\$ 150.00	Gas to VRCC Meetings
World Donation		25 % of amount over prudent reserve every quarter
Regional Donation		25% of amount over prudent reserve every quarter
Yearly Total	\$ 4,665.00	
one month avg	\$ 388.75	
3 Month Prudent Rsrve	\$ 1,166.25	

PR Budget	
For Chair reports and Subcommittee Use (paper, ink and various office supplies)	\$ 100.00
Meeting Lists	\$ 450.00
Events (including any of the following)	\$ 300.00
Criminal Justice (ch. 6)	
Newcomer Workshop (ch. 6)	
Learning Day (ch.11 res.pg 3)	
Event Planning (ch.11 res.pg 9)	
Roundtable (ch. 4 res pg17) (internal)	
Media (ch.5 res. Pg.1) Posters Radio TV Filers	
Presentations (ch. 4 res pg.5)	
Area Planning Tool (resource)	
Fellowship development (ch.12 res pg.1)	
Website (ch. 10 res)	\$ 150.00
Total	\$ 1,000.00

H&I Budget	
For Chair reports and Subcommittee Use	
office supplies,	\$ 50.00
literature	\$ 400.00
Total	\$ 450.00

Literature Budget	
Storage boxes	\$60.00
Copies of Order forms	\$20.00
Receipt book	\$10.00
Start up Kits for New Meetings	\$200.00
Total	\$290.00

*ECCNA, INC.
P.O. Box 144
Mays Landing, NJ 08330*

PLEASE READ ALOUD AT YOUR NEXT REGIONAL MEETING

September, 2013

Dear Fellow Members,

The East Coast Convention of Narcotics Anonymous 17 (ECCNA 17) was a huge success! The convention was hosted by the Bay Area and East of the Bay Area and held at Washington College in Chestertown, Maryland. The theme for this year's convention was "Together We Still Can" and was brought to life by the host committee and volunteers.

In addition to carrying a message of recovery, ECCNA 17 was able to generate enough funds to buy 100 cases (28 books per case) of Basic Text; this year, 10% of the Basic Text we purchase will be in Spanish. A total of 34 cases will be distributed to the host area jails and prisons along with other jails in the area. We will distribute 3 cases of books to each of the remaining 22 regions that make up ECCNA, Inc. Enclosed is the financial statement from this past year's convention. We will be sending the books soon and hope they will find their way into the jails and prisons within your region. The contact we have for your region is Jeff Hankins; we will be sending your contact labels to be placed on the Basic Text that states the book is donated along with your helpline number and/or website address.

We are grateful to be fulfilling our primary purpose which is to celebrate recovery and distribute copies of the Basic Text to jails and prisons. For more information about ECCNA, please visit our website at www.eccna.org. You can find out what regions make up the ECCNA, how the convention did last year, as well as keep up with details about our upcoming convention.

ECCNA, Inc. is proud to announce the Beach, New Dominion, Peninsula, Tri-Cities and Richmond Areas in Virginia as the winners of the bid to host ECCNA 18!! The convention will be on June 20-22, 2014 at William and Mary College located in Williamsburg, Virginia. Registration will be available soon on the website.

One of our goals as an advisory board is to have a representative of each region on the East Coast on our board. We have enough open positions on the board to accommodate each region. Please consider nominating a member of your region to serve on the advisory board. The requirements, bylaws and the nomination form are also available on our website.

Should you have any questions, please feel free to contact us

In Loving Service,

ECCNA Advisory Board

*3 - Basic Text (English)
1 - Basic Text (Spanish)*

163rd RSC

BACK TO AREAS

Motions & Nominations

Elections/Nominations

H&I - Chuck – Nominations closed - to be elected at the 165th
 SPEAKER JAM – Nominations open - to be elected at the 165th
 VICE-TREASURER – Nominations open - to be elected at the 165th

2013 Budget

Category	Expense	For	Proposed 2014 Budget	Bi-monthly funding
A Automatic, approved 100% on receipt	Phoneline	800 & Answering Services	\$8,500.00	\$1,417.00
	Mailbox	PO Box	\$76.00	\$13.00
	Website	Host & Domain Expenses	\$150.00	\$25.00
	Service Charges	Bank Service Charges	\$36.00	\$6.00
B RSC primary operations	Conferences	RSC Meeting Expenses: rent, food & beverage, AV equipment rental, & office supplies	\$750.00	\$125.00
	Executive	Correspondence & report preparation & distribution expenses for RSC Chair and Vice Chair	\$300.00	\$50.00
	RD Team	Correspondence & report preparation & distribution expenses for RD Team	\$100.00	\$17.00
	Secretary	Secretary expenses associated with preparation & distribution of RSC minutes, reports, correspondence, and related office supplies	\$250.00	\$42.00
	Treasurer	Treasurer expenses associated with preparation & distribution of reports, correspondence, and related office supplies	\$120.00	\$20.00
	GSR Assembly	Expenses associated with meeting space rent, refreshments, food & beverage, & office supplies	\$1,500.00	\$250.00
	*CAR Workshops	RSC pre-approved line item expenses associated with holding 4 multi-area workshops	\$1,200.00	\$200.00
	***Zonal Forum	Expenses associated with holding Zonal Forum approximately every 3 years	\$400.00	\$67.00
	Zonal Support	CARNA's portion of zonal expenses- i.e. web domain	\$3.00	\$0.50
C Travel, including up to \$35.00	*WSC/RDA	Expenses associated with RDA attendance of bi-yearly WSC with \$55 per diem	\$2,000.00	\$167.00
	*WSC/RDA-2	Expenses associated with RDA-2 attendance of bi-yearly WSC with \$55 per diem	\$2,000.00	\$167.00

per diem Except for C1 & C2	MARLCNA/RD	Expenses associated with RD attendance of yearly MARLCNA	\$400.00	\$67.00
	MARLCNA/RDA	Expenses associated with RDA attendance of yearly MARLCNA	\$400.00	\$67.00
	MARLCNA/RDA-2	Expenses associated with RDA-2 attendance of yearly MARLCNA	\$400.00	\$67.00
	AZF/RD	Expenses associated with RD attendance of Autonomy Zonal Forum	\$300.00	\$50.00
	AZF/RDA	Expenses associated with RDA attendance of Autonomy Zonal Forum	\$300.00	\$50.00
	AZF/RDA-2	Expenses associated with RDA-2 attendance of Autonomy Zonal Forum	\$300.00	\$50.00
	*WSW/RD (odd years)	Expenses associated with RD attendance of approved World Service Workshops or multi-regional service events (i.e., learning days, conferences)	\$600.00	\$50.00
	*WSW/RDA (odd years)	Expenses associated with RDA attendance of approved World Service Workshops or multi-regional service events (i.e., learning days, conferences)	\$600.00	\$50.00
	*WSW/RDA-2 (odd years)	Expenses associated with RDA-2 attendance of approved World Service Workshops or multi-regional service events (i.e., learning days, conferences)	\$600.00	\$50.00
D Subcommittee operations	Policy	Expenses associated with subcommittee meeting space, preparation & distribution of reports & correspondence, service related material, literature, and guideline printing	\$300.00	\$50.00
	Project Driven	Expenses associated with subcommittee meeting space, preparation & distribution of reports & correspondence, service related material, & literature	\$150.00	\$25.00
	Speakerjam	Expenses associated with subcommittee meeting space, preparation & distribution of reports & correspondence, service related material, & literature	\$120.00	\$20.00
	Public Relations	Expenses associated with subcommittee meeting space, preparation & distribution of reports & correspondence, service related material, & literature	\$300.00	\$50.00
	Hospitals & Institutions	Expenses associated with subcommittee meeting space, preparation & distribution of reports & correspondence, service related material, & literature	\$300.00	\$50.00
E RSC secondary operations	Hospitals & Institutions	Expenses associated with subcommittee travel, inmate literature purchases, correction facility library literature purchases, and H&I presentations, and events or workshops.	\$1,200.00	\$200.00
	Speakerjams	RSC line-item approved expenses associated holding speakerjams in March & September each year including travel (\$500.00/jam)	\$1,000.00	\$167.00
	Overnight RSC	Overnight RSC expenses including overnight lodging, and food & beverage services (\$1500.00/overnight))	\$3,000.00	\$500.00

	RD Team**	Travel expenses associated with RSC approved RD team attendance at Area events when requested by the Areas	\$600.00	\$100.00
	Project Driven**	RSC approved expenses associated with communicating and/or visiting with isolated groups & interested ASC's including gas and long distance phone calls	\$0.00	\$0.00
	Equipment repair/maintenance/replacement	Repair, replacement, and maintenance of RSC laptop, projector, etc.	\$500.00	\$84.00
	Public Relations	Expenses associated with Professional conference & community event registrations, paid radio spots, professional contact data base production, annual PR mailing, printed materials for reports, training, presentations, and travel	\$2,000.00	\$334.00
F	Discretionary, expenses not included in budget	\$300 maximum	\$0.00	\$0.00
			\$30,755.00	\$4,647.50

* means bi-annual expense

** these lines were created for 2013 budget

*** this line item is once every three years and 2014 is our year to host

line B9 was added to help support the Zone