

Rappahannock ASC Minutes for November 1, 2015

www.rappahannockareaofna.com
Helpline Number: (800) 777-1515 24-hours

Welcome New and Returning ASC members:



I.: Serenity Prayer

Motion #11/15-01: To record. 4:00 p.m.

Maker: Lauchlan P. 2nd: Brandon H.

VOTE: For-10, Against- 0, Abstain-0 **Motion:** PASSED

III A. RANA Trusted Servants & Subcommittee Chairs

Legend: P = Present A = Absent O = OPEN Position * = Arrived Late

II. Readings: Service Prayer – Victoria H; Purpose of Area Service – Britany M; 12 Concepts – Lauchlan P; 12 Traditions – Matt J; and Decorum Statement – Katelyn B

| POSTION | NAME | S | O | N | Report | Comment |
|--------------|----------------|---|----|----|-----------|----------------|
| Chair | Greg G. | P | P | P | - | Due Quarterly |
| Vice Chair | John L. | P | P | P | - | Due Bi-Monthly |
| Secretary I | Gen O. | P | P | P | - | |
| Secretary II | Antoinette Sr. | P | P | P | Written | |
| Treasurer I | Kemper B. | P | P | P* | Written | |
| Treasurer II | Matt J. | P | P | P | No Report | |
| RCM I | Antoinette Jr | A | A | A | No Report | |
| RCM II | Lauchlan P. | P | P | P | Verbal | |
| VRCC Dir. | OPEN | O | O | O | - | |
| Activities | Shana C | A | A | A | Written | Rep/Britany M. |
| H&I | Billy M. | P | P | P | Written | |
| PR | OPEN | O | O | O | - | |
| Literature | Corey C. | A | P* | P | No Report | |
| Outreach | OPEN | O | O | O | - | |

| GROUP NAME | S | O | N | NAME | POSTION |
|-------------------------------------|----|----|----|---------------|---------|
| 1. Primary Purpose | P | P | P | Antoinette Sr | GSR |
| 2. Set It Off | P | P | P | Richard M. | GSR |
| 3. Who Wants to Live | P | P | | Victoria H. | Alt/GSR |
| 4. Noon Beginnings | A | A | A | | |
| 5. Final Surrender | A | A | A | | |
| 6. In It To Win It | P | P | P* | Britany M. | GSR |
| 7. Hope Fiends | P | P | P | Sarah M. | GSR |
| 8. Standing By Recovery | A | P | P | Donna D. | GSR |
| 9. New Beginnings Of Colonial Beach | A | A | A | | |
| 10. Rush Hour | A | A | A | | |
| 11. Clean Works | P | P | P | Katelyn B. | GSR |
| 12. Start Living | P | P | A | Eric F. | GSR |
| 13. Man Up to the Flatbook | P | P | P* | Teresa R. | GSR |
| 14. Freedom from Bondage | A | P | P | Kevin S. | GSR |
| 15. Colonial Beach Survivors Group | A | A | A | | |
| 16. New Beginnings | P | P | P | Brandon H. | GSR |
| 17. Clean & Serene | A | A | A | | |
| 18. Experience, Strength & Hope | A | A | A | | |
| 19. Saturday Night Live/FFBondage | -- | -- | -- | -- | -- |
| 20. Alive and Free | A | A | A | | |

V. Adoption/Approval of Agenda

Motion #11/15-02: To adopt November Agenda as proposed

Maker: Victoria H. 2nd: Kevin S.

VOTE: For-10, Against-0, Abstain-0 **Motion:** PASSED

VI. Approval of Minutes:

Motion #10/15-03: To approve September Minutes Rec'd 10/5/15

- Greg Tabled Vote to Next RANA Mtg to Allow Review of Minutes.

Maker: Richard M. 2nd: Donna D.

VOTE: For-7, Against-0, Abstain-3 **Motion:** PASSED

Motion #11/15-03: To approve October Minutes Rec'd 10/5/15 -

Greg Tabled Vote to Allow Review of Minutes.

Maker: 2nd:

VOTE: For-5, Against-0, Abstain-5 **Motion:** PASSED

IV. 1st Quorum Call

1st QUORUM CALL

Per Bylaws MUST be 4 for Area business & 8 for Regional vote to be carried

| | |
|-------------------|----|
| Group Represented | 10 |
| Procedural Votes | 10 |

VII.-XI. Administrative Reports

VII. Secretary Report I: *Position Open* – Discussion: None

Secretary Report II: Report given by Secretary II, Antoinette B. Sr. – I attended the Four Budget Meetings in October: Wednesday October 7th @ 6:30pm Wegman's; Tuesday October 13th @ 6:30 pm Wegman's; Sunday October 18th @ 12:00 pm Wegman's; Monday October 26th @ 6:30pm Wegman's

Wednesday October 7th @ 6:30pm Wegman's – 3 were present: Kemper B, Treasurer; John L. Vice Chair; and Antoinette B. Sr, Secretary II. **Tuesday October 13th** @ 6:30 pm Wegman's – 8 were present: Kemper, Treasurer; Greg G, Chair; John L., Vice Chair; Antoinette B. Sr, Secretary II; Billy M, H&I Chair; Antoinette B. Jr, RCM II; Shana C, Activities Chair; and Sarah, Activities Treasurer. **Sunday October 18th** @ 12:00 pm Wegman's – 7 were present: Kemper B, Treasurer; Greg G, Chair; John L., Vice Chair; Antoinette B. Sr, Secretary II; Victoria H, H&I Committee Member; Corey C, Literature Chair; and Dawn B, GSR. **Monday October 26th** @ 6:30pm Wegman's – 4 were present: Kemper B, Treasurer; Greg G, Chair; John L., Vice Chair; Antoinette B. Sr, Secretary II

Administrative Issues Discussed:

- Printing Meeting List every 3 months instead of every 6 months. Sec II did Market Research and found Legal size paper/2 sided/ 24 lbs/ 1,000@ for \$145. Market research is still under way.
- Set out Prudent Reserve at \$838.50 to cover 3 months of Area expense.
- In the absence of a Policy Chair, adding the Policy duties to the Vice Chair's position.
- Making a new Newcomer Welcome Packet. Making a new Meeting Starter Kit Packet. Getting the new packet approved in Area so that it can be incorporated in our RANA By-Laws.
- In meeting 3, Chair made a motion to adopt 20% donation to Region and World. In meeting 4 to balance the budget, I was decided to use the \$480.00 yearly payment of Stolen 7th Tradition Basket monies buy Antoinette B. Jr. for Regional and Area donations.
- Ensure Literature Committee does not spend more than it buys → Make sure RANA and World prices match; Rise literature prices; or add shipping cost to orders for shipping expenses.
- To allow review of the monthly minutes – Secretary requested that a “Draft” Stating: “Unapproved Monthly Minutes” be posted on the RANA Website for easy access to all NA members who wished to view them in advance of the following Area Meeting. **ILS** Antoinette B. “Old School”

VIII. Chair Report: Greg G. report is due quarterly.

IX. Vice Chair Report: John L. report is due bi-monthly. Good afternoon, I'm pleased to report that I have encountered no major issues since my last report 60 days ago. The majority of my duties thus far have been attending Activities and H and I subcommittee meetings as a liaison between the chairpersons and ASC, and attending the annual budget meetings over this past month. We are pleased with the budget proposal we've put together and are eager to send it back to groups for approval today. I would like to extend a special thank you to all members of RANA who contributed their time and answered the call to serve on the budget committee. We are very grateful for you and your service. Once the budget is passed, my next order of business will be to begin updating the RANA by-laws to reflect any and all amendments made to policy over the past few years. This process will involve many motions going back to groups over the next few months, culminating with a printing of the current policy for each and every home group in RANA. **ILS**, John L.

Treasurer Report: Report given by Treasurer I, Kemper B – Thank you for allowing me to serve.

Our beginning balance as of the start of Last Month's ASC was \$2339.93. Our expenses last month totaled \$645.85. The following checks were written or card purchases made:

| Check #: | Amount: | To: | For: | Budget: | Receipt |
|------------------|----------|-------|--------------------|-----------|---------|
| N/A (Debit Card) | \$425.88 | NAWS | Literature Order | Yes | Yes |
| N/A (Debit Card) | \$58.00 | NAWS. | H&I RRJ Lit. Order | Yes (H&I) | Yes |
| N/A (Debit Card) | \$161.23 | NAWS | H&I Lit. Order | Yes (H&I) | Yes |
| | | | | | |
| | | | | | |

The Literature orders were purchased directly from NA World Services via the RANA Bank Card on 10/19 and 10/23 in 3 separate orders. Two of those orders were for H&I, one going direct to RRJ. Corey C. was the shipping destination for the other two. She has forwarded me the order confirmation and Shipping information for all orders.

Our deposit from October's ASC was \$490.91. The income breakdown is on the second to the last page and will be inserted into the minutes for this ASC.

I did not receive a check from Antoinette B. in October. Her currently scheduled monthly payment of \$40.00 for November is due today. That leaves a due balance of \$240.00 as of this month to be current. (June – November 2015).

Our balance as of the start of today's ASC is \$2185.26.

Four 2016 Budget meetings were held at Wegmans over the course of October. The average attendance was five. This is an improvement for sure over last year, and I would like to personally thank all who took the time to come out to these meetings as they are vital for our area's continued operation and success.

I will have handed out copies of this report at the beginning of area for all GSR's and other members. This includes the 2016 Budget Proposal on the last page. I will do my best to describe its contents without over complicating or confusing. Please follow along with me as I read and hold any questions until the end.

2016 Budget Proposal: The proposal consists of 4 basic sections: Income and Assets, Proposed Budgeted Expenses, Break down of PR, H&I, and Literatures' budgets, and Projected Balances for 2016.

Income and Assets: *Literature on Hand* is an estimate of the value of our current literature inventory. Corey C. did an inventory and count at the second budget meeting. The prices were taken from the RANA Literature order form. Literature, although considered an asset, does not contribute to our income as it is intended to "replenish" with the money from sales at Area Service

Restitution is the estimated income received for our \$40/month agreement with Antoinette B. Jr.

Estimated Group Donations is an estimate of what we will receive in donations in 2016 based on the per month average in 2015. In order to get this number without knowing what our donations are in November and December of this year, we averaged the first 10 months' donations to get an estimate of what these two months would bring us.

Cash in Bank is exactly what it says. It is the amount in the RANA bank account as of the writing of this report. Proposed Budgeted Expenses:

Proposed Budgeted Expenses: In our meetings we went down the line to decide what we think each subcommittee could operate with in 2016. The cells in green are lines that were increased, the cells in orange are lines that were decreased. **Only Vice Chair, PR, H&I, Activities, and Policy were adjusted from last year's numbers.** *Policy* was dissolved as a subcommittee, however, there is still a great need for us to update and print updated bylaws, so it was agreed that the Vice Chair would take the expense of printing, which is why *Policy* is orange and Vice Chair was increased. *PR's* budget line was effectively increased, specifically for the meeting list print, and will be explained in more detail on the next section. *H&I* was increased for literature (also in next section), and *Activities* saw an increase as well. The activities chairperson showed up at our meeting and explained that there were many more participants in that subcommittee than in recent years and they had more events planned for 2016. With their current events' expenses taken into consideration, they believed they would require more funds in order to successfully hold these activities. If activities generates positive income from their events, they would be able to replenish their budget up to \$1,000 to be able to spend on another event. Once they receive that \$1,000 they cannot generate more than that to use on further events and are capped out at \$1,000 the rest being donated to RANA. The **Regional and World**

donations were changed back to static numbers for simplification to an even \$240 each, giving the CARNA donation in August 2016, and giving the NAWS donation in October 2016.

Yearly Total Expenses is the sum total of our subcommittees' budget lines, PO Box, rent, and donations.

One Month Expenses Average is the monthly average that we would expect to spend to fund these budgeted items.

3 Months Prudent Reserve Amount is the amount we would ideally operate above to keep funds necessary to run area without income for 3 months. It is calculated by multiplying the Monthly Expenses Average by three.

Breakdown of PR, H&I and Literature's Budgets: *PR* received an increase of \$135 in meeting list printing. We all agreed that it is crucial to the accuracy and availability of meeting lists in this area to print more than twice a year. The new proposal would be to return to quarterly printing. We were able to estimate a cost per print decrease due to Antoinette B. "Old School" doing some market research and finding a local company that would print for \$.04 a copy, cutting out the cost of shipping from our online vendor. *PR's* Events line was decreased by \$100 out of necessity, as there is essentially no *PR* chair currently and the budget needed balancing for other increases. This particular line has not been used to its full potential in many years, but still leaves some funds to hold an event if a future *PR* chair would like to do so.

H&I received an increase of \$100 in their literature line, as the *H&I* chair expressed the desire to give away literature at panel meetings at institutions in 2016. The chairperson was to get a list of estimated literature they would like to give out and the cost. Unfortunately between the meeting with the *H&I* chair present, and the final meeting, this proposed increase was cut \$200 for balancing needs, so his list may need reworked if the budget is passed. Literature did not see any changes in their budget line from 2015.

Projected Balance for 2016:

2015 Projected Remaining Expenses is the amount we expect to spend between now and January 1st, 2016. This includes a monthly estimate of literature purchases, our final meeting list print, a 6 month rent payment, and expected RCM gas expenses.

2016 Projected Starting Funds is the sum of the current bank balance minus the remaining expenses (the cell above).

2016 Projected Income is the sum of projected group donations plus monthly restitution. Again this number does not 2016 Projected Budget Balance is the estimated January 1st bank balance minus the budgeted expenses for all subcommittees, rent, PO Box, and regional and world donations. This is the ultimate number to look at, which is our estimate of what we would have if we made our average income next year and spent our average expenditures.

Literature is another story. Looking in the right column of "2016 Projected Budget Balances", we see a negative projected balance for literature. Please note that the 2016 Projected Literature Expense, which was calculated by our 2015 expenditures, includes some months where the *H&I* orders were placed within the main literature order. This means the monies for the *H&I* literature were actually taken from their budget, and this threw our numbers off. According to our averages of literature income and expenditures, we spend more than we make. Also, it was brought up that our amount of on-hand literature seems to be lower than what is recognized as the amount needed to cover groups' needs on any given month. I would like to express the conscience of the budget meetings' attendees by stating that we must do all we can to get to a point where we only spend the amount on literature that we make at area. There are a few things proposed that can hopefully right this negative number estimate. First, we would need to update our Literature order sheet to reflect at minimum the prices of NAWS literature. Additionally, we need to either raise the prices of some or all items by a calculated amount to account for shipping and offset that extra cost, or add a static and fair shipping charge for each order to do the same. After speaking with our literature chair, she has agreed to do the research and make the changes necessary to bring us closer to the black in this regard. Finally, we need to use all of our remaining estimated budget balance (\$469.71) to purchase the most common literature in January, allowing the on hand literature to increase so that we are not in a constant state of backordering for 2016. With these changes we are confident we will get back on track for this budget year as far as literature is concerned.

I would like to thank you all again for your input and those that took the time to attend the budget meetings. As this is my first year at Treasurer, it was a learning process for me as well, and I couldn't have made it through without everyone's help at those meetings, especially our former Treasurer Greg G. I heart you, man! Now everyone can wake up again and we are now open for questions and discussion.

In Loving Service, Kemper B.

See October Income Table Below

| Money Order Deposit Sheet | | | | October ASC 2015 | Grand Total: \$490.91 |
|---------------------------|----------|---------------|--------------------------|-------------------|--|
| Literature Orders | | | | | |
| Money Order # | Amount | Type | Group | | |
| 17-302274065 | \$32.00 | Western Union | Hope Fiends | | |
| 17-233041466 | \$32.75 | Western Union | Start Living | | |
| 17-251151973 | \$17.00 | Western Union | Standing By Recovery | | |
| 17-302274067 | \$37.00 | Western Union | In it to Win It | | |
| 17-302274066 | \$35.75 | Western Union | New Beginnings | | |
| R206399223822 | \$108.10 | MoneyGram | Who Wants to Live | | |
| | | | | Total Literature: | \$262.60 |
| Donations | | | | | |
| Money Order # | Amount | Type | Group | | |
| 17-302274068 | \$30.00 | Western Union | In it to Win It | | |
| 17-251151972 | \$20.00 | Western Union | Standing by Recovery | | |
| 17-233041465 | \$60.75 | Western Union | Start Living | | |
| 17-295894140 | \$49.54 | Western Union | SNL/Freedom from Bondage | | |
| R206399223833 | \$55.16 | MoneyGram | Who Wants to Live | | |
| | \$12.86 | | New Beginnings | | |
| | | | | Total Donations: | \$228.31 |
| Other | | | | | |
| Money Order # | Amount | Type | Group | | |
| | | | | Total Other: | \$0.00 |

XI. Regional Committee Member I & II Report: RANA RCM I attended the 175th Regional Service Conference held on October 18th 2015 location: 100 North College Drive , Franklin Va. 23851. Open Forum begin at 10 am the following topics were discussed: RD Travel Expenses issue using Treasurer’s debit card. The location of the next Regional Speaker Jam (no bids have been entered at this time). How to hold an event on “Willingness to Serve” in the Rappahannock Area. How to allow voting on CAR via absentee ballot. We had 3 new attendees Outer Limits- Heather B., Becca B., Tidewater- Angel C. , Rappahannock Richard M. The Saturday event was a success and the food cost was well under budget the exact total s will be available at the December RSC. The Regional Treasure reported that we have not paid UVA so far this year at the 174^h we had a balance of 16,526.83 since then we have deposited \$4,599.03 and debit totaling 1,940.46 for a current balance of \$1 9,185.40. Our prudent reserve is \$15,355.00. So we will be making a donation to World Service in the amount of 3,830.39. The Proposed Budget 2016 has been sent back to groups. The RD Team held a workshop at the two day entitled “Role of Zones” approximately 15 members in attendance. THE results of the workshop were collected and will serve to help future discussions on the work that begins WSC 2014.

GATHER OUR CONSCIENCE: In our open forum it was touched on some ideas that the RD Team has been bouncing around for ensuring we can obtain a better consensus among the addicts in our region when it comes time for voting on the CAR/CAT material. **BACKGROUND:** out of 350 groups in 2014, we had 61 GSRs voting and in 2012 we had 102 GSRs out of 500+ groups. In years past we only provided groups the option of voting at the GSR Assembly and what this has meant is that groups that don’t have anyone available to attend that Assembly don’t get to vote. We would love to present a couple of additional options for how we can collect our votes. CAR ballots would be ready in January and CAT ballots would be ready in February. 1. Electronic Voting - through Google 2. Paper Ballots 3. GSR Assemble-Vote in person. Additional information each of these

would serve is located on page 4 of the Regional Minutes. Regional H& I hold regular scheduled meetings every other month and follow the quadrant rotation as prescribed in the subject service handbook .They have secured and accounted for the CARNA A H&I literature inventory. I have relieved no letters from inmates in the last two months. The subcommittee is currently working on learning day with Southside Area in November 21, 2015. Regional Speaker Jam Subcommittee is currently working on By-Laws. The committee has come up with a formula to help ensure we reach Area that does not have a lot of support : March 2016 either Quadrant 1 Tri-Cities or Quadrant 2 - Gateway to Freedom/ Blue Ridge Area. The committee has also created forms to make it easier for Regional Speaker Jam Subcommittee to know how much assistance they will need from us to provide for the Speaker Jam. There were a total of 6 RCMs present at Regional the Area where Almost Heaven, Appalachian, Beach, Blue Ridge, Rappahannock and Southside. Election of Officers : Vice Chair is being sent back to groups no nominees since the 172nd RSC if you or you know anyone interested please bring the nomination back to the December ASC so that the RCM can enter the name along with the qualifications which are in the CARNA By- laws available online. H&I nomination has opened up at the 175th as well as PR Chair. Rudolph C was nominated for another term this nomination is closed. Brian C. Nominated for a second term this is closed. Antoinette B. Has been voted in as the new Policy Chair for Region. We have motions to be taken back to groups which are as follows: Motion 175-4 Combining Regional Events, Motion 175-6 Absentee Ballots, and Regional Budget. There will be a copy of the motions for you to take back to your homegroups to vote on and please bring the back for Decembers RSC. Please feel free to contact The RCM Team if any further assistance is needed in understanding any of the motions. I want to give special thanks to Richard M. Who showed up for Service and did a wonderful job in helping me get the job done at the two day.. Grateful for your service Richard.

In Loving Service, The RCM Team See Attachment C – Regional Budget

XII. Subcommittee Reports

- A. Activities Report:** Report given by Shana C, Activities Chair –Activities met October 14, 2015 from 5:00- 6:30 p.m. at George’s Episcopal Church. Ten members attended; two were new members. Approximately 85 attended RANAwenn: Expenditures were \$494.56 (a decrease **-\$195.44** in projected budget); revenue was \$280.12. Today, Activities is submitting \$384.17 money order plus receipts and the expenditure ledger. **THANKSGIVING Marathon Meeting November 26th from 12:00 noon until 6:30 pm at United Methodist: CHRISTMAS Marathon Meeting December 25th from 12 noon til 6:30 pm.** Activities is collaborating this event along with Set If Off, In It To Win It and Who Wants To Live, Man Up to the Flatbook. We will use \$20.00 for rent and \$50.00 (total \$140.00 for both events) budget money to purchase a Ham and Turkey; home groups to donate other items; and NA members to bring “Pot Luck” food for BOTH MARATHONS. There will be a cash inflow from the 7th Tradition Basket for additional rent donation and to replenish Activities’ Budget for future events. Also, we need volunteers to chair the meetings. **ILS, Shana C.**
- B. Hospitals & Institutions (H&I) Report:** Report given by H&I Rep. Sara B. Read Billy M. Email – I am representing H&I today. The H&I Subcommittee is pleased to report that addicts are willing to step up and carry our life saving message. Our Vice Chair move so we voted Sara B. as the new Vice Chair. We used the remainder of our budget to purchase literature. **ILS, Billy M.**
- C. Literature Chair Report:** Literature Subcommittee Report – After attending the budget planning meeting it became evident that an immediate adjustment was needed to the literature prices. Literature was not self-replenishing as shipping increases since the last update in 2013 have gone up. I also found just a few items that were being sold below cost. I pulled are literature forms from 10 areas to get an idea of how they did their pricing and eliminated those that were inflated. I also calculated out average shipping percentage over all orders I had placed in my service term: this average was 14%. I then adjusted the individual prices to align with shipping costs and standard rates across the east coast, keeping Basic Texts and White Key tags at cost, and created a new Area Literature Order form. The form is in two formats, a self-calculating excel sheet and a printable PDF. I have attached both forms to my emailed report to be distributed electronically and made copies to distribute today at area. All groups should begin using the new forms next area. Old forms will not be accepted in 2016, allowing for a one area transition for those who did not attend today. I am requesting \$40 to make at least 500 copies of the new form, or whatever amount I can receive today without having to delay printing by awaiting a motion returned from groups. Last month Literature sold \$477.27 in literature and ordered \$425.88. H&I Placed and order totaling \$219.27. **ILS, Corey C – Literature Chair (See Attachment B – New Literature Order Form)**

Public Relations (PR) Report: Open Position.

XIII. Group Service Representative (GSR) Reports

GSR reports called by Secretary to be read to body

| GROUP NAME | GSR/ALT | MEETING DAY/TIME | # GROUP MEMBER | ATTEN-DANCE/NEWCOMER | DONATION | LITERTURE ORDER |
|---|-----------------|------------------|----------------|----------------------|----------|-----------------|
| 1. Primary Purpose | Megan J/AltGSR | Sat/Sun 12 -1:30 | 8 | 12/2 | \$20.00 | \$12.00 |
| During fine, no celebrations in November. Antoinette B "Old School" is the GSR | | | | | | |
| 2. Set It Off | Richard M./GSR | Sun. 7 - 8:30 pm | 6 | 40/3 | \$0.00 | \$40.50 |
| Still located at the Turman Brisban Center. We are doing fine and Matt J. will be celebrating 4 years on 11/1/2015. | | | | | | |
| 3. Who Wants To Live | Victoria H./GSR | M/F 12-1:15 pm | 8 | 110/10 | \$70.81 | \$132.35 |
| Still located at 1019 Princess Anne St. We will NOT be meeting at our normal location on Thursday and Friday, November 26 th and 27 th . Both days we will hold our meetings at the Dumpster location, 308 Hanover Street at our normal time 12 noon. | | | | | | |
| 4. Noon Beginnings | | | | | \$0.00 | \$0.00 |
| 5. Final Surrender | | | | | \$0.00 | \$0.00 |
| 6. In It To Win It | Andrea L./GRS | Mon. 7-8:30 pm | 7 | 45/5 | \$25.00 | \$0.00 |
| We are located at 308 Hanover St. We are doing well. Gen O. will be celebrated 1 year on 10/12/2015. We are effectively carrying the NA Message. Britany M. is the Alt/GSR | | | | | | |
| 7. Hope Fiends | Sarah M./GSR | Tue. 7 - 8:30 pm | 4 | 25-30/2 | \$50.00 | \$0.00 |
| We're still meeting at 302 Colonial Ave. Group is doing well, however we are in need of active home group members!! | | | | | | |
| 8. Standing By Recovery | Donna D./GSR | Tue. 7:3-8:3 pm | | 12/4 | \$10.00 | \$10.00 |
| Darryl C will Celebrate 22 years on November 3, 2015. We are still located 207 Garrison Woods Dr. Stafford. Also, Katelyn celebrated 1 year on 10/20/15. Group is doing well. Recently attendance has been up. | | | | | | |
| 9. New Beginnings of Colonial Beach | | Tue. 6 - 7:00 pm | 6 | 7 - 10 | \$0.00 | \$0.00 |
| 10. Rush Hour | | | | | \$0.00 | \$0.00 |
| 11. Clean Works | Katelyn B | | 5 | 50/5 | \$0.00 | \$0.00 |
| We meet the same place and the same time. Warren is celebrating 22 years on December 2 nd . Nick C. is celebrating 1 year on December 9 th . We have changed our group format to an alternating format: 1 st week – Step 1, 2, 3 (alternating each month); 2 nd week – Speaker; 3 rd week – IP; 4 th week Just For Today; and 5 th week open discussion. | | | | | | |
| 12. Start Living Group | | Thu. 7 - 8:00 pm | 10 | 20/0 | \$0.00 | \$0.00 |
| 13. Man-up to the Flatbook | Michelle/AltGRS | Thu. 7 - 8:30 pm | 5 | 20 /2 | \$10.00 | \$76.10 |
| William S. will be celebrating 24 years on November 5 th . Tony is the GSR. And we doing fine. However, our group is in need of home group members. Please keep announcing this at your meetings. Thank you for allowing me to serve. | | | | | | |
| 14. Colonial Beach Survivors Groups | James D./GSR | Fri. 7 - 7:00 pm | 6 | 6/0 | \$0.00 | \$0.00 |
| Bill C. Celebrated 30 years 10/31/2015. Group is still located 10 Garfield Ave, Colonial Beach Group member attendance was low for | | | | | | |

| | | | | | | |
|---|---------------|------------------|---|------|---------|--------|
| October. Trusted Servants have been asked to make contact with members for encouragement and to make sure everyone is doing well. Justin is our Alt/GSR. | | | | | | |
| 15. New Beginnings | Brandon H/GSR | Fri 7-8:30 pm | 7 | 50/5 | \$0.00 | \$0.00 |
| Brandon H. is Celebrating 5 years November 6 th . Rotating services positions for transparency and accountability. Discussed possible loss of ALL NA groups and functions being put out of the church for theft and vandalism. The church person announced that if they find out the damage and loss was caused by NA none of the NA meeting would any longer be welcomed in their church. | | | | | | |
| 16. Clean and Serene | Richard P/GSR | Fri 10-11:15pm | 2 | 12/2 | \$25.00 | \$0.00 |
| We are doing fine, however we need more home group members. Some of the regulars are planning to go bowling or play cards and eat pizza after each meeting. | | | | | | |
| 17. Exper/Strength/Hope | | | | | \$0.00 | \$0.00 |
| | | | | | | |
| 18. Saturday Night Live/ Freedom From Bondage | Kevin S./GSR | Sat 10p - ?/Thur | 5 | 15/2 | \$30.00 | \$0.00 |
| Benjie will be celebrating 1 year, 11/5/2015. Our group decision to combine resources and membership of our Thursday Night Freedom From Bondage group and Saturday Night Live is working out fine. | | | | | | |
| 19. Alive and Free | | Fri. 7 – 8:00 pm | | | \$0.00 | \$0.00 |
| | | | | | | |

10 Minute Break - back at 5:05 pm – 5:18 pm

XIV. 2nd Quorum

Legend: **P = Present A = Absent**

| GROUP NAME | S | O | N | NAME | POSTION |
|-------------------------------------|----|----|-----|-------------|---------|
| 1. Primary Purpose | P* | A | P | Megan J | Alt/GRS |
| 2. Set It Off | A | P | P | Richard M. | GSR |
| 3. Who Wants to Live | P | P | P | Victoria H. | GSR |
| 4. Noon Beginnings | A | A | A | | |
| 5. Final Surrender | A | A | A | | |
| 6. In It To Win It | P | P | P | Andrea L. | GSR |
| 7. Hope Fiends | P | P | P | Sarah M. | GSR |
| 8. Standing By Recovery | A | P | P | Donna D. | GSR |
| 9. New Beginnings Of Colonial Beach | A | P | A | | |
| 10. Rush Hour | P | A | A | | |
| 11. Clean Works | P | A | P | Katelyn B. | GSR |
| 12. Start Living | P | P | A | | |
| 13. Man Up to the Flatbook | P | P* | P | Michelle G. | Alt/GSR |
| 14. Freedom from Bondage | A | - | N/A | NA | N/A |
| 15. Colonial Beach Survivors Group | P | P | | James D | GSR |
| 16. New Beginnings | P | P | | Brandon H. | GSR |
| 17. Clean & Serene | A | A | P | Rich | GSR |
| 18. Experience, Strength & Hope | P | A | A | | |
| 19. Saturday Night Live | A | P | P | Kevin S. | GSR |

| 2 st QUORUM CALL -Must 4 per Bylaws | |
|--|----|
| Group Represented | 12 |
| Procedural Votes | 12 |
| | |

| | | | | | |
|--------------------|---|---|---|--|--|
| 20. Alive and Free | P | P | A | | |
|--------------------|---|---|---|--|--|

XV. Old Business

No Old Business To Address

XVI. Open Sharing Session

REMEMBER: Motions to Take Back to Your Home Groups to Vote On

Regional Motions

Motion 175-4: If no bids submitted, Speaker Jam should be held in conjunction with March and September subcommittee meetings. Intent: To promote unity throughout the region and provide a place for area trusted servants and NA members to meet and learn about our service efforts. Pros: Will save Region Money and will support reaching more people to be involved in service.

Motion 175-6: Approve use of Absentee Ballots so that any group unable to participate at the GSR Assembly may still participate in Region's Conscience on CAR and CAT matters. Intent: To service in concert with our Region's purpose by enhancing the conscience we carry to the World Service Conference. Pros: Will provide a better possibility of the RD Team carrying a bigger portion of Region's conscience at the WSC and this will provide a service to the groups.

Motion 175-7: To approve Regional 2016 Budget. Intent: To have a 2016 Regional Budget in place. Pros: If we approve Regional 2016 Budget, as a whole, we can always make amends as needed and project cost will be in place.

RANA Area Motions

Motion 11/15-7: RANA Activities Subcommittee is requesting approval of an additional cash in-flow from Area of **\$75.83** needed to fund the remaining three 2015 Special Area Events: Thanksgiving Marathon Meeting; Christmas Marathon Meeting; and New Year's Eve Party. See Cash-Flow below:

| | |
|------------------|-----------------|
| Starting Balance | \$384.17 |
| 4 Months of Rent | \$20.00 |
| Food/2 Marathons | \$140.00 |
| New Year's Party | <u>\$300.00</u> |
| Total Expenses | \$460.00 |

Intent: To provide safe Holiday Events for recovering addicts. Motion was made by Shana C. and Sarah M.

Motion 11/15-11: To change RANA By-Laws, Article 3, Section 4... Amend Quorum from 4 GSRs to 8 GSR to form an Area quorum. Motion was made by John L and seconded by Victoria H. Intent: To have a more complete representation on home groups present to conduct RANA Area Service Committee business.

XVII. Elections for Open Positions

Katelyn B. Nominated Gen O. for Secretary I Position. Gen O. was voted in unanimously. Her qualifications are 1 year clean; 6 months ASC service. Motion 11/15-4: To waive ASC Experience needed for Secretary I so Gen O. can be nominated for spot. Intent being to get as Secretary I filled. The motion passed 11 for/0 against/1 abstained.

Therefore, required ASC experience was waived. Gen also has 3 years professional secretarial experience; current Oxford House President and Vice-Chair @ Chapter; and current Activities Subcommittee Secretary.

XVIII. New Business

Motion 11/15-5: To allow Antoinette B to make two \$120.00 November 3 and November 23, 2015. Intent: To allow her to catch up in her Step 9 amends process RANA Area by repaying 7th Tradition Basket funds. Motion was made by Antoinette B Jr and seconded by Donna D. **VOTE: For-11, Against- 0, Abstain-1 Motion: PASSED**

Motion 11/15-6: RANA Activities Subcommittee is requesting the return of \$384.17 money order submitted to Area today. Intent: To pay 4 months of rent and contribute to funding for the remaining three 2015 Special Area Events: Thanksgiving Marathon Meeting; Christmas Marathon Meeting; and New Year's Eve Party. See details below:

| | |
|------------------|-----------------|
| Starting Balance | \$384.17 |
| 4 Months of Rent | \$20.00 |
| Food/2 Marathons | \$140.00 |
| New Year's Party | <u>\$300.00</u> |
| Total Expenses | \$460.00 |

Motion was made by Shana C and seconded by Victoria H. **No Vote Needed – Already Pre-Approved in the Budget.**

Motion 11/15-8: To acquire \$40.00 for 500 copies of Literature Order Forms and rubber bands. Motion was made by Corey C. and seconded by Sarah M. Intent: To purchase supplies. **No Vote Needed – Already Pre-Approved in the Budget.**

Motion 11/15-9: To compensate Greg G. \$12.64 for copies. Motion made by Greg G. and seconded by Victoria H. Intent: To keep RANA Area completely self-supporting declining all outside contributions in the spirit of Tradition Seven. **No Vote Needed – Already Pre-Approved in the Budget.**

XIX. Review of Group Status and Business

Greg G. led a discussion to review the status of Home Groups that have been struggling to survive. We held an extensive discussion regarding the theft and vandalism in the Dumpster Meeting place. The Church warned us that if it happens again all NA groups and functions will be banned from their facility. Therefore, Chair developed a special AdHoc Committee which consists of Antoinette Jr, Antoinette Sr, Brandon H. and Richard P. Antoinette Jr. and Sr. plan to meet with the Church on Friday, November 5th.

XX. Adjournment & Serenity Prayer

Motion #11/15-10: Maker: John L. 2nd by: Gen O.
Motion to Extend Area 30 minutes @ 6:20 pm
VOTE: For-6, Against- 0, Abstain-6 Motion: PASSED

Motion #11/15-12: Maker: Katelyn B. 2nd by: Brandon H.
Motion to Close @ 6:45pm
VOTE: Unanimous Motion – PASSED

ILS, Antoinette Sr. "Old School"

Submitted for Review: 11/02/2015 to Chair, Greg G.

Appendix:

- Attachment **A** – RANA 2016 Proposed Budget
- Attachment **B** – New Literature Order Form
- Attachment **C** – Regional 2016 Budget Proposal