

Rappahannock ASC Minutes for January 3rd, 2016

www.rappahannockareaofna.com
Helpline Number: (800) 777-1515 24-hours

Welcome new and returning ASC members:



III A. RANA Trusted Servants & Subcommittee Chairs

Legend: P = Present A = Absent O = OPEN Position * = Arrived Late

I. Serenity Prayer

Motion #01/03-01: To record. 4:02pm

Maker: Rudy C. 2nd: Andrea L.

VOTE: Abstaining-0, For- 10, Against-0 **Motion: PASSED**

II. Readings: A. Service Prayer- Eric F., B. Purpose of Area Service- Rudy C., C. 12 Concepts- Andrea L., D. 12 Traditions- Richard M., E. Decorum Statement- Victoria H.

20 home groups that are members of the Rappahannock Area Service Committee of Narcotics Anonymous.

38 meetings in the Rappahannock Area every week.

POSTION	NAME	N	D	J	Report	Comment
Chair	Greg G.	P	P	P	Written	
Vice Chair	John L.	P	P	P	Written	
Secretary I	Gen O.	P	P	P	Orally	
Secretary II	Antoinette B. Sr.	P	P	P*	Written	Resigning
Treasurer I	Kemper B.	P	P	A	Written	
Treasurer II	Matt J.	P	P	P	-	Not Turned In
RCM I	Antoinette B.	P	A	A		Not Turned In
RCM II	Lauchlan P.	P	P	P*	Written	
VRCC Dir.	OPEN	-	-	-	-	Announce as Open
Activities	Shana C	P	A	P	Written	
H&I	Billy M.	P	P	P		
PR	OPEN	O	O	O	-	
Literature	Corey C.	P	P	P	Written	Not Turned In
Outreach	OPEN	O	O	O	-	

GROUP NAME	N	D	J	NAME	POSTION
1. Primary Purpose	P	P	P*	Antoinette Sr.	GSR
2. Set It Off	P	P	P	Richard M.	GSR
3. Who Wants to Live	P	P	P	Victoria H.	GSR
4. Noon Beginnings	A	A	A	NA	-
5. Final Surrender	A	A	A	-	-
6. In It To Win It	P	P	P	Andrea L.	Rep
7. Hope Fiends	P	P	P	Sarah M	GSR
8. Standing By Recovery	P	P	A	Donna	GSR
9. New Beginnings Of Colonial Beach	A	A	P	Erin	Atl. GSR
10. Rush Hour	A	A	A	Dawn B.	GSR
11. Clean Works	P	P	P	Katelyn B.	GSR
12. Start Living	A	P	P	Eric F	GSR
13. Man Up to the Flatbook	A	A	A	Tony S.	GSR
14. Freedom from Bondage/SNL	P	P	P	Kevin S.	GSR
15. Colonial Beach Survivors Group	A	A	A	James D	GSR
16. New Beginnings	P	P	P	Rudy C.	ALT
17. Clean and Serene	P	P	P	Meghan J.	GSR
18. Experience, Strength & Hope	A	A	P	Julie C.	GSR
19. Alive and Free	A	A	P	Jon F.	GSR
20.					

VI. Approval of Minutes:

Motion #01/03-03: To approve December Minutes as amended

Maker: Katelyn B. 2nd by: Victoria H.

VOTE: Abstaining-1, For-11, Against-0 **Motion: PASSED**

V. Adoption/Approval of Agenda

Motion #01/03-02: To adopt January Agenda as proposed

Maker: Richard M. 2nd by: Rudy C.

VOTE: Abstaining-0, For-11, Against-0 **Motion: PASSED**

1 st QUORUM CALL -Must 4 per Bylaws	
Group Represented	11
Procedural Votes	11

VII.-XI. Administrative Reports

VII. Secretary Report I: Gen O.

I made copies of motion forms, GSR report forms, and last month's meeting minutes which was a total of \$24.75. I had some trouble finding a blank template for the minutes, but was sent a copy and was able to finish the minutes.

Discussion: None

Secretary Report II: Antoinette B. Sr.

Resigning position as of January 3, 2016.

Sincerely, Antoinette Bishop

Discussion: None

VIII. Chair Report: Chair, Greg G.

Dear RANA ASC Members,

We close out 2015 in good order. We are financially healthy and poised for a strong 2016. Our budget is in order and most of our service positions are filled for 2016. The current executive committee will serve all of 2016 in their current positions. This should help us stability and consistency. We have had a very strong GSR presence at all of the ASC meetings over the last year or so. This is extremely encouraging and good since we just raised quorum to 8 voting members. I don't foresee this being a problem. We have had 8 or more GSR's in the last 11 out of 12 ASC meetings.

This year I want to focus on empowering the GSR's to take control of this ASC. I have noticed that over the last few months more GSR's have engaged in the discussions, offered opinions and solutions and have taken on more of a leadership role. It is extremely important to continue this attitude and to foster more participation and leadership from the GSR's. As new people come in we need to mentor them and give them the tools and the opportunity to succeed.

We have a couple of things to focus on moving into the first quarter of 2016. The first is the Conference Agenda Report. We will make sure all GSR's have access to all the information necessary to help their home group make informed decisions regarding all the information in the CAR. The second is the convention. If the motion passes to have a convention in 2017, then we will need to get started ASAP. We will obviously find out in New Business if this will be happening.

John and I have been talking about taking a look at the bylaws and updating them. It's been 5 years or so since they were truly looked at. We tried a couple years ago but that didn't go anywhere. This topic of discussion has been added to the open sharing portion of the agenda.

As always, it is truly a privilege to serve this area and all you.

ILS,

Greg G.

No Discussion

IX. Vice Chair Report: Vice Chair, John L.

Good afternoon, ASC.

I'm greatly encouraged by the active participation of RANA members I've witnessed recently. Home groups and subcommittees have all stepped up and shown up for the annual influx of newcomers. We should all be proud of our collective demonstration of the true spirit of selfless service throughout the difficult holiday season.

- Since my last report I have obtained a copy of current RANA by-laws and amended any changes made during my term.
- Retrieved the RANA PR materials from the previous PR Chair.
- Obtained and began studying our "Guide To Local Service" to better understand my role in conducting ASC business.
- Attended two H and I subcommittee meetings.
- Attempted to make myself and ASC resources available for Activities events. (Activities did not meet in December)

It has come to my attention that, because of our lengthy vacancy in the PR chair position, we have several new GSR's who have never attended a GSR orientation. In the absence of a PR chair, it is the Vice Chair's responsibility to serve in that position. I would like explore conducting a GSR orientation as soon as possible during new business today.

Also in new business, I'd like to explore purchasing NA literature (Guide to Local Service, H and I Handbook, PR Handbook) for the new members of the executive service body, and new subcommittee chair persons, respectively.

Thank you for the opportunity to serve.

-John L.

No Discussion

X. Treasurer Report: Kemper B.- Report read by Matt J., Treasurer II

Dear RANA ASC Members,

Thank you for allowing me to serve.

I apologize for being absent for this month's area service but I got back into town from our yearly holiday PA trip and have been down with a cold and need bed rest and medicine to try to recover and be able to go back to work on Monday. I have entrusted my Treasurer II Matt J. with my report, and will try to get him the checkbook tomorrow before he attends. If I'm not able to get him the checkbook to write out any checks, I will personally get the information from him and write and get the checks signed out to the payee's as soon as possible so that they can conduct their business. I apologize for any unforeseen complications that this causes.

Our beginning balance as of the start of Last Month's ASC was \$2407.33. Our expenses last month totaled \$261.63. The following checks were written:

Check #:	Amount:	To:	For:	Budget:	Receipt
N/A (Debit Card)	29.97	1&1.com	Website Q4 Payment	Yes	Yes
1076	40.00	Corey C.	Area Lit. Order Printing	Yes	No
1077	75.83	Shana C.	Activities Xmas/N.Y.	Yes	No
1078	115.83	Antoinette B.	Mtg. List Reimbursement	Yes	Yes

Corey C. Had not sent me a literature order in time for this month's area. I am assuming this either means she was held up and did not get a chance, or is caught up in the inventory. I'm sure she'll speak more to that in her report.

Our deposit from December's ASC was \$957.59. The income breakdown is on the following page and will be inserted into the minutes for this ASC.

Antoinette B. was able to bring me a money order in the amount of \$220.00 during the month of December and is noted on the income breakdown on the following page. This payment would bring her current as of October 2015 and half of November 2015, which means she is in arrears of only half (20\$) of November, and her monthly payment of \$40 for December. Including this month's new payment due, that would leave a due balance of \$100.00 as of this month to become

current. (November 2015 (1/2) – January 2016). Antoinette did speak to try to be in position to pay the rest to become current as soon as possible.

Our calculated balance as of the start of today’s ASC (and this NEW budgeted fiscal year) is **\$3103.29**. This is \$1,835.96 above our estimate to start the New Year with, so we are ahead of our estimate and in good shape. PLEASE keep in mind that this isn’t counting some of the things we spoke about the last few ASC’s such as the amount to get our Literature inventory stocked and other activities. Regardless, I am confident in our estimations and we should be in for a prosperous new year! Please do not hesitate to call, message, or email me with any immediate concerns in my absence from ASC.

In Loving Service, Kemper B.

Money Order Deposit Sheet				December ASC 2015	Grand Total: \$957.59
Literature Orders					
Money Order #	Amount	Type	Group		
17-323685743	\$33.54	Western Union	Clean Works		
17-323685740	\$114.05	Western Union	New Beginnings Fredericksburg		
17-331776734	\$39.00	Western Union	Freedom From Bondage		
17-298487135	\$5.00	Western Union	Standing By Recovery		
17-318536486	\$18.00	Western Union	Primary Purpose		
17-323685742	\$56.00	Western Union	Start Living Group		
R205930900550	\$20.00	MoneyGram	Hope Fiends		
R205930936046	\$181.00	MoneyGram	Who Wants to Live		
				Total Literature:	\$466.59
Donations					
Money Order #	Amount	Type	Group		
17-298487136	\$10.00	Western Union	Standing By Recovery		
17-318536487	\$30.00	Western Union	Primary Purpose		
17-324326093	\$50.00	Western Union	Set it Off		
17-324326092	\$40.00	Western Union	In it to Win It		
17-323685741	\$54.00	Western Union	Start Living Group		
R205930900560	\$25.00	MoneyGram	Hope Fiends		
R205930936057	\$62.00	MoneyGram	Who Wants To Live		
				Total Donations:	\$271.00
Other					
Money Order #	Amount	Type	Group		
17-303268602	\$220.00	Western Union	Antoinette B.		
				Total Other:	\$220.00

Discussion:

XI. Regional Committee Member I & II Report: RCM I Oral report given by RCM II

RCM I Not turned in.
RCM II no report.

Discussion:

XII. Subcommittee Reports

A. **Activities Report:** Report given by Shana C, Activities Chair

- Activities met December 9, 2015 at St. George's from 5:30 until 6:30 to discuss and hash out the final plans for the Christmas Marathon Meeting as well as for the NYE Party.
- Activities hosted a Marathon Meeting at United Methodist Church on December 25, 2015 from 12 p.m. until 6 p.m.
- Activities hosted a NYE Party at Falmouth Baptist Church on December 31st from 9 p.m. until 2 a.m. There was a meeting held at 1 a.m.
- Britany M. was voted in during the December 9th meeting as the Activities Vice Chair.
- Activities spent its allocated budget for Thanksgiving, Christmas, and New Year's down to \$0, which means that Activities spend 100% of the 2015 allocated budget in addition to the \$75.83 increase voted in by home groups.
- Activities has received multiple request for a formal dance. Discussions of a "Prom" have been in place. It is more-so thought that a Mascaraed Ball in March or April will take place.
- Activities will meet again on Wednesday, January 6, 2015. During this meeting ideas for events to take place in 2016 will be discussed. Ideas from all are welcomed, and all RANA members are encouraged to attend to provide their input.

No Discussion

B. **Hospitals & Institutions (H&I) Report:** H&I Chair, Billy M.

Fulfilled all our commitments, have room for another commitment, will keep it in Fredericksburg and look for a jail. We are looking into the diversion center and if that doesn't work, we will look into RRJ. We haven't used any of our budget.

No Discussion

C. **Literature Chair Report:** Literature Chair, Corey C.

No Discussion

D. **Public Relations (PR) Report:** *OPEN POSITION*

No Discussion

XIII. Group Service Representative (GSR) Reports

HOME GROUP	GSR/ALT	DAYS AND TIMES OF MEETINGS	# GROUP MEMBERS	# AVG. WKLY ATTENDANCE/ NEWCOMERS	GROUP DONATION	LIT. ORDER
1. Set it Off	Richard M.- GSR	Sun. 7 - 8:30pm	6	30/2	\$0	\$46.25
Meeting still strong and doing well. Group Anniversaries: <i>Ron M. 11 yrs 01/10</i>						
2. Who Wants to Live	Victoria H.- Alt GSR	Mon. – Fri.12 - 1:15pm	7	100/9	\$58.28	\$55.31
Our group is doing well. Nothing to report at this time. Group Anniversaries: <i>Victoria H.- 1 yr 01/25, John L. 2 yrs 01/15</i>						
3. In It to Win it	Jeanette- Rep	Mon. 7:00 - 8:30pm	8	45/4	\$50.00	\$47.90
Homegroup is doing well. We changed the format to 2 minute moment of silence after the speaker and it has made a difference. Group Anniversaries: <i>Jan 25- Antoinette B. 34 yrs, Feb 15- Kristy C. 1 yr,</i>						
4. Hope Fiends	Sarah M. – GSR	Tue. 7 - 8:15pm	3	25/3	\$0.00	\$40.00
Still need homegroup members. Group Anniversaries: <i>Corey C 9 yrs- Feb 22</i>						
5. Standing by Recovery	Absent	Tue. 7:30 – 8:30pm	5	10/2	-	-
Absent Group Anniversaries:						
6. Clean Works	Kaitlyn B. – GSR	Wed. 7 - 8:15pm	4	25/5	\$50.00	\$0.00
Nothing to report at this time. Group Anniversaries: <i>none</i>						
7. Start Living Group	Eric F. - GSR	Thu. 7 - 8:00pm	11	14/4	\$0	\$0.00
Nothing to report. Group Anniversaries: <i>Steve W- Jan 14th 12 years</i>						
8. Freedom from Bondage/SNL	Kevin S.- GSR	Thur. 9 – 10 pm, Sat. 10pm-?	4	25/2	\$21.86	\$32.00
Nothing to report. Group Anniversaries: <i>None</i>						
9. Man Up to the Flatbook	Absent	Thur. 7 - 8:30pm	3	15/1	\$0	\$0.00
Group Anniversaries: <i>None reported</i>						
10. New Beginnings	Rudy C.- ALT	Fridays 7 – 8:30pm	7	30/5	\$0	\$37.20
Our homegroup will be meeting Jan 8 th after the meeting at ihop, and we updated our format and bylaws. Effectively policing our meetings Group Anniversaries: <i>None</i>						

XIII. Group Service Representative (GSR) Reports *(continued)*:

HOME GROUP	GSR/ALT	DAYS AND TIMES OF MEETINGS	# GROUP MEMBERS	# AVG. WKLY ATTENDANCE/ NEWCOMERS	GROUP DONATION	LIT. ORDER
11. Primary Purpose	Antoinette Sr. – GSR	Sat. & Sun. 12 – 1:30pm	5	17/2	\$30.00	\$34.00
Group Anniversaries: <i>None at present</i>						
12. Experience, Strength & Hope	Julie C.- GSR	Sat. 6:30 - 8:00pm	9	45/2-3	0.00	45.76
Nothing to report Group Anniversaries: Ralph- 25 yrs Jan 23						
13. Clean and Serene	Meghan J.- Alt	Fri. 10- 11: 15pm	4	10/1	0.00	\$14.97
Decided to donate all money (\$53.96) toward church because no rent has been paid in so long. In need of support. No group conscience for at least 2 months. Not sure if we still have a GSR. Group Anniversaries: none						
14. Final Surrender	Absent	Mon – Wed; Fri-Sat	26	18/9	\$0	\$0
No report Group Anniversaries: None						
15. Noon Beginnings	Absent	Mon – Fri 12pm	-	-	-	-
No report given, absent Group Anniversaries: - None reported						
16. Colonial Beach Survivors Group	Justin A – Alt GSR	Friday 7pm-8pm	5	7/1	\$0.00	\$0.00
Nothing to report Group Anniversaries: None						
17. New Beginnings Colonial Beach	Erin- GSR	Tues 6pm	6	9/2	\$0	\$0
Group Anniversaries: <i>March 29- Erin B 2 years</i>						
18. Saturday Night Live Group		Sat. 10pm – 11:30 pm	5	19/1	\$0	\$0
Group Anniversaries: <i>none reported</i>						
19. Rush Hour Group of NA	Dawn B - GSR	Mon, Wed, Fri 5pm – 6:15pm	2	3/0-1	\$0	\$0
We are in danger of closing. <ul style="list-style-type: none"> - 2 home group members - Decided to let the Treasurer’s book rub out & if no more support – we will leftover literature & \$ to AREA - Please support the meeting! Group Anniversaries: None						
20. Alive & Free	Jon F. –GSR	Wednesday 8:00pm, Friday 7:00pm Culpepper Hospital (Boardroom) 501 Sunset Ln, Culpepper, VA 22701	5	8/1	\$0.00	\$0.00
Lack of willingness from members to step up. Need new GSR or alternate to ensure monthly participation in ASC. Group Anniversaries: None at present						

10 Minute Break - back at 5:00pm

XIV. 2nd Quorum

Legend: P = Present A = Absent

HOME GROUP NAME	P/A	NAME	POSTION
1. Set It Off	P	Richard M.	GSR
2. Who Wants to Live	P	Victoria H.	GSR
3. In It to Win It	P	Andrea L.	Alt
4. Hope Fiends	P	Sarah M	GSR
5. Stand By Recovery	A	Donna	GSR
6. Clean Works	P	Katelyn	GSR
7. Start Living Group	P	Eric F	GSR
8. Freedom from Bondage/SNL	P	Kevin S.	GSR
9.Man Up to the Flatbook	A		
10. New Beginnings	P	Rudy C.	Alt
11.Primary Purpose	P	Antoinette B Sr.	GSR
12. Experience, Strength & Hope	P	Julie C.	GSR
13. Clean and Serene	P	Meghan J.	Alt GSR
14.Final Surrender	A	John Jr.	GSR
15. Noon Beginnings	A	-	-
16. Colonial Beach Survivors Group	P	Justin A.	GSR
17. New Beginnings (Colonial Beach)	P	Erin	GSR
18. Rush Hour Meeting	A	Dawn B.	GSR
19. Alive and Free	P	Jon F.	GSR
20.			

2 st QUORUM CALL -Must 4 per Bylaws	
Group Represented	14
Procedural Votes	14

XV. Old Business

Motion 12/6-4: regarding the convention: Favor-7, Opposed-3, Abstain- 3 Motion: **PASSED**
Motion 12/6-10: to print the CAR: Favor-5, Opposed-6, Abstain- 3 Motion: **FAILED**

XVI. Open Sharing

- GSR Orientation: John L. spoke about scheduling an orientation meeting for GSRs and alternates to outline the duties and responsibilities of being a GSR, CAR report motions, and what is expected at area and homegroups. We decided to have the event at 2:30 before ASC in February. "Guide to Local Services" also covers a lot of what GSRs do and are beneficial to have. John will be working with Etta. All these things will be addressed at the Orientation. The closest CAR workshops are in either Richmond or Williamsburg. Antoinette B.(RCM) is willing to come educate the GSR's in our area on the Regional motions. ***See appendix for attached CAR 2016 Group Registration Form***
- Policy Adhoc subcommittee was absolved, so now we don't really have anyone and our bylaws haven't been updated since August 2013. John L. has volunteered to update our bylaws, and we decided that it can fall under his jurisdiction and are fine with him updating our bylaws. Richard M. will assist him in going through all the ASC meeting minutes and update every policy we have passed since then the policy updates. We will be fixing meeting packets, updating quorum, etc. Upon a casual vote, the majority were in favor. Printing of bylaws are in budget, so John L. will get with Kemper B. We will need about 30 copies.
- Should we purchase literature for new meetings? John thinks it's prudent to give these booklets to service committees so everyone knows how to do their jobs. Corey will order 2-3 new Guides to local services and all the other relevant pamphlets (H&I handbook, treasurer's handbook for Matt). A few "Guide to Local Service" books we already had were distributed to Area officers. We will discuss new member start-up kits next meeting.

XVII. Elections for Open Positions

None

XVIII. New Business

Motion #12/6-5: To create a "Special Fundraising Adhoc"

Maker: Rudy C. 2nd by: Teresa R.

Intent:

VOTE: N/A

Result: RULED OUT OF ORDER BY CHAIR (ASC will create a separate committee)

Motion #12/6-6: To request a \$300 start-up seed which will be totally refunded so that the subcommittee can be fully self-supporting.

Maker: Rudy C. 2nd by: Teresa R.

Intent: To be fully self-supporting

VOTE: N/A

Result: RULED OUT OF ORDER BY CHAIR

Motion #01/03-04: To extend area to 7pm

Maker: Rudy C. 2nd by: Julie C.

Intent: To be able to finish everything

VOTE: Favor-9, Opposed-1, Abstain-1 **Result: PASSED**

Motion #01/03-05: To refund Gen O. \$24.75 for the forms and meeting minute copies from Staples for \$24.75

Maker: Gen O. 2nd by: Richard M.

Intent: To be fully self-supporting

VOTE: Budgeted

Result: PASSED

Motion #01/03-06: To create a convention sub-committee & chair for the mini-convention

Maker: Rudy C. 2nd by: Richard M.

Intent: To have a convention committee to be responsible for this area

VOTE: N/A

Result: Sent to homegroups

XIX. Review of Group Status and Business

Review of Groups not present at ASC for 2 consecutive months

No Discussion.

XX. Adjournment & Serenity Prayer

Motion 09/15-06: Maker: Greg G. 2nd by: John L.

Motion to Close @ 7:28pm

VOTE: Unanimous

Motion – PASSED

Submitted to RANASC for approval: 01/11/2016 by Secretary I Gen O.

CAR 2016 GROUP REGISTRATION FORM

Please fill out and submit Online or via your RCM, Digital Scan, or US Postal Service by February 20th, 2016.

- Submit via your RCM – RCM must bring to Feb 20th Regional Service Committee Meeting
- Submit via Digital Scan – Scan the completed form and email to kim@webmastery.org
- Submit via US Postal Service – Mail to Kim Adams 4067 Beulah Road, Nathalie, VA 24577
- Submit Online - go to <http://car-na.org/delegate.htm>

Upon receipt, the delegate team will assign each group an authorization code and email it to the email address provided. This authorization code will be needed to complete your on-line ballot.

Group Name: _____

Area: _____

GSR Name: _____

GSR Contact Info:

Phone: _____

Email: _____

To be completed by the Delegate Team

Group Authorization Code _____

Group Method of voting: _____