

**Discussion:** Discussion about proposed budget.

## **XI. Regional Committee Member I & II Report:**

Good Afternoon ASC,

First off I would like to start with an overview of the Oct 2 day which was on the 15<sup>th</sup> and 16<sup>th</sup> of last month. During the first half of day 1 we decided to discuss 2 major issues that areas across our region are facing. The first topic was attraction, how do we make our meetings more attractive to the new comer. The second topic of discussion was how do we make service more attractive due to the lack of participation in most areas. Here are some of the things we came up with.

### Mtg Attraction

- Clear message of recovery
- stable homegroup members
- possible child care for single parents (by homegroup members, maybe on a rotating schedule)
- Maintaining an atmosphere of recovery, Language and manners especially
- Tolerance towards the still sick and suffering addict
- snacks
- pot luck dinners last mtg of the month
- being more helpful with transportation

### Making Service More Attractive

- Invite people to service commitments
- Sponsorship, Sponsorship, Sponsorship
- Important part of recovery
- Share story about Service
- Mute the negative msg
- Behave like adults
- Make new comer do readings
- takes many forms not just at homegroup level
- watch for character traits that might fit a certain position instead of the warm body syndrome
- positive reinforcement toward the new comer

The second half of the first day was titled Welcoming all members, during this time we went over the common issues our region is having with welcoming those members that don't necessarily speak English, other possible demographics, DRTs, Addicts on other medications, or the chronic relapser. The biggest question was how do we continue an open and inviting attitude, while still maintaining a CLEAR message of recovery. There was great discussion on the 3<sup>rd</sup> tradition and our primary purpose. Desire is not a measurable commodity, it lies in the heart of each individual member and the group IS NOT the jury. Here are some of the solutions the we came to.

1. Hold workshops to increase awareness of how individual actions can affect the new comer
2. Have a meeting about IP 29, this IP goes into the workings of the homegroup and

responsibilities of each individual position

3. Add a time into area to talk specifically about homegroup issues such as meeting attendance, new comer attendance and filling service positions

These issues are definitely something not only to think about, but to bring to discussion at the homegroup level because that's where it all starts, The RCM team as well as our RD team are more than willing to answer any questions that might come up as well as put on workshops where they are wanted and even visit homegroups to try and spread awareness.

Now on to the 181<sup>st</sup> RSC

During open forum we discussed several topics

-First was the obvious issues with accommodations during the October 2 day, the original hotel where our reservations were made backed out on us and rented all of the rooms out, at this time our regional treasurer had to scramble and unfortunately we ended up in a little crack motel close to 30 miles away from harrisonburg, regardless of the set back we still had great participation at the 2 day

-Our regional subcommittees rotate thru the region to increase individual area participation in the regional subcommittees, unfortunately there is a communication break somewhere either in the region to rcm or rcm to area, long story short the participation has been minimal if any. Which brings us to a possible solution of either one centralized location to increase awareness and possibly attendance or moving to a more online forum with conference calling

-H&I, is it OK to put only one person into a meeting, suggested from world and the h&i handbook to have two but areas are loosing meetings where they need them most due to lack of attendance and willingness to show up, possibly moving to Skype or possibly recorded meetings, will get us away from having to find bodies especially bodies with no felonies while still carrying a message to the addicts that need it most

-AVCNA will be held at the Richmond Hilton on January 20th-22<sup>nd</sup>

#### New Business

-181-4 Neil G Joe B

Policy Change, section 6, number 5 sub committees are allowed to use technology instead of an in person meeting when it is more practical to do so

#### PROS

- Enhance our ability to fulfill our primary purpose
- Opens Subcommittee up for better attendance

-181-5 Jim Nancy S

To do away with the position of the RDA2

-RDA2 was started when world started paying for the RD to go to world, region still had budget for 2 people so a new position was born

- It was used as mentor ship and training
- sit in gallery and not on world floor

#### PROS

- frees up funds for other things

ex free up money for the 2 day event

CONS

- 6 year commitment
- Great learning tool

-Neil nominated for regional secretary  
nominated by Nancy from Richmond  
2<sup>nd</sup> by George from blue ridge

-has 16 yrs clean time, 4yrs regional treasurer, Rcm for tidewater, Gsr for homegroup, working knowledge of 12 steps 12 traditions and concepts, has sponsor who has sponsor, ready and willing to serve. GOES BACK TO AREAS FOR VOTING

PROS

-Excellent treasurer for region

- willing
- Service heart

CONS

-doesn't know how to use equipment

-Kim nominated for RD

-Qualifications

Served RDA2 and RDA preparing for RD, Regional RCM 2 yrs and many years at area level, 10yrs step writing, many web pages, has sponsor who has sponsor, time and resources and willingness

-Brian nominated for RDA

-Qualifications

7yrs clean time, sponsor who has a sponsor, solid in steps traditions and concepts, carried many service positions, cleared all other service positions strictly for being able to focus on RDA

PROS

- efficient
- willingness to serve
- well spoken and will be a good facilitator

Lastly out of the original \$50.00 I had asked for I have receipts for \$46.00 worth of fuel and a \$4.00 money order to b returned to area.

In Loving Service  
Your RCM Team

**Discussion: None**

## XII. Subcommittee Reports

### A. **Activities Report:** Ron M.

Our last activities meeting was 10/24/2016. We made final arrangements for Ranaween and also discussed future activities such as: mini marathon meeting for Thanksgiving and Christmas, also a New Year's Eve party.

As for Ranaween: our budget was \$600. Today I am returning \$334.50, a huge loss. I have all receipts and exactly how we made money in the different ways. I stated when I took this position that I'm new at this. This activity has definitely been a learning experience for me, meaning where and how to spend money. It saddens me that so many people took advantage of "no addict turned away" or that people with multiple years clean didn't carry cash that night. Anyways, all in attendance had a wonderful time and for that it was a success showing we do have fun in recovery.

Thanksgiving mini marathon meeting: Will be held Thursday November 24<sup>th</sup> from 12-6 at the Dumpster location. Activities is not asking for any money from Area. We would like each homegroup to adopt an hour or half hour to chair. Any covered dishes, snacks, or drinks are welcome.

Thank you for letting me serve,  
Ron M.

### B. **Hospitals & Institutions (H&I) Report:** Read by Victoria H.

H and I fulfilled all the commitments in the month of September. We still need trusted members with 3 months clean or more to go into the Sunshine home and 1 year for Boxwood. The men's diversion center has a new superintendent so everything is on hold. We are still in communication with that facility. Please join us the second Sunday of each month at 5:00 at the Thurman Brisbane homeless shelter for our sub-committee meeting.

Thank you for allowing me to serve.  
Billy M.

**Discussion: None**

### C. **Literature Chair Report:** Erin B.

**No Report**

**No Discussion**

### D. **Public Relations (PR) Report:** Mike S.

**No Report. Did not meet in October.**

**Discussion:** Discussed RANA's presence at local "Heroes over Heroin" event.

### E. **Outreach- OPEN**

### F. **Mini convention- Rudy C.**

**Report given orally.** Contract was signed and deposit was given to facility for mini-convention. The next planned fundraising event will be a Sweetheart Ball on February 11, 2017 from 7PM – midnight. \$25 per person for entire event or \$5 per person for dance ONLY. Registration for RACNA is still \$10. This will increase to \$15 in January. Mike requested that we refer to the convention as a convention, not a "mini" convention.

HOME GROUP	GSR/ALT	DAYS AND TIMES OF MEETINGS	# GROUP MEMBERS/members with >1yr clean	# AVG. WKLY ATTENDANCE/NEWCOMERS	GROUP DONATION	LIT. ORDER
<b>1. Set it Off</b>	Ian L.- GSR	Sun. 7 - 8:30pm	7/10	35/2	\$0	\$23.97
Celebrations – Ron M. 12 years January 8th						
<b>2. Who Wants to Live</b>	Victoria H.- GSR	Mon. – Fri.12 - 1:15pm	5/5	80/10	\$75	\$135.74
<b>3. In It to Win it</b>	Stephanie C. – Rep	Mon. 7:00 - 8:30pm	4/2	40/10	\$15	\$30
Celebrations - Stephanie C. 1 year November 21st						
<b>4. Hope Fiends</b>	Corey C. – GSR	Tue. 7 - 8:15pm	7/4	30/3	\$0	\$58.13
Celebrations - Chris R. 3 Years November 29 <sup>th</sup> & Warren 23 years December 6 <sup>th</sup>						
Format change beginning in January – Traditions workbook						
<b>5. Standing by Recovery</b>	Absent	Tue. 7:30 – 8:30pm	-	-	\$0	\$0
<b>6. Clean Works</b>	Pat. L - GSR	Wed. 7 - 8:15pm	8/15	40/3	\$0	\$14.00
<b>7. Start Living Group</b>	Dawn L.- GSR	Thu. 7 - 8:30pm	8/10	18/2	\$0	\$0
John C. will be taking over as GSR in January.						
<b>8. Freedom from Bondage/SNL</b>	Kevin S.- GSR	Thur. 9 – 10 pm, Sat. 10pm-?	3/4	9/2	\$16.50	\$12.50
Looking for HG members						
<b>9. Man Up to the Flatbook</b>	Absent	Thur. 7 - 8:30pm	-	-	\$0	\$0
<b>10. New Beginnings</b>	Rudy C.- ALT	Fridays 7 – 8:30pm	7/4	30/5	\$20	\$7.50
Celebrations: Nick C. 2 years December 2 <sup>nd</sup>						

### XIII. Group Service Representative (GSR) Reports *(continued)*:

HOME GROUP	GSR/ALT	DAYS AND TIMES OF MEETINGS	# GROUP MEMBERS	# AVG. WKLY ATTENDANCE/ NEWCOMERS	GROUP DONATION	LIT. ORDER
<b>11. Primary Purpose</b>	Absent	Sat. & Sun. 12 – 1:30pm	5/5	22/5	\$20	\$25.89
<b>12. Experience, Strength &amp; Hope</b>	Etta F.- REP	Sat. 6:30 - 8:00pm	?	35/5	\$25	\$0
Group attendance has increased. No group issues but need more home group members.						
<b>13. Clean and Serene</b>	Tim G. - ALT	Fri. 10- 11: 15pm	2/2	6/2	\$0	\$0
<b>14. Final Surrender</b>	Absent	Mon – Wed; Fri-Sat 7-8pm	-	-	\$0	\$0
<b>15. Noon Beginnings</b>	Absent	Mon – Wed; Fri-Sat 12-1pm	-	-	\$0	\$0
<b>16. Colonial Beach Survivors Group</b>	Absent	Friday 7pm-8pm	-	-	\$0	\$0
<b>17. New Beginnings Colonial Beach</b>	Absent	Tues 6pm	-	-	\$0	\$0
<b>18. Alive &amp; Free</b>	Absent	Wednesday 8:00pm, Friday 7:00pm Culpepper Hospital (Boardroom) 501 Sunset Ln, Culpepper, VA 22701	-	-	\$0	\$0
<b>19. The “noonah” 15/1 Promises Club Tues Thurs 12pm</b>	Absent	Tuesdays & Thurs 12:00pm- Promises Club	-	-	\$0	\$0
<b>20. Rise and Recovers</b>	Andrea L. GSR	Thursdays 7:15 - 8:15AM at the Dumpster	5/?	11/1	\$0	\$0
First meeting was a success. We will continue to meet. Our format is to discuss the literature covering each step (one per month). We are happy to be carrying the message and be part of the area.						

## 10 Minute Break - back at 5:00pm

### XIV. 2<sup>nd</sup> Quorum

Legend: P = Present A = Absent

HOME GROUP NAME	P/A	NAME	POSTION
1. Set It Off	P	Ian L.	GSR
2. Who Wants to Live	P	Victoria H.	GSR
3. In It to Win It	P	Britany	Rep
4. Hope Fiends	A	Melanie	GSR
5. Stand By Recovery	A	Donna	GSR
6. Clean Works	A	Emily B.	Rep
7. Start Living Group	P	Dawn L.	GSR
8. Freedom from Bondage/SNL	P	Kevin S.	GSR
9. Man Up to the Flatbook	A	Michelle	rep
10. New Beginnings	P	Rudy C.	Alt
11. Primary Purpose	A	Rob.	Alt
12. Experience, Strength & Hope	P	Etta F.	Rep
13. Clean and Serene	P	Chris P.	Rep
14. Final Surrender	A	Brian T.	GSR
15. Noon Beginnings	A	Tim H.	GSR
16. Colonial Beach Survivors Group	A	James D.	GSR
17. New Beginnings (Colonial Beach)	A	Sonny.	GSR
18. Alive and Free	A	Jon F.	GSR
19. The "noonah"	A	Chip	GSR
20. Rise And Recover	P	Andrea	GSR

2 <sup>st</sup> QUORUM CALL -Must 8 per Bylaws	
Group Represented	9
Procedural Votes	9

### XV. Old Business

**Motion #10/2-6:** To spend \$264 for a case of soft-cover Our Guiding Principles- the new traditions handbook

Maker: Etta F.                      2<sup>nd</sup> by: Britany M.

Intent: To supply RANA with our newest literature release

**Result: PASSED**

**Motion #10/2-9:** Adding to the by-laws, Article 6 subcommittees- 1<sup>st</sup> bullet point: "any sub-committee can hold their monthly meeting by conference call if they so choose at their designated time."

Maker: Melanie.                      2<sup>nd</sup> by: Victoria H.

## XVI. Open Sharing

- Budget Meetings
- Pre-order cases of Our Guiding Principles may no longer be available. Literature is looking into it and will order \$264 worth of soft cover copies either way.

## XVII. Elections for Open Positions

- None – Announce Treasurer II as open

## XVIII. New Business

**Motion #11/6-5:** To approve the proposed 2017 budget.

Maker: Victoria H. 2<sup>nd</sup> by: Kevin S.

Intent: To fund RANA for 2017.

**Result:** **SENT BACK TO GROUPS**

## XIX. Review of Group Status and Business

Review of Groups not present at ASC for 2 consecutive months

## XX. Adjournment & Serenity Prayer

**Motion 10/2-10:** Maker: Etta F. 2<sup>nd</sup> by: Andrea L.

Motion to Close @ 6:26 pm

*VOTE: Unanimous*

**Motion – PASSED**