

Rappahannock ASC Minutes for
March 4th, 2018



Welcome new and returning ASC members!

16 homegroups are members of the Rappahannock Area Service Committee of Narcotics Anonymous.

There are **39 meetings** in the Rappahannock Area every week!

Website:
www.rappahannockareaofna.com
Helpline Number: (800) 777-1515 (24 hours)

I. Serenity Prayer
II. Readings

- a. Service Prayer (Read by Jay H.)
- b. Purpose of Area Service (Read by Michelle G.)
- c. 12 Concepts of NA Service (Read by Victoria H.)
- d. 12 Traditions of Narcotics Anonymous (Read by Derek V.)
- e. Decorum Statement (Read by Joey J.)

III. RANA Trusted Servants & Subcommittee Chairs Roll Call

Legend: P = Present A = Absent O = Open Position * = Arrived Late

POSTION	NAME	J	F	M	Report	Comment
Chair	John L.	P	A	A	-	
Vice Chair	Victoria H.	P	P	P	-	
Secretary I	Robb B.	-	-	P	Written	
Secretary II	<i>OPEN</i>	-	-	-	-	
Treasurer I	Richard M.	P	P	P	Written	
Treasurer II	Derek V.	A	A	P	-	
RCM I	<i>OPEN</i>	-	-	-	Written	Richard M. <i>Pro Tem</i>
RCM II	Bill	-	-	P	-	
VRCC Dir.	<i>OPEN</i>	-	-	-	-	
Activities	Ron M.	P	A	P	Written	
H&I	Michelle G.	P	P	P	-	
PR	Art M.	A	P	P	-	
Literature	Erin B.	P	P	P	-	
Outreach	<i>OPEN</i>	-	-	-	-	
RACC	Mark T.	-	A	P	Written	

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VII. Secretary I Report and Q&A – Robb B.

Good Afternoon RANA ASC,

This is my first report, so please bear with me as I stumble along. I have spent the past few weeks organizing things and getting familiar with the roles and responsibilities that the position requires of me. Victoria has sent me all of the proper area documents in digital format. I have obtained a file box from secretaries past that has had quite an amount of old forms, ASC Minutes, and misc. paperwork and publications in it. I have not thrown any of it away as I was unsure as to what was important or not; if anyone has any experience on this, please see me. The only responsibility that I have any question about pertains to item “K” of Article 5 Section 3, which states a duty of mine is to hold a key for the ASC Post Office Box. If this is still true, from whom do I receive this key? I would also like to take this time to thank the ASC for entrusting me with the position. I look forward to serving the area and look forward to working with you all.

Yours in Service,

Robb

VIII. Secretary II Report and Q&A – OPEN POSITION

IX. Chairperson Report and Q&A – John L. – Absent

Next Report due April 2018

X. Vice Chairperson Report and Q&A – Victoria H.

No Report Submitted – Visited Activities committee this month.

XI. Treasurer I Report and Q&A – Richard M.

Good Afternoon ASC,

Estimated beginning balance at the start of today is \$4452.67.

Last month’s deposit was \$394.73, which included \$150.00 from group donations and \$244.73 from literature.

Checks written include ck#1127 to Victoria Hansen for \$4.05. There were 2 separate literature orders made, one was for H&I for \$56.10, the other for the area \$202.62. This leaves our estimated balance at the beginning of today at \$4584.63, \$2250.13 above prudent reserve. I have received a \$120.00 money order from Antoinette B which will be included in today’s deposit; this brings her current through March with a remaining balance of \$1583.37. I also feel that an audit of the books should happen here very soon especially with the changing of bank accounts coming. I would like to do that this month as to have an accurate amount to transfer to the BB&T bank account. Lastly I would like to talk a little about our convention committee’s donation to the area that has been voted to be distributed to the homegroups through literature. I know there was a lot of discussion about who individual homegroups wanted to donate their portion of this money too. I would like to make things simple by saying, the homegroups should be responsible for their literature and if the homegroups through a group conscience decide to donate this money. I feel that they as a home-group should

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coordinate with who they decide to donate the money too.

Thank you for letting me serve,
Richard Marvin

XII. Treasurer II Report and Q&A – Derek V.
No Report, No Discussion

XIII. RCM I Report and Q&A – Richard M. Pro Tem

Good Afternoon ASC,

First off I was unable to attend Februarys RSC due to work, but from the RSC minutes I will explain as well as I can. During open forum the Chair brought up issue that he has discovered a clerical error in Policy regarding elections wherein an example used for a point of policy actually conflicts with the policy. Discussion ensued regarding how to address the error. The point of concern was that the position of RDA became open and notification was not sent by letter from the Chair. As well as Discussion was brought up about streamlining the process of making sure that meeting info on the Regional website is kept current. PR committee member expressed some concern with a bit of difficulty encountered while trying to update the Basic Meeting List Toolbox (BMLT). The most important topic of the RSC is of course the CAR and CAT reports. The CAR is the conference agenda report which as we have spoken of over the last few months is 25 motions for our homegroups to vote on. The CAT is the Conference Approval Track which deals mainly with Regional seating, world budget and the literature survey. There are 3 ways for homegroups to vote.

Paper Ballots can be downloaded via the following link:

<https://tinyurl.com/2018-Tally-Sheet>

The deadline for submitting your paper ballot is April 14th, 2018. Each GSR wishing to vote by paper ballot should email a copy to rd@carna.org prior to April 14th or mail your ballot via USPS to your delegate. Email or call to get the address. 860-309-1404

Online voting is available at:

<https://tinyurl.com/2018-CAR>

The deadline for submitting your vote electronically is April 14th. If your group intends to vote online, and you need your group registration code, please email rd@car-na.org or go online and register your group to get your registration code at <https://tinyurl.com/CARNA-Group-Registration>.

You can vote in person at the GSR Assembly. Information about the GSR Assembly is available on the Central Atlantic Regional Website (<http://car-na.org/delegate>) and on the Events page. The April 2-day GSR Assembly and RSC on April 21-22, 2018 will be held at the EconoLodge in Colonial Heights, 2310 Indian Hill Rd. Colonial Heights, VA 23834, please distribute the flyer. The GSR assembly is Saturday from 10:00 - 4:00 and the RSC is Sunday starting at 10:00. Now due to me not scheduling a car workshop for me to host before area today there is going to be a pretty stiff time schedule to get the GSRs to a point they can bring the motions to their homegroups with enough information to help

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your homegroups understand, I am willing to show up to any home-group interested in my help, either in person or by phone unless the GSRs want to schedule something during open sharing. I'm sorry; I completely dropped the ball on this one but I have high hopes we will be able to get it done. I would like this topic discussed in open sharing to get a feel of where the GSRs are about it and possible solutions. To get copies of the CAR and CAT you can go to na.org and look under events, find CAR report as a pdf and download it that's what I did. There will be at least 2 more CAR workshops put on by the RD team which you can be a part of using the zoom conference app, its free and all you need is the app and the number provided which can be found on car-na.org, go to events and or the delegates page. This is actually how I was able to attend the workshop yesterday. If you are completely lost or just have questions please ask. Next order of business is our recent RDA has stepped down. We have a nominee with her qualifications listed below.

Qualifications for Dee Philippou, RDA nominee:

Clean Date 6/01/1988

Service commitments I have held over the past 29+ years of service to NA:

Home Group Level

Door Greeter Clean Ashtrays

Coffee Maker Secretary

GSR, GSR – Alt.

Chair Treasurer

Key Tags Court Slip Signer

Area Service Level

RCM (2 terms)

RCM2

Treasurer

Regional Service Level

Secretary 3 two year terms not consecutively

Regional Vice-Chair

Regional Chair

Regional Delegate Alternate

Regional Delegate (was RD for Freestate Region until Dec. 2017 when I resigned because I just couldn't make the 5-hour drive every month anymore. I did it for 6 months and it took its toll on me.) It is the only service commitment that I haven't completed.

I have a sponsor and most always have had one over the years. I have worked the 12 steps and 12 traditions multiple times and written on the 12 concepts. I am currently on my 6th step. I moved to the Southside Area last May and purchased my uncle's home from my cousins. I moved because my husband of 19 years died suddenly from an asthma attack on May 29, 2016 just 28 days after I returned from the WSC as the RDA. I lived alone in my home there for almost a year after he died and just couldn't stay there any longer with the memories. I now live in South Boston, VA. My daughter and her 3 children live with me now. She has 15 years clean in NA. My oldest granddaughter will be 13 in a few weeks and the twin boys will be 10 on July 4th. I got clean in Richmond June 1, 1988 and went

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to meetings there for a few months then moved with my new husband - that I married 92 days clean – to the Hagerstown Area. I went to meetings there and in PA for 3 years before moving to the Freestate Region where I had lived and served the fellowship for the past 26 years. I am willing to serve the CAR-NA Region and currently am GSR for my homegroup – A New Beginning that meets on Thursday evening at 6 pm at the Sentara hospital in South Boston. I am also the current secretary for the Southside Area of NA. If you have any other questions about my service to NA, please contact me at zikidee@yahoo.com

Motions to be voted on are as follows

Motion 187-1:

Mover: Kim A Second: Sue N

Intent: Provide info needed by the RD team.

Motion: Change/add to Section V,

Reports “A) total number of homegroups and meetings” and “L) total number of H&I commitments and names of facilities being served by your area’s H&I subcommittee.”

Disposition: Sent to Policy. Still with Policy at 188th. Sent to Areas at 189th.

We also need a yea or nay on the current RDA nominee

The next RSC will be held April 22nd the Sunday after the GSR assembly

Thank you for letting me serve,
Richard M.

XIV. RCM II Report and Q&A – Bill
No Report, No Discussion

XV. VRCC Director Report and Q&A – OPEN POSITION

XVI. Subcommittee Reports and Q&A

A. Activities – Ron M.

Hello Everyone,

First off, I would like to apologize for missing area service last month. Also, to my subcommittee for missing our last meeting. This is all to do with ongoing health issues and would like to thank you all for your patience.

OK, GSR’s, here are announcements:

- ST. PATRICK’S DAY GAME DAY – Saturday 17 March 2018 1:00-6:00 PM. Dumpster location (Fredericksburg United Methodist Church). FREE EVENT. Pizza, pop, and games to play.
- Early heads up, SPRING PICNIC – Saturday 19 May 2018, Kenmore Park. More will be revealed.
- Activities Subcommittee needs support

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Today, I am asking area for \$100.00 for Game Day – church rent, pizza, pop.
Purpose is to show we have fun in a safe environment.

Thank you for letting me serve,
Ron M.

B. Hospitals & Institutions – Michelle G.

No Report Submitted – Will attend the 17 March Regional Subcommittee Meeting to discuss a possible “Learning Day” event.

C. Literature – Erin B.

No Report Submitted – Literature Credit to be discussed in Open Sharing.

D. Outreach – **OPEN POSITION**

E. Public Relations – Art M.

No Report Submitted – Did not get a chance to visit the meetings from last month’s Group Status Report, but did reach out by phone and received word that all is well with the meetings.

F. RACC Convention Committee – Mark T.

Good Afternoon,

The RACC met on February 13th and 27th at Wegmans...

The following positions have been filled:

- 1) Rudy- Programming Chair
- 2) Kemper- Treasurer I
- 3) Derek- Registration Chair
- 4) Julie- Hospitality Chair
- 5) Billy- Fundraising & Entertainment Chair
- 6) Jeanette- Secretary pro tem

Here are the open positions: Vice Chair, Secretary I and II; Treasurer II; Convention Information; Merchandise Chair.

I redlined our bylaws with several suggestions for editing. We subsequently went over them, made some more revisions, and came to a conclusion. We then, based on information given to me by Bonnie Martin, voted and approved RACNA II will be held at The Hospitality House on the weekend of May 3rd, 2019. We also provided some names for the convention on February 13th and on February 27th, voted and approved RACNA II is named “Our Spiritual Condition”. I received a proposal/contract from Bonnie Martin, General Manager on Friday March 2nd, 2018. It states: “**ALL ARRANGEMENTS ARE BEING HELD ON A TENTATIVE BASIS AND WRITTEN ACCEPTANCE MUST BE RECEIVED BY Friday, March 16, 2018 ALONG WITH YOUR REQUIRED NON-REFUNDABLE DEPOSIT OF \$ 500.00**.”

Our standing meeting schedule is the 2nd Tuesday of the month and we will be discussing this at our next scheduled meeting on Tuesday March 13th. In conclusion, I am happy to announce our first fundraiser is a spiritual breakfast and will be held April 7th. Details are posted on the RANA website.

I.L.S. --- Mark T.

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XVII. Group Service Representative (GSR) Reports

Home Group	GSR/ALT/REP	Meeting Day & Time	Homegroup Members	Avg. Weekly Attendance / Newcomers	Group Donation to Area	Literature Order
Set It Off	Karen R.	Sun. 7:00 – 8:30 PM	6	30 / 5	-	\$20.00
Richard M. celebrates 3 years on 8 April.						
Who Wants To Live	Absent	Mon. – Fri. 12 – 1:15 PM	2	-	\$60.00	\$41.20
In need of homegroup members and a GSR!						
In It To Win It	Jay H.	Mon. 7:00 – 8:30 PM	7	30 / 3-4	\$80.00	-
Stephanie celebrates 1 year March 12. All is well. Attendance has returned to normal regular anticipated attendance.						
Hope Fiends	Absent	Tue. 7:00 – 8:00 PM	-	-	-	-
<i>No Report Submitted</i>						
Standing By Recovery	Marci (Absent) Akim E (ALT)	Tue. 7:30 – 8:30 PM	3	4 / 1	-	-
Group Attendance low						
Clean Works	Gabe T.	Wed. 7:00 – 8:15 PM	10	40 / 2	-	\$11.00
Derek V. celebrates 2 years on March 28						
Start Living Group	Cat E.	Thu. 7:00 – 8:30 PM	8	8-12 / 3-4	-	\$4.50
We are doing well. Group attendance growing.						
Freedom from Bondage / SNL	Kevin S. Phil S. (ALT)	Thu. 9–10 PM Sat.10:00PM-?	6	8 / 1	-	-
Welcome to the NAborhood	Teresa R. (Ab.) Dawn L. (REP)	Thu. 7:00 – 8:30 PM	6	15 / 1	-	-
Teresa R. celebrates 6 years on March 29						
Back to Basics	GSR Absent Joey J. (REP)	Fri. 7:00 – 8:30 PM	8	30-35 / 1-2	-	-
Primary Purpose	Absent	Sat. & Sun. 12– 1:30 PM	-	-	-	-
<i>No Report Submitted</i>						
Experience, Strength, & Hope	John T.	Sat. 7:00 – 8:15 PM	6	10/5	-	-
Final Surrender	Absent	M,W,F,Sat. 7:00 –8:00 PM	-	-	-	-
<i>No Report Submitted</i>						
Colonial Beach Survivors	GSR Absent Bill S. (ALT)	Fri. 7:00 – 8:00 PM	5	8-10 / 3	-	-
A lot of newcomers in February. Same standard people attending as well.						
New Beginnings of Colonial Beach	Absent	Tue. 6:00 – 7:00 PM	-	-	-	-
Erin B. will celebrate 4 years on 3 April.						
Alive & Free	Charlie B.	Wed. 8:00 PM & Fri.7:00 PM	10	15-20 / 2	\$117.00	\$81.00
Martin will celebrate 2 years on 2 April.						

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XVIII. Second Quorum

HOME GROUP NAME	P/A	NAME	POSTION
1. Set It Off	P	Karen R.	GSR
2. Who Wants to Live	A	-	-
3. In It to Win It	P	Jay H.	GSR
4. Hope Fiends	A	-	-
5. Standing By Recovery	P	Akim E.	ALT
6. Clean Works	P	Gabe T.	GSR
7. Start Living Group	P	Cat E.	REP
8. Freedom from Bondage/SNL	P	Kevin S.	GSR
9. Welcome to the NAborhood	P	Dawn L.	REP
10. Back to Basic	P	Joey J.	REP
11. Primary Purpose	A	-	-
12. Experience, Strength & Hope	P	John T.	GSR
13. Final Surrender	A	-	-
14. Colonial Beach Survivors	P	Bill S.	ALT
15. New Beginnings of Colonial Beach	A	-	-
16. Alive & Free	A	-	-

2st QUORUM CALL -Must 8 per Bylaws	
Group Represented	10
Procedural Votes	10

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XIX. Old Business

Motion #2/11-08: To use the literature credit that was given to home groups within a 6 month time period.

Intent:

Maker: Teresa R. **2nd By:** Kelly S.

VOTE: Abstaining- 3, For- 6, Against-1

Motion: **PASSED**

XX. Open Sharing

- **April ASC Date Change:** April's Area Service meeting falls on Easter Sunday. The GSR's unanimously voted to move ASC to the second Sunday of that month (4/8) (*Motion #2/11-05*).
- **Literature Credit:** It was reiterated that if a homegroup has the desire to "donate" the \$100.00 literature credit that has been issued to them to a specific subcommittee, they are to organize this effort directly with the subcommittee of their choice and order desired materials and then hand off the materials to be donated. This prevents convolution of the process with the Literature Chair, and allows the credit to be accounted for in a manner according to the motion that previously passed (*Motion #1/7-06*).
- **ASC Bank Account Change:** The bank account switch will take place this coming week. Mark T., current account trustee for the RACC account will go to BB&T with the ASC chairpersons and switch the names on the account to reflect the movement.
- **Richard M. has proposed an audit of last quarter's (Q4 2017) finances,** especially considering the bank account changeover happening. Victoria, Derek V., and Akim E. have all volunteered to aid in this effort.
- **Conference Agenda Report (CAR) Workshops** – Richard M., acting as our RCM pro tem, presented details about options for the CAR Workshops that will be happening in the coming month. There is a workshop on 10 March at Highland Park Community Church in Dublin, VA from 11:00 AM – 4:00 PM. The next event is 24 March at Wesley Chapel, United Methodist Church in Ridgeley, WV from 11:00 – 4:00 PM. These workshops can be attended in person. There is also a Zoom Video Conference option that is being offered on 2 dates this month: Monday 19 March from 7:00-9:00 PM, and Saturday 31 March from 11:00 AM- 1:00PM. URL's for the conferences, and other information on them can be found on our regional website's "Information from your Delegate Team" page: <http://car-na.org/service/delegates.html>
In order to provide our area with insight on motions to be voted on, Richard M. has offered to have a "Q&A" session about all things CAR.

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There has been a meeting scheduled to go over motions in the CAR for Tuesday 6 March at 6:00 PM in the upstairs portion of Wegmans.

- It was suggested that we include a link to the Conference Agenda Report (CAR) in this month's minutes. The CAR can be found on the NA World Services website:

https://www.na.org/admin/include/spaw2/uploads/pdf/conference/CAR/CAR2018_Web.pdf

- It was also suggested that we include a link to the Conference Approval Track (CAT). This can also be found on NA World Services' website:

https://www.na.org/admin/include/spaw2/uploads/pdf/conference/CAT/2018CAT_WEB.pdf

XXI. Elections for Open Positions

Antoinette B. ("Old School") was voted in as VRCC Director.

XXII. New Business

Motion #3/4-3: To reimburse Victoria H. \$6.37 for copies for today's ASC.

Intent: Self-supporting

Maker: Victoria H.

2nd By: John T.

VOTE:

Motion: **BUDGETED**

Motion #3/4-4: To give \$100.00 to Activities Subcommittee for Game Day.

Intent: Self-supporting

Maker: Joey J.

2nd By: Gabe T.

VOTE:

Motion: **BUDGETED**

XXIII. Review of Group Status and Business

The following groups have missed at least 3 consecutive ASC's:

- Final Surrender

Meeting was discussed and Art M. has taken note to visit it this coming month.

XXIV. Adjournment and Serenity Prayer

Submitted to RANA ASC for approval: 3/12/2018 by Secretary I Robb B.