

## Rappahannock ASC Minutes for

# 7 April 2019

Welcome new and returning ASC members!  
16 Homegroups are currently in the Area!

### **Subcommittee Meeting Schedule:**

Activities – Last Monday – 5:30 @ Dumpster  
H & I – 1<sup>st</sup> Sunday – 3:00 @ Fairview Baptist  
PR – 1<sup>st</sup> Sunday – 3:00 @ Fairview Baptist  
RACC – EVERY Tuesday – 6:30 @ Wegmans  
RACC Programming – 4<sup>th</sup> Wednesday – 6:30 @ Wegmans

## I. Serenity Prayer/Motion to Record

## II. Readings

- A. Service Prayer (Read by Trea H.)
- B. Purpose of Area Service (*Reading Absent*)
- C. 12 Concepts of NA Service (Read by Robb B.)
- D. 12 Traditions of Narcotics Anonymous (Read by Mark M.)
- E. Decorum Statement (Read by Joe B.)

## III. Roll Call

### A. Executive Committee Members and Subcommittee Chairs

POSTION	NAME	F	M	A	Report	Comment
Chair	John L.	P	A	A	Due Apr.	
Vice Chair	Victoria L.	P	P	P		
Secretary I	Robb B.	P	P	A		
Secretary II	Akim E.	-	A	P		
Treasurer I	Richard M.	P	P	P		
Treasurer II	Derek V.	A	A	A		
RCM I	<i>OPEN</i>	P	A			Etta F. <i>Pro Tem</i>
RCM II	<i>OPEN</i>	-	-	-		
VRCC Dir.	Antoinette	A	A	A		
Activities	Britany M.	P	P	P		
H&I	Ron M.	A	P	P		
PR	Art M.	P	A	A		Joe B. <i>Representing</i>
Literature	Stephanie C.	-	-	P		
RACC	Mark T.	A	A	A		Mike S. <i>Representing</i>

Legend: P = Present A = Absent \* = Arrived Late

There are **22 meetings** in the Rappahannock Area every week!

Website: [www.rappahannockareaofna.com](http://www.rappahannockareaofna.com) ♦ Helpline Number: (800) 777-1515 (24 hours)

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B. Group Service Representative/Home Group Roll Call

GROUP NAME	F	M	A	NAME	POSTION
Primary Purpose	A	P	A	John T.	GSR
Welcome Home	P	P	P	Ron M.	REP
Who Wants to Live	P	P	P	Mark M.	REP
In It to Win It	P	P	P	Jackie T.	GSR
Spiritual Connection	P	P	P	Summer M.	GSR
Standing by Recovery	A	P	P	Joe B.	GSR
New Beginnings of King George	P	P	P	Erin B.	GSR
Clean Works	A	P	A	Mark T.	REP
Start Living	P	P	P	Cat E.	GSR
Welcome to the NAborhood	P	P	P	Michele W.	GSR
Freedom from Bondage/SNL	P	P	P	Joe S.	GSR
Colonial Beach Survivors Group	A	A	P	James	GSR
Back to Basics	P	P	P	Julie C.	REP
Experience, Strength, & Hope	P	P	P	Trea H.	GSR
Alive & Free	A	*	A	Charlie B.	GSR
Men's Sharehouse	P	P	P	Rich G.	GSR

Legend:          P = Present          A = Absent          \* = Arrived Late

**IV. 1<sup>st</sup> Quorum Call**

<b>1<sup>st</sup> QUORUM CALL -Must 8 per Bylaws</b>	
Group Represented	13
Procedural Votes	13
Quorum Met?	YES

## V. Adoption of the Agenda

**Motion #4/7-02:** To adopt April's Agenda as proposed.

Maker: Victoria L.                      2<sup>nd</sup> By: Summer M.

**VOTE:** For: 13      Against: 0      Abstain: 0      **Motion: PASSED**

## VI. Adoption of Last Month's Minutes

**Motion #4/7-03:** To approve February's minutes.

Maker: Joe S.                              2<sup>nd</sup> By: Joe B.

**VOTE:** For: 13      Against: 0      Abstain: 0      **Motion: PASSED**

## VII. Secretary Report

### A. Secretary I – Robb B.

Good afternoon everyone.

Sorry for my absence today. I am currently working on developing a solid schedule at my \*new\* job and today I was needed in the office today. I have full faith in Akim that he is capable to carry out the secretary duties today and I look forward to going over his notes from today's meeting.

I made a mistake on last month's minutes. There was an error of me getting Ron's full report on there. My apologies. I will fix it.

The only thing I need from ASC today is for Akim to receive his copy of A Guide to Local Service. I did not get it last month and hope we can get that for him this month.

Thank you for helping me continue to serve, and please let me know how I may further help.

Yours in Service,

Robb.

### B. Secretary II – Akim E.

No Report Submitted

## **VIII. Chairperson Report – John L.**

A. Good Afternoon, RANA

The first quarter of 2019 has seen the winds of change blow in our area with visible positive changes and increased interest in the well-being of our area everywhere. We have several new subcommittee chairs taking the reins and all feedback has been positive about the direction they are going. Special thanks to our new H and I chair Ron M and our new Literature Chair Stephanie H for rolling up their sleeves and getting right to work. We also saw the addition of Akim E to Secretary II and look forward to his involvement on the ASC Executive Body. We currently have two active Ad-Hoc subcommittees... Richard M is working on clarifying the by-laws in regard to prudent reserve and the RANA Joint Subcommittees Learning Day Ad-Hoc is working to organize our efforts to educate and involve the members of RANA in subcommittee service. I would also like to acknowledge that every home group except for one was present and accounted for at last month's area... the first time during my term as chair that this has happened.

Gearing up for our second area convention, we need all hands-on deck. This will be a huge weekend for our little area and the RACC could use the service efforts of anyone who is able. They are meeting every Tuesday upstairs at Wegmans up until the convention so please show up and encourage others to get involved.

Finally, I would like to say that this is my final report as your chair person, and it breaks my heart that I'm not able to be here in person to deliver it to the body. As we discussed back in October, my availability was going to be quite limited over the last 6 months of my term. The past two years have taught me immeasurable lessons on the practical application of Traditions, Concepts, Spiritual Principles. I want to thank the service body for allowing me the opportunity to serve... and, on many days, the grace of their patience. I'm praying for guidance on where my service efforts will be applied next and it may not be long until you all see my face at area again in some capacity.

In Loving Service

John L.

ASC Chair

## **IX. Vice Chairperson Report – Victoria L.**

A. Dear RANA Family,

This serves as my last report as your vice chair, as my term comes to a close. I am eternally grateful for the lessons that service in RANA has taught me so far, and for the endless patience that you have shown me as I learn these lessons.

The last two months have been busy for our subcommittees!

The RACC is less than a month away from our second area convention and will be meeting more frequently this month in preparation. There are a lot of opportunities to help at the convention, so if you are interested in serving please see Mark, Rudy, Julie, or another member of the RACC!

H&I held their first workshops for NA members interested in serving at the last activities event. This workshop was well-attended, so thank you to everyone who came! Stay tuned for future workshops. H&I needs panel leaders and panel members, so please see Ron if you are interested in serving!

Activities hosted another successful game day last month and is getting ready for an "egg-celent" event next weekend as well! Thank you to Britany and the members of Activities for showing our area that we have fun in recovery!

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I would also like to give a shout out and sincere thank you to Ron and Britany for exemplifying how beneficial it can be for our subcommittees to work together!

Our PR chair was once again absent from the subcommittee meeting in March and April. This is particularly unfortunate as several interested NA members showed up to the scheduled meeting time and place looking to get involved. This is not the first time members have shown up to get involved in this subcommittee only to find that the scheduled meeting has not taken place, with no announcement. I would encourage PR to consider how it can better commit to a regular meeting time and place so that it can grow.

Finally, our joint subcommittees service learning day is shaping up to be a truly exciting event! I have fliers here today for GSR's to take back to their home groups. There will be free food, raffles, and lots of good information, so please mark your calendars!

Thank you again to this area for allowing me to serve as your vice chair.

In Loving Service,  
Victoria L.

## **X. Treasurer Report**

### **A. Treasurer I – Richard M.** Good Afternoon ASC

Beginning balance at the start of area is \$3378.04. Deposit from last month includes \$442.00 from group donations and \$190.43 from literature orders for a grand total of \$632.43. Checks written last month include. Ck#1022 to Britany M for \$150.00, ck#1023 to Victoria L for \$7.26, ck#1024 to Victoria L for \$16.00, ck#1025 to Ron M for \$35.00 and lastly ck#1026 to Robb B for \$6.29. Checks still outstanding include ck#1006 to Erin B for \$11.05, ck #1010 for \$4.40 ck#1014 for \$22.00 ck#1023 for \$7.26 and ck#1024 for \$16.00 all to Victoria L. This leaves us \$1,817.04 over prudent reserve.

As an area we had scheduled a day for an ad hoc to discuss prudent reserve. Unfortunately, no else showed up but myself, so with that being said I have come up with a draft for a bylaw change that I will be putting in new business today. I will be asking for a line to be added to the prudent reserve piece of our bylaws to simply state that we hold \$750.00 over prudent reserve and any excess will be donated where the area deems fit on 6 months basis in Julys area and January's area which will give time for a motion to be written in June and December so the area can decide where to send the money. This will not affect our regional and world donations that are already stated in our budget and bi laws so these will need to be taken into account as we discuss where we want the donations to go. It is up to the body whether we discuss this in open sharing, the motion will be more detailed as to the location in the bi laws.

We discussed meeting lists last month and I am cautiously optimistic that all the homegroups brought back any changes that need to be made to the list so we can order them this month. I have also spoken with Antionette B aka new school and she will start making regular payments again soon and is appreciative to the patience of the body.

In loving service  
Richard M

- B. Treasurer II – Derek V.  
Absent, No Report Submitted.

## **XI. RCM Report**

- A. RCM I – OPEN – Etta F. *Pro Tem*  
Absent, No Report Submitted.

- B. RCM II – OPEN

### **Regional Committee Member II– Qualifications and Duties**

- A. One (1) year clean time
- B. One (1) year ASC experience
- C. Two (2) year term
- D. Represent the ASC at the RSC, in the absence of the RCM.
- E. Attend at least each RSC meeting held in this ASC’s quadrant.
- F. Submit a written report to the ASC summarizing the RSC after each RSC meeting in the absence of the RCM.
- G. Be an automatic nominee for RCM position upon fulfilling term as RCM II.
- H. Provide receipts for gas, tolls, parking, hotel and administrative expenses incurred. Monies for which there is no receipt must be returned at the next ASC meeting. ASC will not reimburse for food.
- I. Attend weekly budget review meetings in October of each year.

## **XII. VRCC Report – Antoinette B.**

- A. Absent, No Report Submitted.

## **XIII. Subcommittee Reports**

- A. Activities – Britany M.  
Good evening everyone,

Game day went well especially combining with H and I for the workshop. So, a big thank you to the activity members and H&I. We spent 67.30 in total out of the 150 dollars we requested from area. And made 7.00 dollars from 7th tradition. So, I will be returning a total of 88.31 to area due to the money order being \$1.39. Activities will be meeting this Monday @ 5:30 location the dumpster, to put the finishing touches on the egg hunt picnic. Which is on Saturday April 13th at Kenmore Park. It will be held from 12-6pm \$5 dollars all you can eat. We will have an egg hunt for the kids, so parents please bring a basket for them. Other games we will have is an egg walk, egg toss and egg roulette. Activities is requesting \$400 dollars to put this event on.

Thank you in loving service  
Britany

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B. Hospitals and Institutions (H & I) – Ron M.

H&I put on our first workshop last Saturday March 30 along with Activities game day. Would like to thank activities for hosting us. We had 16 in attendance and had a lot of questions throughout which tells me there's a lot of interest in the subcommittee. I feel very positive about the workshop. We had two new panel leaders start in March and one starting this month, so thanks to all for stepping up. We still need panel leaders for Boxwood, and Sunshine House. Would like to have some new men sign up for RRJ. Today at the monthly subcommittee meeting we had 7 in attendance. Great meeting. We discussed many things including learning day. Very Excited about this growing subcommittee.

Thanks for letting me serve, Ron.

C. Literature – Stephanie C.

No Report Submitted.

D. Public Relations (PR) – Art M.

Greetings ASC, at this time there is very little to report on today. I have to the best of my ability been in contact with other PR Chair persons concerning various matters that relate to my goals for our area. Also, at this time I'm going through the trials of a very challenging move at this moment which will not allow me to be in attendance today and because of the signing date of our new home I will also miss CPRNA OC this year as well. For the month of March, I was able to stay in contact with PR chairs Paul W. PR Co- Chair Tree R. Phone Line Coordinator Richard S. Along with one of my sponsee brothers Harvell D. I informed each of them about our upcoming Learning Day to be held in June. In which I explained to them that I had never conducted a workshop on PR in which they all agreed to assist myself and Jo B. I was able to convey this same information briefly to the Ad-hoc chair Ron M. After one of our programming committee meetings at Wegmans. I wasn't able to attend the Ad-Hoc committee meeting on that day. Due to another commitment I had to attend. So, in brief it is my hope that I will be present at our next ASC in May with full details of where we stand concerning our upcoming learning day.

Thank you for your time service and understanding I thank God for this life saving program  
In Loving Service.

Art M  
PR CHAIR

E. RACC (Convention) – Mark T. (*Mike S. Representing*)

(PASTE REPORT HERE)

1. RACC Programming – Rudy C.

No Report, No Discussion.

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### XIV. Group Service Representative Reports / Q&A

Home Group	GSR/ALT/REP	Meeting Day & Time	Homegroup Members	Avg. Weekly Attendance / Newcomers	Group Donation to Area	Literature Order
<b>Welcome Home</b>	Ron M. (REP)	Sun. 7:30 – 8:45 PM	10	50/1-2	0	15.75
Homegroup Celebration April 28 prior to meeting!						
<b>Who Wants to Live</b>	Mark M.	Mon. – Fri. 12 – 1:15 PM	9	50/10	94.61	81.39
20 Year Anniversary coming up!						
<b>In It to Win It</b>	Jackie T.	Mon. 7:00 – 8:30 PM	9	35/2	0	7.50
Casey L. – 7 Years – 4/29						
<b>Spiritual Connection</b>	Summer M.	Tue. 7:00 – 8:30 PM	8	15/1	0	3.75
Keenan – 1 Year – 4/23						
<b>Standing by Recovery</b>	Joe B.	Tue. 7:30 – 8:30 PM	4	7/4	0	6.75
<b>Clean Works</b>	ABSENT	Wed. 7:00 – 8:15 PM	-	/	-	-
<b>Start Living Group</b>	Cat E.	Thu. 7:00 – 8:30 PM	8	22/3-4	0	0
Brandon C. – 5 Years – 4/18 Dawn and Kemper – 10 Years – 4/25						
<b>Freedom from Bondage / SNL</b>	Joe S.	Thu. 9–10 PM Sat.10:00PM-?	3	6/4	0	0
Keyholder for Thu – Might Shut Down!						
<b>Welcome to the NAborhood</b>	Michele W.	Thu. 7:00 – 8:30 PM	4	15/2	0	29.30
<b>Back to Basics</b>	Chris R.	Fri. 7:00 – 8:30 PM	10	35/6	0	0
Cannot Park in lot next to church!						
<b>Primary Purpose</b>	Mike S. (REP)	Sat. & Sun. 12– 1:30 PM	12	25/4	50	15
Need experienced speakers!						
<b>Experience, Strength, &amp; Hope</b>	Trea H.	Sat. 7:00 – 8:15 PM	9	20/1	25	42
Jenn R. – 11 Years – 4/27						
<b>Colonial Beach Survivors</b>	James D.	Fri. 7:00 – 8:00 PM	3	13/2	100	45.28
Need service members by September or will close!						
<b>New Beginnings of King George</b>	Erin B.	Tue. 7:00 – 8:00 PM	5	13/2	40	210.31
Need experienced members to share clear message!						
<b>Alive &amp; Free</b>	ABSENT	Wed. 8:00 PM & Fri.7:00 PM	-	/	-	-
<b>Men's Sharehouse</b>	Rich G.	Tue. 7:00 – 8:30 PM	6	12/1	40	0



**XV. 10 MINUTE RECESS**

**XVI. 2<sup>nd</sup> Quorum Call**

HOME GROUP NAME	P/A	NAME	POSTION
1. Welcome Home	P	Ron M.	REP
2. Who Wants to Live	P	Mark M.	GSR
3. In It to Win It	P	Jackie T	GSR
4. Spiritual Connection	P	Summer M.	GSR
5. Standing By Recovery	P		
6. Clean Works	A		
7. Start Living Group	P	Cat E.	GSR
8. Freedom from Bondage/SNL	P	Joe S	GSR
9. Welcome to the NAborhood	P	Michele W.	GSR
10. Back to Basic	P	Chris R.	GSR
11. Primary Purpose	A	John T.	GSR
12. Experience, Strength & Hope	P	Trea H	GSR
13. Colonial Beach Survivors	P		
14. New Beginnings of King George	P	Erin B	GSR
15. Alive & Free	A		
16. Men's Sharehouse	P	Rich G.	GSR

<b>2<sup>nd</sup> QUORUM CALL -Must 8 per Bylaws</b>	
Group Represented	13
Procedural Votes	13
Quorum Met?	YES

## XVII. Old Business – Motions from previous month

**Motion #3/3-09:** Ad Hoc group asking for \$315 for remaining expenses for learning day.

**Intent:** To provide food, drink, and supplies at Learning Day Event.

Maker: Ron M. 2<sup>nd</sup> By: Rich G.

**VOTE:** For: 13 Against: 0 Abstain: 0 **Motion: PASSED**

## XVIII. Open Sharing Session

## XIX. Election of New Officers

## XX. New Business

**Motion #4/7-05:** The committee would like to host RACNA III in Sept 2020.

**Intent:** To have more momentum and consistency.

Maker: RACC 2<sup>nd</sup> By: James D.

**Motion: BACK TO HOMEGROUPS**

**Motion #4/7-06:** To give H&I 98.67 from their literature budget for IP's to take to facilities.

**Intent:** 5<sup>th</sup> Tradition.

Maker: Victoria L. 2<sup>nd</sup> By: Trea H.

**Motion: BUDGETED**

**Motion #4/7-05:** Replace Art. 10 Sec. 6 – Prudent Reserve with:

Line A: Area Treasurer will maintain \$750 above prudent reserve.

And

Line B: In June and December of each year, a motion will be written with a decision as to what to do with any surplus above the \$750 over prudent reserve.

**Intent:** To clarify responsibilities for future treasurers.

Maker: Richard M. 2<sup>nd</sup> By: Joe S.

**Motion: BACK TO HOMEGROUPS**

**Motion #4/7-05:** Requesting \$400 for Activities “Egg Hunt” Picnic.

**Intent:** To provide safe fun atmosphere for recovering addicts.

Maker: Britany M. 2<sup>nd</sup> By: Summer M.

**Motion: BUDGETED**

**XXI. Review of Group Status and Business**

The following groups have missed at least 3 consecutive ASC's:

**XXII. Adjournment and Serenity Prayer**

Submitted to RANA ASC for approval by Secretary I Robb B.

*The next ASC meeting begins at 4 p.m. on Sunday, 6 April 2019, at  
Fairview Baptist Church, 900 Charlotte St. Fredericksburg.*