

Month/Year

Subcommittee Meeting Schedule:

Activities – Last Monday – 5:30 @ Dumpster
 H & I – 1st Sunday – 3:00 @ ASC Location
 PR – 1st Sunday – 3:00 @ Fairview Baptist
 RACC – 2 Tuesday – 6:30 @ Wegman's

Welcome new and returning ASC members! There are currently 16 Homegroups in the Area!

I. Serenity Prayer/Motion to Record

II. Readings

- A. Service Prayer (Read by Jaren F.)
- B. Purpose of Area Service (Read by Trea H.)
- C. 12 Concepts of NA Service (Read by Crystal M.)
- D. 12 Traditions of Narcotics Anonymous (Read by Summer M.)
- E. Decorum Statement (Read by Ron M.)

III. Roll Call

A. Executive Committee Members and Subcommittee Chairs

| POSTION | NAME | O | N | D | Report | Comment |
|--------------|------------------|---|---|---|--------|------------------------|
| Chair | Victoria L. | P | P | P | | |
| Vice Chair | <i>Raissa K.</i> | P | P | P | | |
| Secretary I | Akim E. | | P | A | | |
| Secretary II | <i>OPEN</i> | P | - | - | | |
| Treasurer I | Richard M. | P | P | P | ✓ | |
| Treasurer II | <i>Mark M.</i> | - | P | P | | |
| RCM I | <i>OPEN</i> | A | A | A | | Etta F. <i>Pro Tem</i> |
| RCM II | <i>OPEN</i> | - | - | - | | |
| VRCC Dir. | <i>OPEN</i> | - | - | - | | |
| Activities | Britany M. | P | P | A | ✓ | Summer M. Rep |
| H&I | Ron M. | P | P | P | ✓ | |
| PR | John L. | P | A | A | ✓ | Joe B. Rep |
| Literature | <i>OPEN</i> | P | P | - | | |

Rappahannock Area of Narcotics Anonymous
Area Service Committee Meeting Minutes – December 2019

| | | | | | | |
|------|---------|---|---|---|---|--|
| RACC | Mark T. | P | P | A | ✓ | |
|------|---------|---|---|---|---|--|

Legend: P = Present A = Absent * = Arrived Late

*There are **22 meetings** in the Rappahannock Area every week!*

Website: www.rappahannockareaofna.com ♦ Helpline Number: (800) 777-1515 (24 hours)

B. Group Service Representative/Home Group Roll Call

| GROUP NAME | O | N | D | NAME | POSTION GSR/ALT/REP |
|--------------------------------|---|---|---|--------------|------------------------|
| Primary Purpose | P | P | P | Mindy P. | GSR |
| Welcome Home | P | P | P | Stephanie P. | GSR |
| Who Wants to Live | P | P | A | | |
| In It to Win It | A | P | P | Jeff M. | GSR |
| Spiritual Connection | P | P | P | Summer M. | GSR |
| Standing by Recovery | P | P | P | Joe B. | GSR |
| New Beginnings of King George | A | A | A | | |
| Clean Works | A | * | A | | |
| Start Living | P | P | A | | |
| Welcome to the NAborhood | P | P | P | Michele W. | GSR |
| Freedom from Bondage/SNL | P | P | A | | |
| Colonial Beach Survivors Group | A | P | A | | |
| Back to Basics | P | A | P | Crystal M. | GSR |
| Experience, Strength, & Hope | A | A | P | Trea H. | GSR |
| Alive & Free | A | P | A | | |
| Men's Sharehouse | P | P | P | Jaren F. | REP |

Legend: P = Present A = Absent * = Arrived Late

IV. 1st Quorum Call

| 1st QUORUM CALL Must 8 per Bylaws | |
|---|---|
| Group Represented | 9 |
| Procedural Votes | 9 |

| | |
|-------------|-----|
| Quorum Met? | YES |
|-------------|-----|

V. Adoption of the Agenda

Motion #10 /06-02: To adopt August’s Agenda as proposed.

Maker: Trea H. 2nd By: Michele W.

VOTE: For: 8 Against: 0 Abstain: 1 **Motion: PASSED**

VI. Adoption of Last Month’s Minutes

Motion # 10/06 -03: To approve July’s minutes.

Maker: Trea H. 2nd By: Michele W.

VOTE: For: 9 Against: 0 Abstain: 0 **Motion: PASSED**

VII. Secretary Report

A. Secretary I – Akim E. (No report)

B. Secretary II – OPEN POSITION

VIII. Chairperson Report – Victoria L. (No report)

IX. Vice Chairperson Report – Raissa K. (No report)

X. Treasurer Report

A. Treasurer I – Richard M.

Good afternoon ASC,

The beginning balance as of the start of area today is \$4388.54. This includes last month deposit of \$917.42, of which \$768.80 is from group donations, the remaining \$148.62 is from literature orders. Checks written last month include ck#1041 to Victoria L for \$49.66, this check was to replace the few checks that had been misplaced. Ck#1042 to central atlantic region for \$500.00 for our yearly donation, this check has not cleared yet but was taken into account in the beginning balance. Ck#1043 to Akim E totaling \$39.99 sec reimbursement and lastly ck#1044 to Victoria L in the amount of \$22.00 for chairperson reimbursement. We did make a literature order of \$215.12.

**Rappahannock Area of Narcotics Anonymous
Area Service Committee Meeting Minutes – December 2019**

As of 11/21/19 the area does not have insurance and I'll explain why. Upon multiple phone calls to the insurance company, I found there may have been some misconceptions from the insurance company as to what we as an area really were. I asked specifically what would happen if any given event went over what we were insured for, specifically medical coverage per individual which our insurance covered \$5000.00. I was told that anything over the covered amount would fall back on the company aka RANA, anything over the covered amount and what RANA has in the account would then fall on the account signer which was me, at that point I cancelled the insurance. I understand the area motioned for this insurance, but the information we based this decision on was not the reality of the situation, this is not blaming anyone individual or group, but at the same time the insurance had to have a physical address, but it did not need the address of the churches in which we met. It also needed a responsible party aka me. I have done some research and have found that churches which are most of our meeting spaces already carry an insurance that covers all people that are given permission to use the facility. If we as an area do decide to move forward with insurance i believe we should dive much deeper into its necessity as well as getting directions from our region or world into the details that we may not understand. I do want to thank all parties that were involved in the original ad hoc committee as well as the many people that took the extra step of seeking information to the important questions that came up after the fact. With all this being said i would like to point out to our GSRs how important it is to ask questions regardless of how important you may feel they are, you guys are the ones running this show and the exec body is simply here to carry out what we are directed to do. **WE DO NOT HAVE ALL THE ANSWERS** and welcome discussion whether it conflicts with our ideas or not. We all have very strong personalities and would hope that at the end of the day we can all strive for the same goal and not try to assassinate each others character.

In loving service

Richard M

B. Treasurer II – Mark M. (No Report)

XI. RCM Report

A. RCM I – OPEN

B. RCM II – OPEN

XII. VRCC Report – (No report)

XIII. Subcommittee Reports

A. Activities – Brittney M.

Good evening everyone,

Sorry I'm not able to make it to area been sick since last night. Really don't like the idea of resting on the couch though.

Activities will be putting on a New Year's Eve bash. It will be held at Fredericksburg United Methodist church by the dumpster from nine to midnight. The event is totally free, we really just want a place for addicts to go on New Year's Eve that's safe, fun and a chance for another day clean.

So for this event activities will be requesting \$400 dollars to put on this event. We will have food, games and fellowship. So please come out.

Thank you
In loving service,
Britany M

B. Hospitals and Institutions (H & I) – Ron M.

Today we met at new place, attendance was 7, today's big discussion was Boxwood. We have 5 commitments and cancelled 3 last month. (at the last minute) as of "right now" we have 2 open spots for Boxwood this month. Dec 5th Thurs and Dec 22nd Sunday.

Akim has been filling in as RRJ coordinator and doing well.

Thank you for letting me serve

Ron M.

C. Literature – OPEN

D. Public Relations (PR) – John L.

Good afternoon, ASC

PR met this month at it's regularly scheduled day and time and had 3 members in attendance.

We discussed what literature and supplies we still need to purchase to complete our PR Display Booth for presentations in our community. We created an itemized inventory (attached to this report) and will be requesting the full \$200 left in our 2019 budget to fund the purchases, the bulk of which will be comprised of literature.

We were able to secure this new meeting space on behalf of the ASC. The terms and conditions are simple... we may meet here, for free, on the first Sunday of each month from 3:00 until 6:30. The only catch is if the hospital needs this room for hospital-related business, we will be bumped. I was assured that since we are meeting on a Sunday, the odds of that happening are slim to none. We are only able to request this facility 6 months ahead of time so we are on the calendar through June of 2020. Someone will need to make quarterly visits to the hospital admin office to renew our requests.

At this point, the Executive Body has already explained where we're at with the insurance policy. Rather than rehashing what's been read, I'll just say that PR stands ready to serve in any way. Moving forward though, I want to encourage anyone involved to understand that sometimes service is inconvenient. If I'm calling you at night, it should be a foregone conclusion that it can't wait until morning. And, if I message you that this is "time-sensitive and super important", please know that I'm not being overly-dramatic or trying to inconvenience you... it really is that important.

ILS,
John L.

Rappahannock Area of Narcotics Anonymous
Area Service Committee Meeting Minutes – December 2019

E. RACC (Convention) – Mark T.

The speaker jam was a success.

Our next fundraiser will be a Spiritual Breakfast 9:00-12:00 on February 2nd at St George Episcopal.

Our next convention meeting is on December 10th ,6:30pm upstairs at Wegmans.

ILS -Mark

F. Ad-Hoc Committees

XIV. Group Service Representative Reports / Q&A

| Home Group | GSR/ALT/REP | Meeting Day & Time | Homegroup Members | Avg. Weekly Attendance / Newcomers | Group Donation to Area | Literature Order |
|---|------------------|----------------------------------|-------------------|------------------------------------|------------------------|------------------|
| Welcome Home | Stephanie P./GSR | Sun. 7:00 – 8:15 PM | 10 | 45/2 | - | 30.15 |
| Ron M. 15yrs 1/5, Victoria L. 5yrs 1/19 | | | | | | |
| Who Wants to Live | Jessi J./GSR | Mon. – Fri. 12 – 1:15 PM | 10 | 25/10 | 99.82 | 66.53 |
| Carlos M. 1yr 12/3 | | | | | | |
| In It to Win It | Jeff M./GSR | Mon. 7:00 – 8:30 PM | 5 | 30/20 | - | - |
| Spiritual Connection | Summer M./GSR | Tue. 7:00 – 8:30 PM | 5 | 7/1 | - | 3.75 |
| Joy 3yrs 12/3 | | | | | | |
| Standing by Recovery | Joe B./GSR | Tue. 7:30 – 8:30 PM | 2 | 3/1 | - | - |
| Clean Works | - | Wed. 7:00 – 8:15 PM | - | - | - | - |
| Start Living Group | - | Thu. 7:00 – 8:30 PM | - | - | - | - |
| Freedom from Bondage / SNL | Jaren F./GSR | Thu. 9–10 PM Sat.10:00PM-12am | 9 | 19-22/5 | - | - |
| PLEASE ANNOUNCE THAT CANDLE LIGHT/SNL WILL BE CLOSED FOR THE MONTH OF DECEMBER!! While we look for another meeting space. I will strive to reopen ASAP as these are our only late night meetings. In loving service Jaren. | | | | | | |
| Welcome to the NAborhood | Michele W./GSR | Thu. 7:00 – 8:30 PM | 4 | 12-15/1 | - | - |
| Michelle G. 8yrs 1/23 | | | | | | |
| Back to Basics | Crystal M./GSR | Fri. 7:00 – 8:30 PM | 7 | 30-40/5 | - | - |
| Jaren F. 1yr 1/24 | | | | | | |
| Primary Purpose | Mindy P./GSR | Sat. & Sun. 12– 1:30 PM | 9 | 15-20/1 | 99.74 | 34.75 |

Rappahannock Area of Narcotics Anonymous
Area Service Committee Meeting Minutes – December 2019

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|---|-------------|--------------------------------|----|-------|---|---|
| Tonya 2yrs 1/11 | | | | | | |
| Experience, Strength, & Hope | Trea H./GSR | Sat. 7:00 – 8:30 PM | 16 | 15/1 | - | - |
| Colonial Beach Survivors | - | Fri. 7:00 – 8:00PM | - | - | - | - |
| New Beginnings of King George | - | Tue. 7:00 – 8:00 PM | - | - | - | - |
| Alive & Free | - | Wed. 8:00 PM & Fri. 7:00 PM | - | - | - | - |
| Men's Sharehouse | Rich G./GSR | Tue. 7:00 – 8:30 PM | 6 | 7-8/2 | - | - |

XV. 10 MINUTE RECESS

XVI. 2nd Quorum Call

| HOME GROUP NAME | P/A | NAME | POSTION |
|-----------------------------|-----|--------------|---------|
| 1. Welcome Home | P | Stephanie P. | GSR |
| 2. Who Wants to Live | P | Jessi J. | GSR |
| 3. In It to Win It | P | Jeff M. | GSR |
| 4. Spiritual Connection | P | Summer M. | GSR |
| 5. Standing By Recovery | A | | |
| 6. Clean Works | A | | |
| 7. Start Living Group | A | | |
| 8. Freedom from Bondage/SNL | P | Jaren F. | GSR |
| 9. Welcome to the NAborhood | P | Michele W. | GSR |
| 10. Back to Basics | P | Crystal M. | GSR |

Rappahannock Area of Narcotics Anonymous
Area Service Committee Meeting Minutes – December 2019

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|-----------------------------------|---|------------|-----|
| 11.Primary Purpose | P | Mindy P. | GSR |
| 12. Experience, Strength & Hope | P | Trea H. | GSR |
| 13. Colonial Beach Survivors | A | | |
| 14. New Beginnings of King George | A | | |
| 15. Alive & Free | A | | |
| 16. Men's Sharehouse | P | Richard G. | GSR |

| 2 nd QUORUM CALL Must 8 per Bylaw s | |
|--|-----|
| Group Represented | 10 |
| Procedural Votes | 10 |
| Quorum Met? | YES |

XVII. Old Business

Motion # 11/3-4: For AREA coffee \$20.00 per quarter

Intent: Refreshment

Maker: Jeff M.

2nd by: Joe B.

VOTE: For:

Against:

Abstain:

Motion: **TABLED**

Motion #11/3-5: Approve 2020 budget

Intent: To maintain 7th tradition & maintain funds flow for subcommittees.

Maker: Richard M.

2nd by: Rich G.

VOTE: For: 9

Against: 0

Abstain: 1

Motion: **BACK TO GROUPS**

Motion #11/3-6: To request 39.99 for printing of Area documents and batteries to record area.

Intent: 7th Tradition

Maker: Akim E.

2nd by: Rich G.

VOTE: For:

Against:

Abstain:

Motion: BUDGETED

Motion # 11/3-7: Reimburse Victoria L. 22.00 for printing.

Intent: 7th

Maker: Victoria L.

2nd by: Rich G.

VOTE: For:

Against:

Abstain:

Motion: BUDGETED

XVIII. Open Sharing Session

- **Topic-C.A.R**

The Conference Agenda Report (a collection of information and motions gathered around the world and sent out bi-annually by World Services for home groups to vote on) went out this year and is available at www.na.org/conference or you can ask for a printed copy to be mailed to you for \$13.50. Home groups vote on the motions in the C.A.R at the GSR assembly in April. The document is 147pgs long for those who would rather print it at home. There is also a downloadable pdf version of the report available on the website. There will be workshops put on by the region for those who would like to get more information between now and April. The workshops will be available online through Zoom Conference on the regional website. It's recommended that each home schedule several group conscious to go over these motions. More will be revealed.

- **Topic- Meeting Lists**

Due to some meetings not being sure about their status it was suggested that we waited until January to order meeting forms so that these meetings can report their status before we print 1st quarter meeting lists.

- **Topic- King George Meeting Status**

It was reported that New Beginnings of King George and Colonial Beach Survivors meetings are still open but have yet to combine the two groups.

- **Topic- Insurance Policy**

\$350 was budgeted to take out an insurance policy to cover the RANA Area. This money has been returned to our account since the policy was cancelled.

XIX. Election Of New Officers

OPEN POSITIONS

-RCM I

-RCM II

-VRCC Director

-Literature Chair (Jay was voted in as Literature Chair)

XX. New Business

Motion #12/1-6: To move MTG List printing back 1 month to be delivered in February.

Intent: To maintain an accurate mtg list.

Maker: Richard M.

2nd by: Jaren F.

VOTE: For: 7 Against: 0 Abstain: 2 Motion: **PASSED**

Motion #12/1-7: To write a check for \$135 for 2020 Area policy printing.

Intent: 7th Tradition

Maker: Richard M.

2nd by: Trea H.

VOTE: For: Against: Abstain: Motion: **BUDGETED**

Motion #12/1-8: To use \$497.00 of the H&I literature budget to purchase literature for facilities.

Intent: 5th Tradition

Maker: H&I

2nd by: Summer M.

VOTE: For: Against: Abstain: Motion: **BUDGETED**

Motion #12/1-9: Activities is asking for \$400.00 to put on the New Years Eve Bash.

Intent: fellowship clean & fun

Maker: Summer M.

2nd by: Crystal M.

VOTE: For: 0 Against: Abstain: Motion: **BUDGETED**

Motion 12/1-10#: PR is requesting the remainder of our 2019 budget to complete the PR presentation display. The total amount is \$200.00

Intent: To stack up on Literature and Supplies to complete this amazing project ☺

Maker: PR (John L.) 2nd by: Stephanie P.

VOTE: For: **Against:** **Abstain:** **Motion: BUDGETED**

Motion 12/1-11#: To task someone to find out how much it would to print a copy of the car for each home group in RANA.

Intent: Position us to make a well informed decision.

Maker: Jaren F. 2nd by: Crystal M.

VOTE: For: **Against:** **Abstain:** **Motion: OUT OF ORDER**

Motion 12/1-12#: To use that \$350 surplus from the insurance, should it be removed from the 2020 budget to purchase one copy of the CAR for each home group in RANA.

Intent: To get the CAR into the hands of our RANA Home Groups.

Maker: Stephanie P. 2nd by: Mindy P.

VOTE: For: **Against:** **Abstain:** **Motion: TABLED**

Motion 12-1/13#: Strike the insurance policy from the budget.

Intent: To allow flexibility for future expenses at Area and Subcommittee levels.

Maker: Trea H. 2nd by: Summer M.

VOTE: For: **Against:** **Abstain:** **Motion: BACK TO GROUPS**

XXI. Review of Group Status and Business

The following groups have missed at least 3 consecutive ASC's:
New Beginnings of King George

XXII. Adjournment and Serenity Prayer

Submitted to RANA ASC for approval by: Secretary I Akim E.

*The next ASC meeting begins at 4 p.m. on Sunday, _____ 2019,
at Fairview Baptist Church, 900 Charlotte St. Fredericksburg.*